

Governor's Master Plan for Aging Stakeholder Advisory Committee Meeting #3



January 21, 2020



Welcome, Introductions and Overview

Dr. Mark Ghaly, Secretary

California Health and Human Services Agency

Kim McCoy Wade, Director

California Department of Aging



Meeting Logistics

- [The meeting materials are posted online here](#)
- Attend in-person or by computer, tablet, or smart phone:
Click the link below to join the webinar:
<https://zoom.us/j/878704097>
Or join by phone: 888-788-0099 Webinar ID: 878 704 097
- For public comment and meeting feedback, go to:
<https://www.surveymonkey.com/r/MPAComment>
- To submit detailed recommendations for MPA, go to:
<https://www.surveymonkey.com/r/MasterPlanRecommendations>
- Accommodations:
 - Live closed captioning streamed through ZOOM
 - Live webinar access with two-way communication for public comment

Stakeholder Advisory Committee (SAC) Meetings

SAC Meeting #1	September 17, 2019
SAC Meeting #2	November 4, 2019
SAC Meeting #2.5 (Webinar Only)	December 18, 2019
SAC Meeting #3	January 21, 2020
SAC Meeting #4	March 2, 2020
SAC Meeting #5	May 18, 2020
SAC Meeting #6	August 11, 2020

Meeting Agenda

1. Welcome, Introductions, and Overview
2. Local Aging Plans – Los Angeles County & Nevada County
3. Long-Term Services and Supports Subcommittee Stakeholder Report – Discussion
4. Lunch Break
5. New Website – EngageCA.org
6. Webinar Wednesday – Report
7. Data Dashboard – Report
8. Equity Work Group – Discussion
9. California Department of Aging (CDA) Strategic Plan – Discussion
10. Master Plan for Aging (MPA) and SAC Process – Discussion
11. Public Comment
12. Summary and Action Items

Local Aging Plans





PURPOSEFUL AGING | AN AGE-FRIENDLY INITIATIVE LOS ANGELES



Los Angeles County
Board of Supervisors



Shella Kuehl Kathryn Berger Mark Ridley-Thomas Janice Hahn Hilma I. Solis

Mayor City of Los Angeles



Eric Garcetti

Announcement May 18, 2016



L-R David Ryu (Councilmember), Patricia Perez (AARP); Supervisor Solis and Mayor Garcetti

AREA AGENCY ON AGING

Federally designated Area Agencies on Aging (AAA) were established in 1973 under the Older Americans Act to respond to the needs of Americans 60 and over.

AAA's are part of a nationwide network helping older adults to plan and care for their needs, with the goal of living independently in their own homes. They provide social services and nutrition services for elders, and support for caregivers.

The Los Angeles Region has two designated AAAs:

City of Los Angeles Department of Aging

and

Los Angeles County Department of Workforce Development Aging & Community Services

Core Functions

ADVOCACY - Advocate at all levels for the resources and policies that will help provide the choices older persons and persons with disabilities need to lead meaningful lives.

PLANNING - Responsible for identifying unmet needs of older adults and functionally impaired adults as well as planning, coordinating, and implementing programs that promote the health, dignity, and well-being.

SERVICES - Responsible for ensuring that an array of direct services is available at the neighborhood level in support older adults and their family caregivers.

Why is Purposeful Aging Los Angeles Needed?



Los Angeles REGION



Only 10 States have an older adult population larger than Los Angeles County

Between 2010 and 2030, the older adult population in the Los Angeles region is expected to double, from approximately 1.1 million to more than 2.1 million individuals

The older adult population is becoming more racially and ethnically diverse than ever before

Life expectancy is increasing: it rose from 75.8 years in 1991 to 81.5 years in 2011

California's Projected Population Age 60+ as a Percent of Total Population by Race and Ethnicity

RACE/ETHNICITY	2010	2030	2050
White/Non-Hispanic	61.8%	46.7%	35.8%
Hispanic/Latino	18.5%	29.1%	38.8%
Asian	13.5%	16.2%	17.3%
Black/African American	5.4%	5.6%	5.5%
American Indian/Alaska Native	0.4%	0.49%	0.4%
Native Hawaiian/Other Pacific Islander	.020%	0.35%	0.30%
Two or more Races	1.1%	1.6%	2.2%

Los Angeles Now!

