

California's **MASTER PLAN FOR AGING**



**Long-Term Services and
Supports Subcommittee
Meeting #4
December 17, 2019**

Meeting Logistics

- [The meeting materials are posted online here.](#)
- Attend in-person or by phone:
 - ✓ Call In: 844-291-6362 Access Code: 8056243
- For public comment and meeting feedback, go to:
<https://www.surveymonkey.com/r/MPAComment>
- To submit detailed recommendations for MPA, go to:
<https://www.surveymonkey.com/r/MasterPlanRecommendations>
- Accommodations:
 - Simultaneous captioning is available in the room
 - Live telephone access with two-way communication for public comment

Meeting Agenda

1. Welcome & Overview
2. Topic in Focus: In-Home Supportive Services – Part 1*
 - Topic 1: Recipients Who Have the Highest Level of Need
 - Topic 2: Protective Supervision
 - Topic 3: IHSS and Children
 - Topic 4: Other IHSS Assessment Issues
3. LTSS Stakeholder Report: Stakeholder Discussion
4. Public Comment
5. Summary of Recommendations and Action Steps

* Part 2 of the IHSS discussion will take place on January 27.

LTSS Subcommittee Meeting Topics & Schedule

- #1 October 28, 2019: Information & Assistance Systems
- #2 November 12, 2019: State LTSS Benefit
- #3 December 5, 2019: Home- and Community-Based Services (HCBS): Medi-Cal, Older Americans Act, Private Pay
- #4 December 17, 2019: Home- and Community-Based Services (HCBS): In-Home Supportive Services (IHSS) – Part 1 and LTSS Stakeholder Report Discussion
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- #8 January 27, 2020: IHSS – Part 2 and LTSS Stakeholder Report Content and Format
- February 2020 (TBD): Webinar: Discuss/Review LTSS Stakeholder Report for March 2 SAC
- March 2020: Review SAC Feedback and Finalize and Submit LTSS Stakeholder Report for Secretary/Governor
- April to June 2020: Review State Plan, Local Blueprint, Toolkit, Dashboard and all Master Plan Components/Deliverables

Topic in Focus: In-Home Supportive Services – Part 1*

- Debbi Thomson, California Department of Social Services
- Kimberly Rutledge, California Department of Social Services

*The Master Plan for Aging Long-Term Services and Supports Subcommittee will continue its discussion regarding In-Home Supportive Services during its meeting on January 27, 2020.

In-Home Supportive Services (IHSS) Overview & Sustainability

**Master Plan for Aging
LTSS Subcommittee
December 17, 2019**

Debbi Thomson,
Deputy Director

Adult Programs Division
California Department of
Social Services





IHSS

- Is an entitlement program.
- Serves income-eligible individuals age 65 and older, blind, and/or disabled.
- Affords recipients the ability to remain safely in their own homes/communities in lieu of institutionalization.
- Services are recipient directed. Recipient selects, hires, and manages their care/provider.
- Nearly 70% of providers are family members – unique model to California.

IHSS Philosophy & Program Purpose

Philosophy

- Participant-directed
- Recipient-choice
- Independence within home/community

Purpose

- Enables income-eligible aged, blind, and/or disabled adults and children to remain safely in their homes and communities



IHSS Partnership

The administration of IHSS includes a complex partnership of the following entities:

- Recipients
- California Department of Social Services (CDSS)
- Counties
- Providers
- County Public Authorities
- Department of Health Care Services (DHCS)
- Program Advocates
- Labor Unions

IHSS Budget (1)

- Today:
 - 98% of the IHSS caseload receives federal funding
 - Federally funded programs:
 - Personal Care Services Program (PCSP) and IHSS Plus Option (IPO) receive 50% federal funds
 - Community First Choice Option (CFCO) receives 56% federal funds
 - Less than 2% of the IHSS caseload is state-and-county funded through the IHSS Residual (IHSS-R) program

IHSS Budget (2)

