

A group of five diverse elderly people are shown from the chest up, laughing joyfully and raising their hands in the air. They are outdoors, with green trees and a bright sky in the background. The group includes a woman with white hair and glasses on the left, a man with a beard and a cap, a man with glasses and a beard in the center, a man in a light blue shirt, and a woman with blonde hair on the right. The overall mood is one of happiness and vitality.

*California's*  
**MASTER PLAN FOR AGING**

**RESEARCH SUBCOMMITTEE  
OCTOBER 24, 2019**

# Welcome and Introductions

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- Introductions
- Meeting Logistics
  - Meeting Materials Posted [Online](#)
  - Webinar Instructions for Subcommittee Members and Public
  - Email Inbox for Feedback: [EngAGE@aging.ca.gov](mailto:EngAGE@aging.ca.gov)

# Meeting Agenda

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- 1:30 Welcome and Introductions
- 1:45 Overview of Draft Research Subcommittee Charter
- 2:00 Master Plan Goals and Connection to Indicators and Dashboard
- 2:40 State and Local Dashboards: California Department of Public Health: Let's Get Healthy California Dashboard
- 3:15 Other Dashboard Examples
- 3:30 OSHPD Data Related to Aging/Health Professional Shortage Areas
- 4:00 Public Comment
- 4:20 Future Meetings, Wrap Up and Next Steps



## *Master Plan for Aging Research Subcommittee Charter: Draft*

*Executive Order N-14-19*

Governor's [Executive Order](#) calls for the Secretary of the Health and Human Services (HHS) Agency to convene a cabinet-level Workgroup for Aging to advise the Secretary in developing and issuing the Master Plan.

The order also directs HHS to convene a Master Plan for Aging Stakeholder Advisory Committee, which will include a **Research Subcommittee** and a Long-Term Care Subcommittee with an interest in building an age-friendly California.

## Master Plan For Aging: Research Subcommittee Charter

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- **Purpose:** On June 10, 2019, Governor Gavin Newsom issued Executive Order N-14-19 calling for the creation of a Master Plan for Aging (MPA) to be developed by October 1, 2020. The purpose of the MPA is to provide a blueprint for state government, local government, private sector, and philanthropy to implement strategies and partnerships that promote aging with health, choice, and dignity, and build an age-friendly State for all Californians. The purpose of the Stakeholder Advisory Committee (SAC) Research Subcommittee is to provide advice and input to the CHHS Agency and the SAC on research and data topics for the MPA, as outlined below.

## Research Subcommittee Charter: Objectives

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1. Advise the CHHS Agency and the SAC in the development of the Master Plan and related deliverables, including:
  - a. Develop recommendations for a set of measurable indicators, at the population and system level, which convey California's status in moving toward an age-friendly state for all Californians and making improvements on the priority areas identified by the CHHS Agency and SAC.
  - b. Develop recommendations for clear and measurable baseline data and ten-year goals for these indicators, with reliable and meaningful data to monitor improvements over time.
  - c. Identify disparities among these indicators, and recommend strategies to measure progress toward reducing disparities based on income, geography, age, sex, race, ethnicity, disability, gender identity, or sexual orientation.

## Research Subcommittee Charter: Objectives (continued)

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1. Advise the CHHS Agency and the SAC in the development of the Master Plan and related deliverables, including:
  - d. Develop recommendations for the design and implementation of a dashboard to show progress on the goals, priorities, and indicators for the MPA.
  - e. Identify best practices and promising practices, based on potential impact on the MPA goals, priorities, and indicators, among local programs and initiatives that serve older Californians and people with disabilities.
  - f. Identify new or emerging research findings related to aging that may have significant impact to the goals, priority areas, or strategies in the Master Plan for Aging.
  - g. Provide technical assistance for research and data requests from the Stakeholder Advisory Committee and related Subcommittees or Workgroups.