Source: State of California, Department of Finance, Census 2010 American Fact Finder: Age Groups and Sex, Geography Rural (QT-P1), 2012, special run request, page 9. In CA Dpt of Aging's California State Plan for Aging 2013-2017.

Population



Los Angeles County

- 1.9 million persons 60 years and older
- 1 in 4 California older adults live here!
- 88 cities spread over 4,000 square miles

City of Los Angeles Second most populous city in the U.S.

- People from more than 180 countries, speaking 140 different identified languages, currently call Los Angeles home
- 701,725 persons age 60+
- 58% of persons age 60+ are minority

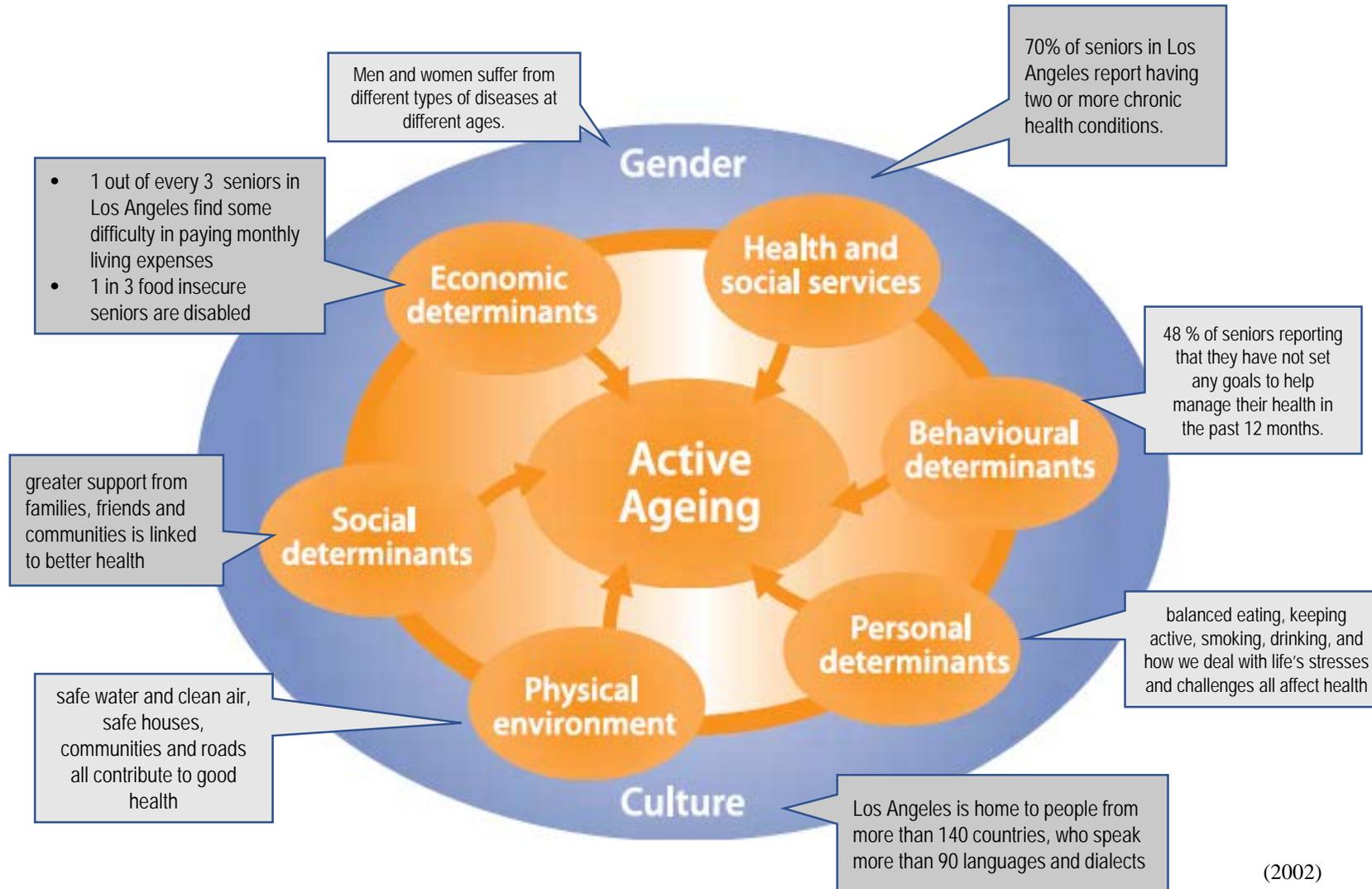
Ethnic and Racial Diversity

- Home to more American Indians/Alaska Natives than any other county in the United States. There are fourteen federally recognized Native American Indian tribes within the Greater Los Angeles Area. The City of Los Angeles is home to the second largest percentage of Native Americans in the United States.
- Home to more Latinos/Hispanics than any other county in the United States and the fastest growing population among those aged 65 years and over. Representing immigrants from 22 countries of origin and those who are US born.