- The IHSS budget for FY 19-20 is \$13.3 billion:
 - \$8.8 billion federal/county reimbursement
 - \$4.5 billion state general fund

IHSS Recipients

- IHSS is made up of approximately 610,457 recipients – IHSS recipients represent:
 - 61.7% entered IHSS as disabled
 - 36.8% entered IHSS as aged
 - 1.5% entered IHSS as blind
- Of the 610,457 recipients:
 - Minor Child Cases: 7.5%
 - Protective Supervision Cases: 8.8%

Program Demographics (CMIPS Data, September 2019):

610,457 IHSS Recipients

- 15.2% are 85 years of age or older
- 40.3% are ages 65-84
- 36.9% are ages 18-64
- 7.5% are ages 0-17



Programs in IHSS (CMIPS Data, September 2019)

- **Community First Choice Option (CFCO)**
 - 268,738 recipients
- **IHSS Plus Option (IPO)**
 - 15,486 recipients
- **Personal Care Services Program (PCSP)**
 - 311,250 recipients
- **IHSS-Residual (IHSS-R)**
 - 12,978 recipients

IHSS Providers

IHSS is also made up of approximately 522,551 providers:

Live-in Providers

- Live-in Providers: 53.8%
- Live-in Relatives: 45.8%

Relative, Spouse, or Parent Providers:

- Relatives: 69.9%
- Spouse: 4.6%
- Parent: 17.5%



CMIPS Data Download, September 2019



IHSS Program Services

- Personal Care Services
- Domestic and Related Services
- Protective Supervision
- Paramedical Services
- Time-Limited Services

A young woman with brown hair, wearing a blue t-shirt, is smiling warmly and supporting an elderly woman with white hair. The elderly woman is seated in a wheelchair and wearing a blue patterned top. The background is softly blurred, suggesting an indoor setting with natural light.

Average Service Hours Received by Recipient

107.6 hours of services per month

- 48.3% - Personal Care Services
- 34.2% - Domestic and Related Services
- 14.4% - Protective Supervision
- 3.1% - Paramedical Services