# Master Plan for Aging Deliverables:

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## 1. By March 2020

1. Long Term Services and Supports Report to Governor

## 2. By October 2020

1. Roadmap for state with person-centered goals, data indicators, and partnerships;
2. Blueprint for local communities to adapt and adopt;
3. Resource toolkit that includes model policies and best practices; and
4. Data dashboard of state and local indicators to monitor progress on ten-year targets.

# Master Plan for Aging: Draft Goals

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**Goal 1:** We will be able to live where we choose as we age and have the help we and our families need to do so.

**Goal 2:** We will live in and be engaged in age-friendly communities.

**Goal 3:** We will maintain our health and well-being as we age.

**Goal 4:** We will have economic security and be safe from abuse, neglect, and exploitation throughout our lives.

# Connecting Master Plan Goals to Data Indicators and Dashboard

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Goals → Priorities → Indicators

# How the Research Subcommittee can Inform the Master Plan for Aging...

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1. **Identify expertise (both Subcommittee members and others) for specific goals/objectives/priorities/indicators.**
2. **Provide feedback on data about older Californians that can inform goals/objectives/priorities/indicators.**

Provide during meetings or as individual/group written feedback. We are seeking research evidence, datasets, and dashboards that should be considered for the Master Plan.

3. **Make suggestions for presentations and materials for future meetings.**
  - Nominate yourself or others to give a presentation at future meetings.
  - Suggest local initiatives that should be considered to inform the Master Plan.

# Master Plan for Aging: Discussion Questions

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4 Goals, 8 Objectives and Priorities (early draft versions).

**Question 1:** What is the data or evidence about older Californians that is needed to inform the Master Plan for Aging related to this goal/priority area?

**Question 2:** What are promising practices and innovations around this goal/priority that would be helpful in informing the Master Plan for Aging?

**Question 3:** What measures/indicators do we need to evaluate the success of this goal/priority in the **short term** (yearly) and **long term** (over 10 years).

# Goal 1: Long-Term Services and Supports

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**Objective 1.1: Californians will have access to the help we need to live in the homes and communities we choose as we age.**

Priority 1A: Information & Referral Systems

Priority 1B: Long-Term Services and Supports (LTSS) Financing

Priority 1C: Home- and community-based service options

Priority 1D: LTSS Workforce

Priority 1E: Coordination with health care and community supports/  
housing/transportation

# Goal 1: Long-Term Services and Supports

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**Objective 1.2: Californians of all ages will be prepared for the challenges and rewards of caring for an aging loved-one, with access to the resources and support they need, and without endangering their own health or well-being or the health and well-being of the person they are helping.**

Priority 1F: Caregiver support, respite, training

## Goal 2: Engaging in Age-Friendly Communities

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**Objective 2.1: California's neighborhoods will have the infrastructure/ built environment to fully and meaningfully include older adults and families.**

Priority 2A: Accessible and Affordable Housing (including planning, development, home modification, reducing homelessness)

Priority 2B: Accessible, Safe and Convenient Transportation and Mobility Options, and Driver and Pedestrian safety

Priority 2C: Accessible parks and recreational areas, libraries, and other community anchors.

## Goal 2: Engaging in Age-Friendly Communities

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**Objective 2.2: Californians will not become isolated as we age but will have lifelong opportunities for community engagement, purpose, volunteering, learning, and work of our choosing.**

Priority 2D: Reduce ageism

Priority 2E: Reduce social isolation and increase intergenerational opportunities

Priority 2F: Increase opportunities for civic engagement

Priority 2G: Reduce age- and disability-related discrimination in the workplace

# Goal 3: Health and Well-Being

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**Objective 3.1 Californians will have access to programs promoting health and well-being throughout the life-span:**

Priority 3A: Nutrition

Priority 3B: Physical activity

Priority 3C: Falls prevention

Priority 3D: Support for Alzheimer's and related dementias

Priority 3E: Mental health supports

## Goal 3: Health and Well-Being

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**Objective 3.2. Californians will have access to quality and affordable person-centered health care that aligns with our preferences and values.**