- Home to the nation's largest Asian American population representing 28 distinct groups. Los Angeles County is home to more Asian American older adults than any other county in the United States with nearly one-third of all Asian Americans countywide being older adults.
- Los Angeles has dropped from the 5th to the 6th largest Black population in the United States.

Sources: A Community of Contrasts: Asian Americans 50 and Older (Los Angeles County). Asian Americans Advancing Justice and AARP California (2015); Los Angeles Health Aging Report (2015), USC Roybal Institute; Blackdemographics.com and The Status of American Indians/Alaska Natives in Los Angeles: American Indian Population Change at the Dawn of the 21st Century; LA City/County Native American Commission and Pewresearch.org

<http://purposefulagingla.com>

WHO's Determinants of Active Aging

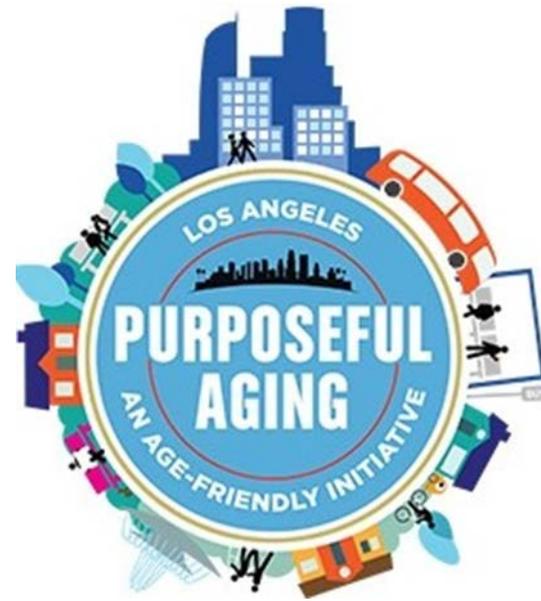


ALZHEIMER'S disease



- **In Los Angeles County:**
 - 5th leading cause of death overall and 4th among persons 75 years and older
 - 147,000+ persons with Alzheimer's Disease
 - 325,000+ baby boomers today are expected to develop Alzheimer's disease during their remaining lifetimes.
 - 300,000+ adults reported providing care in the past 30 days.
 - More than one-third reported spending 20 or more hours per week.