Program Growth/Challenges

❖ Rapid Growth

- Aging baby boomers
- Medical Advances leading to longer lifespans

❖ Caregiver Workforce Demands

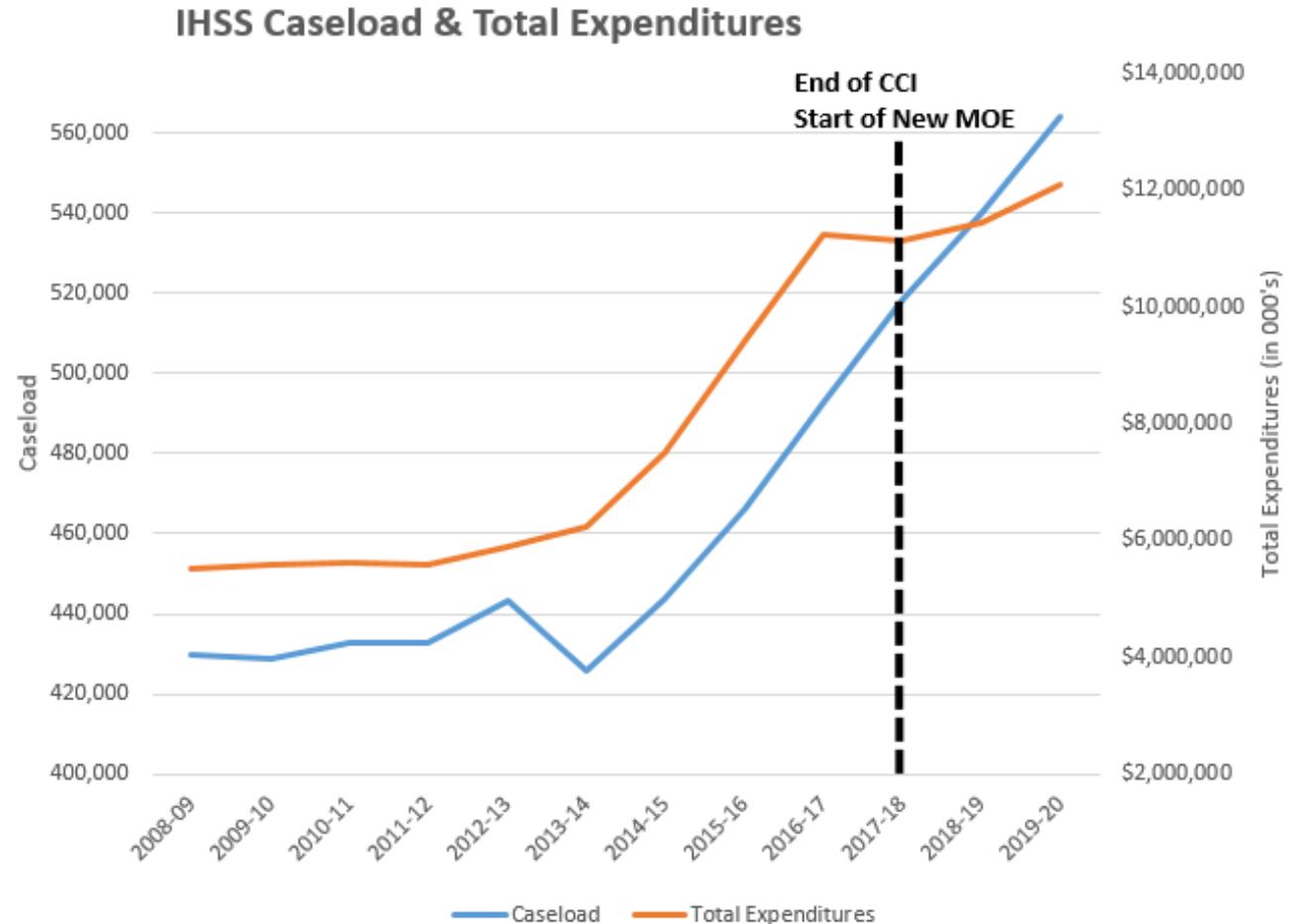
❖ Workforce Demands for Program Operations

❖ Increasing Costs

- Caseload
- Wages
- Authorized Hours

Caseload Data

- Caseload for Past 10 Years
- Projected Growth:
 - Caseload
 - Wages
 - Authorized Hours