Priority 3F: Health Coverage, including eligibility and affordability

Priority 3G: Access to high quality, coordinated, integrated health care

- Medical
- Dental
- Behavioral Health (Mental Health & Substance Use Disorder Services)
- Prescription drugs

Priority 3H: Reduce Health Disparities

Priority 3I: Coordination with LTSS and community supports/housing/transportation

# Goal 4: Security and Safety

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**Objective 4.1: Californians will be economically secure throughout our life-span.**

Priority 4A: Employment Opportunities, Income Security, Poverty Reduction

Priority 4B: Retirement, Savings, and Financial Planning

Priority 4C: Reduce Homelessness

# Goal 4: Security and Safety

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**Objective 4.2: Californians will be protected from abuse, neglect, and exploitation as we age.**

Priority 4D: Planning for Aging and Self-Determination of Care

Priority 4E: Consumer Protections, Legal Services

Priority 4F: Elder Justice and Protection from Abuse and Neglect, both at home (Adult Protective Services) and in facilities (oversight, Licensing, Ombudsman)

## Goal 4: Security and Safety

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**Objective 4.3: Californians, as individuals and communities, will plan and be prepared for disasters and emergencies, and will provide timely communication and response for emergencies.**

Priority Area 4G: Disaster and Emergency Planning and Response

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# Let's Get Healthy California Presentation

# Other Dashboard Examples

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- **California Opioid Reporting** <https://discovery.cdph.ca.gov/CDIC/ODdash/>
- **CalFresh Data Dashboard** <https://www.cdss.ca.gov/inforesources/Data-Portal/Research-and-Data/CalFresh-Data-Dashboard>
- **Cal MediConnect Performance Dashboard**  
<https://www.dhcs.ca.gov/Documents/CMCDashboard9.19.pdf>
- **Orange County's Healthier Together: OC Older Adult Dashboard**  
<http://www.ochealthiertogether.org/indicators/index/dashboard?id=83017128201331601>
- **CMS Medicaid Drug Spending Dashboard** <https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/Information-on-Prescription-Drugs/Medicaid.html>
- **Quality Comparison: Department of Managed Health Care, Health Plan Dashboard:** <http://www.dmhc.ca.gov/?referral=hmoHELP.ca.gov>

# Local and State Aging Initiatives and Dashboards

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- **Healthy Marin: Older Adults and Aging Marin Dashboard**  
<http://www.healthymarin.org/indicators/index/dashboard?alias=olderadults>
- **Purposeful Aging Los Angeles Initiative**  
<https://www.purposefulagingla.com>
- **Orange County's Healthier Together: OC Older Adult Dashboard**  
<http://www.ochealthiertogether.org/indicators/index/dashboard?id=83017128201331601>
- **Age Well San Diego: Aging Roadmap**  
<http://www.livewellsd.org/content/livewell/home/Topics/aging/aging-roadmap.html>
- **Colorado Strategic Action Plan on Aging 2018**  
<https://www.colorado.gov/pacific/sites/default/files/2018%20Action%20Plan.pdf>

# Data Source Examples

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- **California Health and Human Services Open Data Portal**  
<http://www.dmhc.ca.gov/?referral=hmohelp.ca.gov>
- **California Health Interview Survey: Ask CHIS**  
<http://ask.chis.ucla.edu/>
- **California County Population by Age and Sex for 1970 to 2050:**  
<http://shiny.demog.berkeley.edu/eddieh/CACountyPyramids/>
- **Department of Finance, Demographic Research Unit:**  
<http://www.dof.ca.gov/Forecasting/Demographics/>
- **Many State Departments/Agencies, including California Department of Aging:** [http://aging.ca.gov/Data\\_and\\_Reports/](http://aging.ca.gov/Data_and_Reports/)

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# OSHHPD Presentation

# Public Comment

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- Information Posted on website: <https://www.chhs.ca.gov/home/master-plan-for-aging/>
- Email Inbox for Feedback: [EngAGE@aging.ca.gov](mailto:EngAGE@aging.ca.gov)

# Wrap Up and Next Steps

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- Next meeting Date and Topics
- Future Meeting Frequency