- **Among Latinos and Asians/Pacific Islanders, Alzheimer's disease will nearly triple during next 20 years.**



WHO IS LEADING PURPOSEFUL AGING

LOS ANGELES



PURPOSEFUL AGING

AN AGE-FRIENDLY INITIATIVE
LOS ANGELES



Center for the Future of Aging



UCLA





PROCESS

A designation process established by the World Health Organization

In U.S. AARP is the national entity that supports the initiative

Seeking designation requires commitment from highest elected official

GOALS

Adapting city/county structures to the needs of a growing older population is a strategic investment

A City of Choice For All Generations

Benefits of Age-Friendly Environments

PURPOSEFUL AGING | AN AGE-FRIENDLY INITIATIVE LOS ANGELES

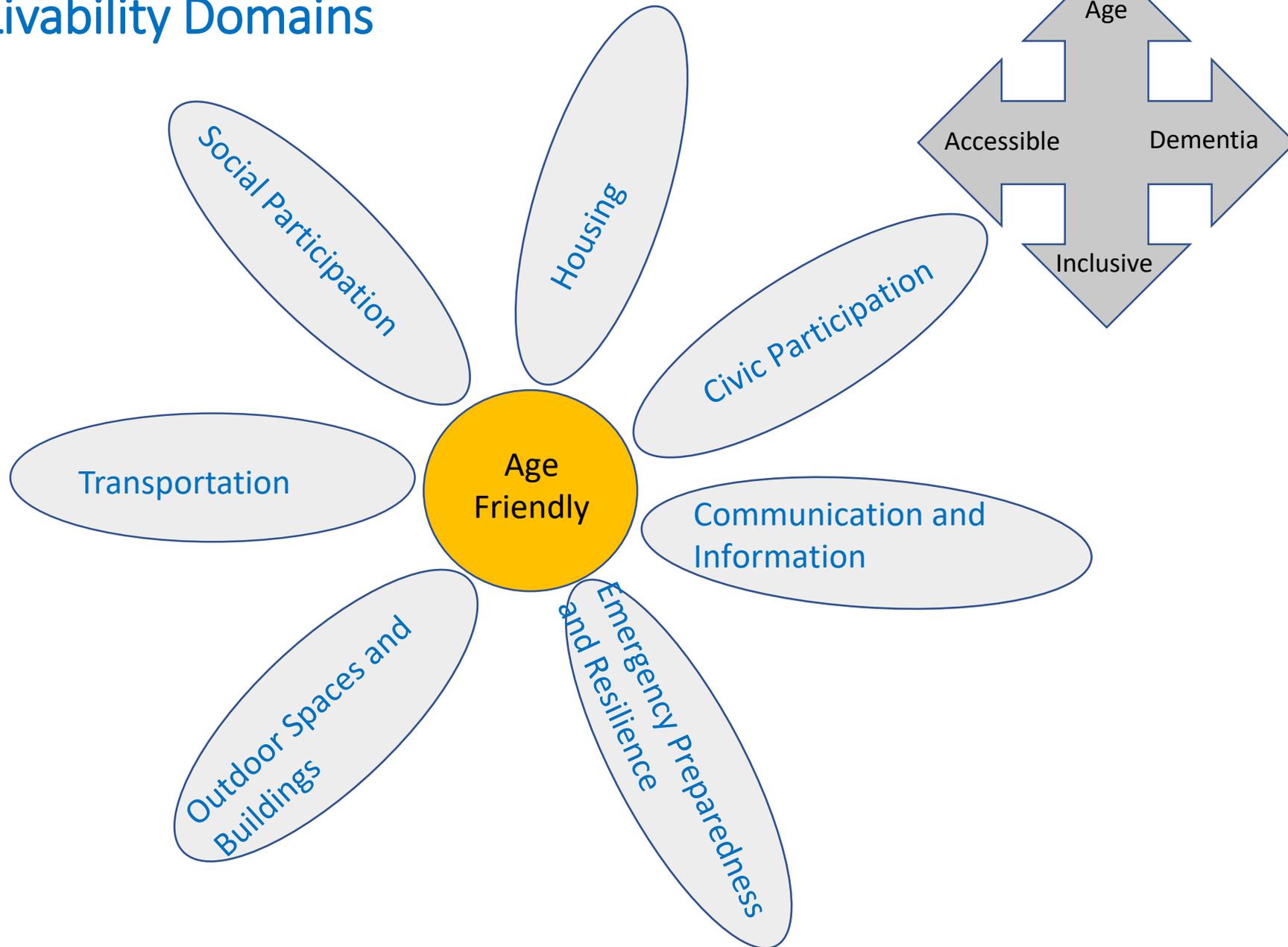
Vision

- To make the Los Angeles region the most age friendly in the world.

Mission

- Purposeful Aging Los Angeles (PALA) – An Age-Friendly Initiative – seeks to prepare the Los Angeles region for a rapidly aging population through an innovative, sustained initiative that unites public and private leadership, resources, ideas and strategies. PALA will improve the lives of older adults and Angelenos of all ages.

Livability Domains



Engagement Process Includes:

Steering Committee
Blue Ribbon Committee **
Action Planning Committee

Working Groups

City/County internal
City Departments
County Departments
Research and Evaluation
8 Livability Domains
Dementia Friendly
Aging & Disability Collaborative
Task Force of Cities

**** *Group is in process of being formed***
Others may be added as needed

SUPPORTING STRONG REGIONAL COALITIONS

- Los Angeles Social Isolation and Impact Coalition
- Los Angeles Falls Prevention Coalition
- Los Angeles Alliance for Community Health and Aging
- Los Angeles Advocacy on Aging Coalition
- Los Angeles Food Access Working Group

WHAT WE HAVE ACHIEVED SO FAR

GOVERNMENT LEVEL

- Mayoral Directive 17
 - L.A. County incorporates PALA into County's Strategic Plan
 - Adopted PALA Action Plan in 2018
 - Improving Older Adults Services Motion by LA County Board of Supervisors -a feasibility study of creating a stand-alone comprehensive department of aging for the region
 - Recruitment of City Neighborhood Council Liaisons