The Future of IHSS

California's Older Adult Population in 20 Years

10.6 Million

5.7 Million

2017

2037

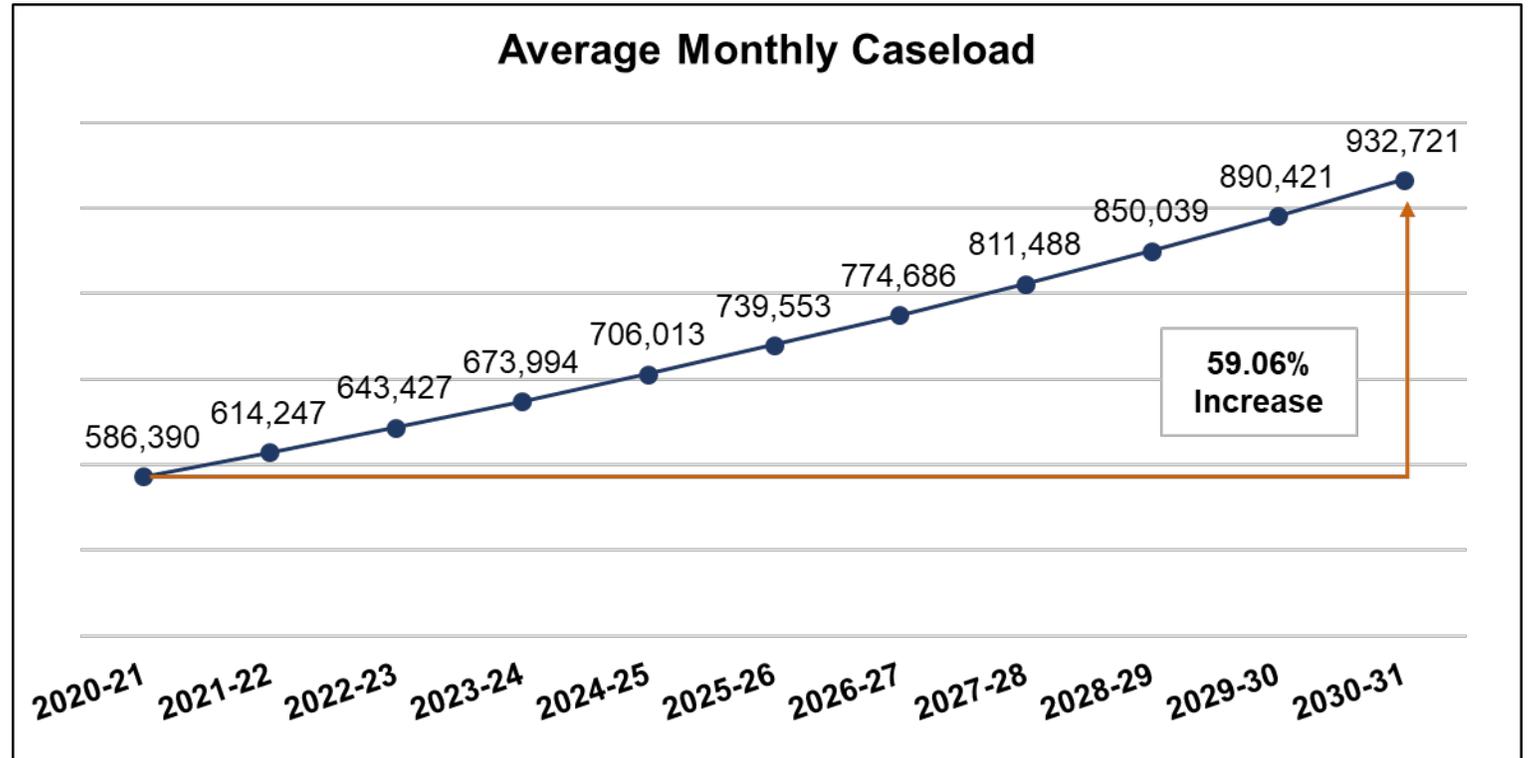
12M

8M

Projected IHSS Caseload

10-year Projection

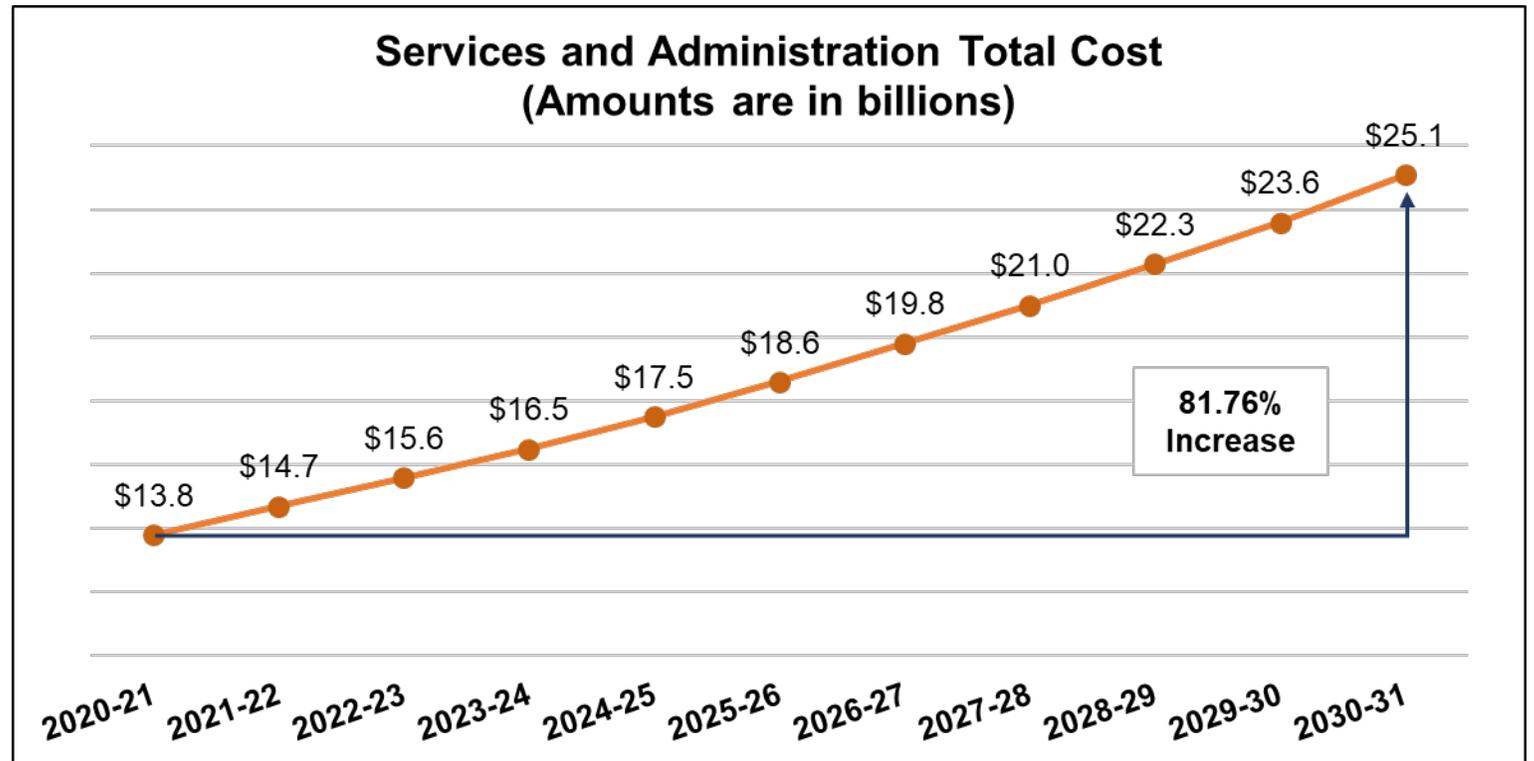
Fiscal Year	Average Monthly Caseload
2020-21	586,390
2021-22	614,247
2022-23	643,427
2023-24	673,994
2024-25	706,013
2025-26	739,553
2026-27	774,686
2027-28	811,488
2028-29	850,039