 - Funding for PALA dedicated staff by LA City
 - Funding for PALA dedicated staff by LA County
 - Launched website
-
- ✓ Supervisor Barger named to California's Master Plan on Aging



AGE-FRIENDLY ACTION PLAN FOR THE LOS ANGELES REGION 2018-2021 | August 7, 2018



PurposefulAgingLA.com

LOS ANGELES

City Services City Directory

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THE PURPOSEFUL AGING

The Purposeful Aging Los Angeles Initiative

The Purposeful Aging Los Angeles Initiative (PALAI) is a groundbreaking initiative and partnership, between the County and the City of Los Angeles, other cities, AARP, the private sector, and universities. The partnership was formed to help the Los Angeles region prepare for a dramatic demographic shift: in the older adult population that will occur by 2030, PALAI's ultimate goal is to make the Los Angeles region the most age-friendly in the world.

Download the Age-Friendly Action Plan report as a PDF or view its recommendations below

Recommendations

The recommendations are intended to enhance the age-friendliness of the Los Angeles region for all older adults and multi-generational residents of Los Angeles County; the County and City intends to implement the recommendations in an equitable manner that would allow all residents to thrive as they gain their communities, including by prioritizing interventions to high-need communities and populations - such as LGBTQ individuals, those experiencing homelessness (or those at risk of homelessness), and low income populations - as well as incorporating multi-lingual/multi-ethnic services, a gender lens, and other strategies intended to empower traditionally marginalized communities.

Civic Participation and Employment 	Communication and Information 	Community Support and Health Services 	Emergency Preparedness and Resilience
Housing 	Outdoor Spaces and Buildings 	Social Participation and Respect and Social Inclusion 	Transportation



INDIVIDUAL LEVEL

The **Aging Mastery Program**[®] (AMP) is designed to inform, encourage, and support older adults as they take steps to improve their lives and engage with their communities. More than 600 older adults have participated in the AMP 10 week program offered at 26 sites.

Los Angeles County's **LA Found** helping caregivers of those living with Alzheimer's, dementia, autism or other cognitive impairments when the person they are caring for goes missing.

To date, all participant who have wandered have been found.

City of Los Angeles improving **bus stops** by evaluating and mapping all bus stops citywide for their comfort and utility to an older population. Has already completed revamping 84 stops.

Los Angeles County's **Home Safe Program** secured a \$2.5 million grant to provide housing-related supports to Adult Protective Services clients who are homeless or are at imminent risk of homelessness as a direct result of abuse, neglect, self-neglect, or exploitation.

COMMUNITY LEVEL

Dementia Friends LA, in collaboration with Alzheimer's LA, is part of a global movement that is changing the way people think, act, and talk about dementia. Los Angeles has 980 Dementia Friends, of which 164 are Dementia Friends Champions (volunteers) who provide community workshops.

Aging Summits: Older Adult Summit for Caregivers and Aging Into The Future Conference and Expo, powered by St. Barnabas Senior Services, having hosted three summits reaching more than 3,000 seniors.

Network of Age Friendly Universities consists of institutions of higher education around the globe who have endorsed the 10 AFU principles and committed themselves to becoming more age-friendly in their programs and policies.

- University of Southern California (*Wicked Problems Practicum, technology content, published article*)
- University of California at Los Angeles
- California State University at Long Beach

Community Engagement

- 8 Livability Domain Working Groups were launched to implement Action Plan recommendations
- Cities Task Force was launched to help the region's 88 cities coordinate their efforts in serving older adults.
- Regional coordination to amplify efforts of local working coalitions