2029-30	890,421
2030-31	932,721



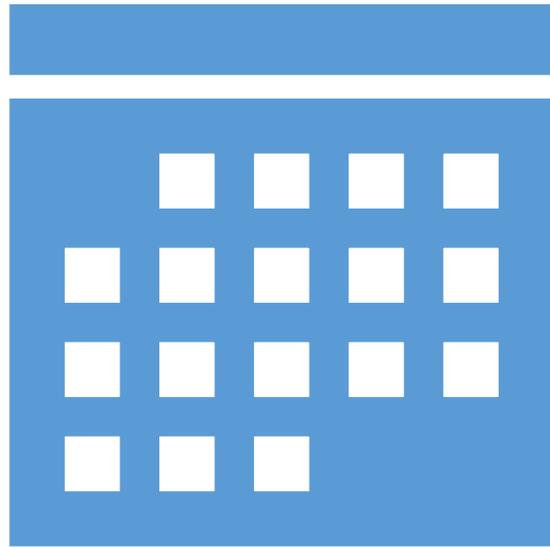
Projected IHSS Cost

10-year Projection

Fiscal Year	Services and Administration Total Cost (amount are in 000's)
2020-21	\$13,802,985
2021-22	\$14,651,643
2022-23	\$15,552,775
2023-24	\$16,509,638
2024-25	\$17,525,695
2025-26	\$18,604,623
2026-27	\$19,750,330
2027-28	\$20,966,964
2028-29	\$22,258,936
2029-30	\$23,630,930
2030-31	\$25,087,922



IHSS Listening Sessions Continue in 2020



- **Chico:** Tuesday, January 7
2 p.m. - 4 p.m.
Butte County Library – Chico
Branch, 1108 Sherman Avenue
- **Los Angeles:** Friday, January 10
2 p.m. - 4 p.m.
Junipero Serra State Building
320 West 4th Street

Q&A



Topic 1: Recipients Who Have the Highest Level of Need

- Summary of Challenges Identified at CDSS Listening Sessions
 - Debbi Thomson, California Department of Social Services
 - Kimberly Rutledge, California Department of Social Services
- Identifying Solutions to Those Challenges
 - Facilitator: Karen Keeslar, California Association of Public Authorities for IHSS
 - LTSS Subcommittee Discussion

*The Master Plan for Aging Long-Term Services and Supports Subcommittee will continue its discussion regarding In-Home Supportive Services during its meeting on January 27, 2020.

Feedback from IHSS Listening Sessions (Topic 1)

- Recipients with the highest level of need
 - ✓ Higher wages for providers who do more skilled work
 - ✓ Back-up systems

Topic 2: Protective Supervision

- Summary of Challenges Identified at CDSS Listening Sessions
 - Debbi Thomson, California Department of Social Services
 - Kimberly Rutledge, California Department of Social Services
- Identifying Solutions to Those Challenges
 - Facilitator: Claire Ramsey, Justice in Aging
 - LTSS Subcommittee Discussion

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Feedback from IHSS Listening Sessions (Topic 2)

- Protective Supervision
 - ✓ How protective supervision is assessed
 - ✓ Growing protective supervision caseload

Topic 3: IHSS and Children

- Summary of Challenges Identified at CDSS Listening Sessions
 - Debbi Thomson, California Department of Social Services
 - Kimberly Rutledge, California Department of Social Services
- Identifying Solutions to Those Challenges
 - Facilitator: Kristina Bas Hamilton, UDW/AFSCME Local 3930
 - LTSS Subcommittee Discussion

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Feedback from IHSS Listening Sessions (Topic 3)

- Children in the IHSS Program
 - ✓ Revamp the assessment process for children and clarify for parents how/why a minor child's assessment differs based on their age
 - ✓ Clarify the role & responsibility for the parent when the child is considered the “employer”

Topic 4: Other IHSS Assessment Issues

- Summary of Challenges Identified at CDSS Listening Sessions
 - Debbi Thomson, California Department of Social Services
 - Kimberly Rutledge, California Department of Social Services
- Identifying Solutions to Those Challenges
 - Facilitator: Catherine Blakemore, Disability Rights California
 - LTSS Subcommittee Discussion

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Feedback from IHSS Listening Sessions (Topic 4)

- Other IHSS assessment and reassessment
 - ✓ Dramatic shifts in assessed hours from year to year and from county to county
 - ✓ Inconsistent uniformity among Social Workers assessments which means more Social Worker training is needed
 - ✓ Lack of timely reassessment in some counties

LTSS Stakeholder Report Process

- Timeline
- Roles
- Structure
- Prioritization

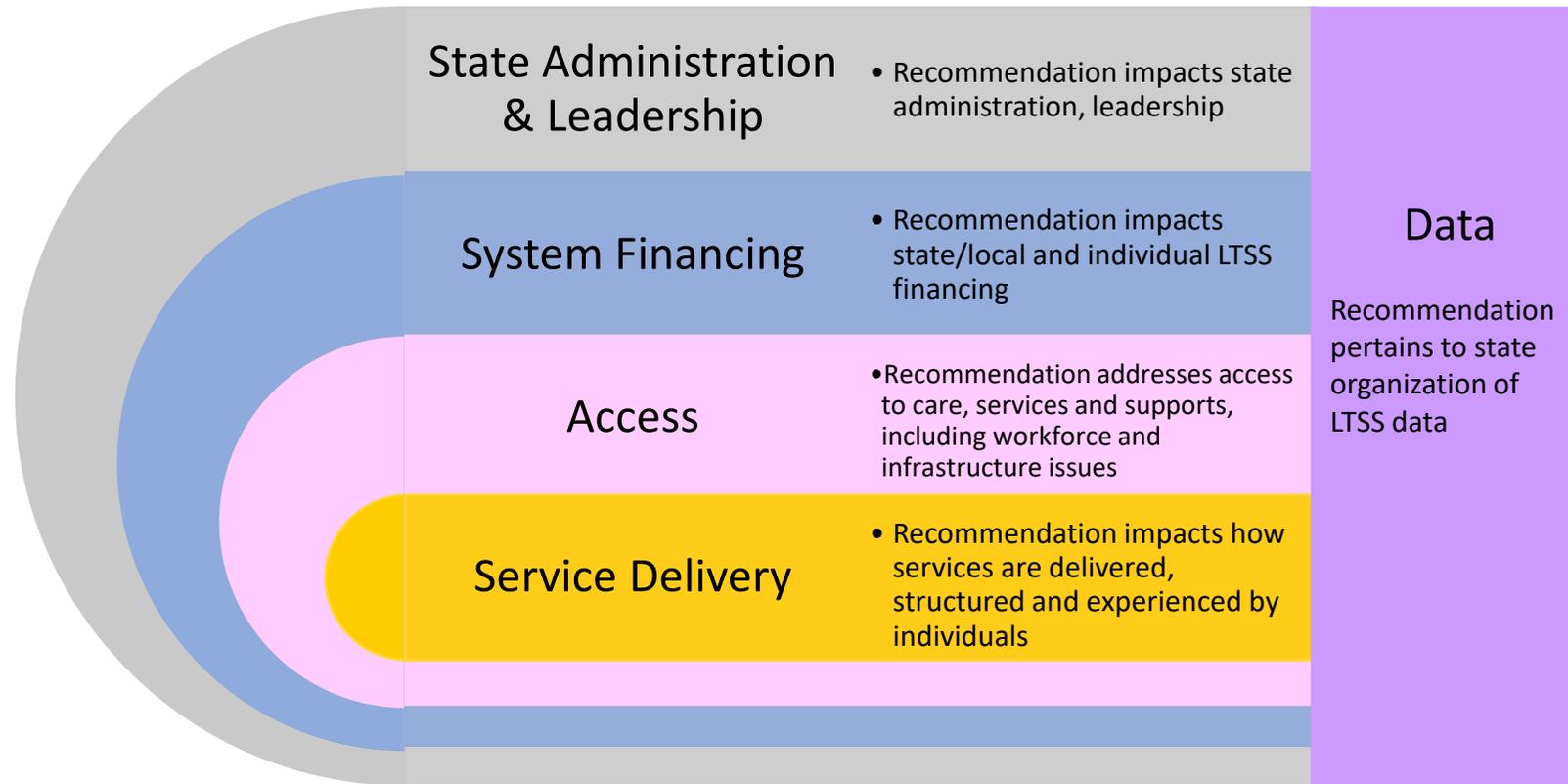
LTSS Stakeholder Report Timeline

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LTSS Stakeholder Report Roles

- LTSS Subcommittee Members
- Department of Aging

LTSS Stakeholder Report Structure: A Proposal



LTSS Stakeholder Report: Prioritization of Recommendations

Discussion

Public Comment

To submit written public comment, go to:

<https://www.surveymonkey.com/r/MPAComment>

Summary of Recommendations and Action Steps

Thank You!

Send questions to EngAGE@aging.ca.gov

Learn more at the Master Plan for Aging website:
[Click here to access the Together We EngAGE website.](#)