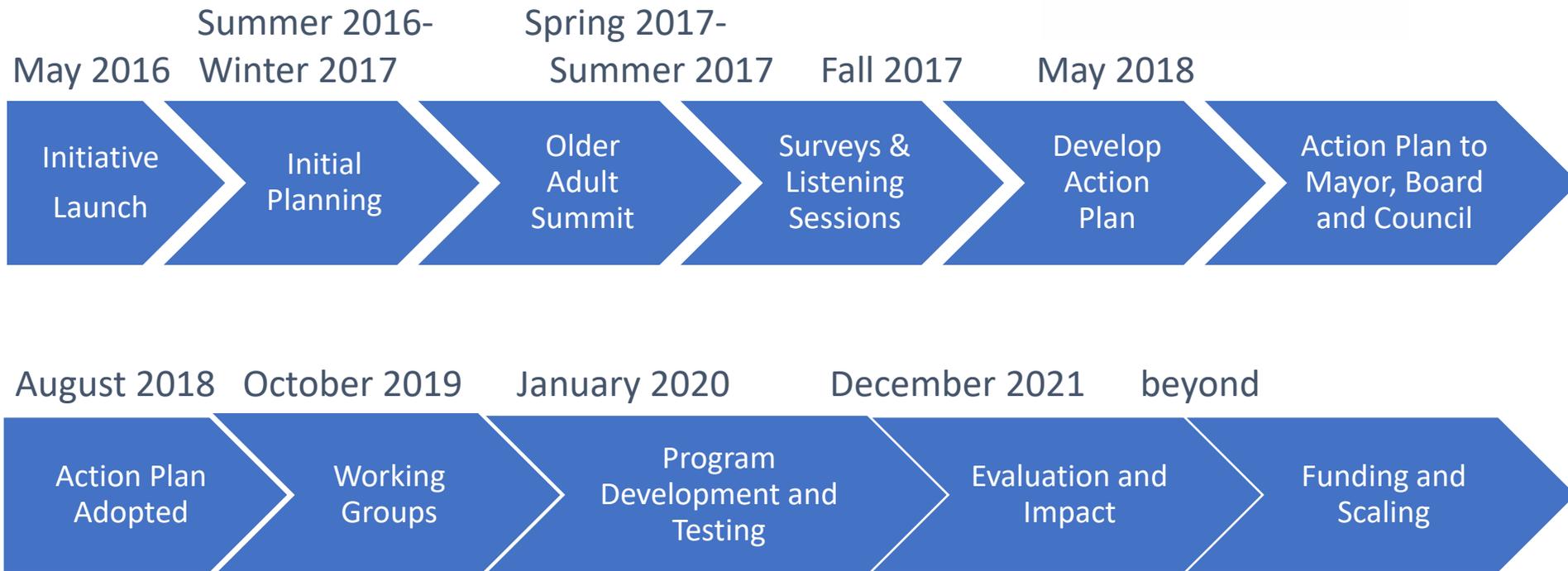
Purposeful Aging LA



Possibilities

- Innovate and implement high quality services for older adults
- Improve county and municipal infrastructure
- Support local businesses serving older adults
 - Baby boomers control more than three-fourths of America's wealth, outspending other generations by an estimated \$400 billion each year on consumer goods and services.
- Tourism is a leading industry in Los Angeles County, supporting jobs, contributing billions in direct spending and economic impact
 - Adults 50+ account for 80% of all luxury travel spending
- Incubator for new technologies that help older adults remain in their homes as long as possible, mitigate workforce shortages and the financial burdens that are inherent to long-term care
 - Approximately 70% of older adults now connected to the internet. Roughly three-quarters of internet-using seniors say they go online on a daily basis – and nearly one in 10 go online almost constantly.

Planning Timeline



Action Planning Advisory Group



EVALUATION TEAM

Maria P. Aranda, PhD, MSW, MPA, LCSW
Associate Professor
USC Suzanne Dworak-Peck School of Social Work

Valentine M. Villa, PhD
Professor, School of Social Work
Director, Applied Gerontology Institute
California State University, Los Angeles

Catherine A. Sarkisian, MD, MSPH
Professor and Physician
UCLA Division of Geriatrics and VA Greater Los Angeles
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Chair and Professor, Department of Community Health Sciences,
UCLA Fielding School of Public Health
Director, Coordinating Center for the NIH/NIA Resource Centers
on Minority Aging Research

Donald A. Lloyd, PhD
Research Associate Professor
USC Suzanne Dworak-Peck School of Social Work

Laura Trejo, MSG, MPA
General Manager
Los Angeles Department of Aging

STEERING COMMITTEE

Laura Trejo, General Manager, Los Angeles
Department
of Aging

Lorenza C Sanchez, Assistant Director, LA
County Workforce Development, Aging & Community
Services, Aging & Adult Services Branch

James Don, Assistant General Manager, Los Angeles
Department of Aging

Anna Avdalyan, Program Manager, Aging & Adult
Services Branch, Workforce Development, Aging
and Community Services

Paul H. Irving, Chairman, Milken Institute Center
for the Future of Aging

Kate Wilber, PhD, Mary Pickford Professor of

Gerontology, USC Leonard Davis School of
Gerontology, Professor of Health Services
Administration

Adriana M. Mendoza, Associate State Director, AARP
California

Rafi Nazarians, Associate State Director, Community,
AARP California

Catherine A. Sarkisian, MD, MSPH, Professor and
Physician, UCLA Division of Geriatrics and VA Greater
Los Angeles Healthcare System, UCLA School of
Medicine/Division of Geriatrics UCLA Fielding School
of Public Health

Monica Nunez, Executive Assistant, Los Angeles
Department of Aging

Questions

City of L.A.

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Purposeful Aging LA

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County of L.A.

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www.purposefulagingla.com

#PurposefulAgingLA

#AgeFriendlyLA

Nevada County Roundtable

Jan Arbuckle

City of Grass Valley

Ana Acton

FREED Center for Independent Living



Nevada County Roundtable



- Transportation
- Volunteerism
- Emergency preparedness for older adults and people with disabilities



LTSS Subcommittee Stakeholder Report – Discussion

Susan DeMarois

Alzheimer's Association

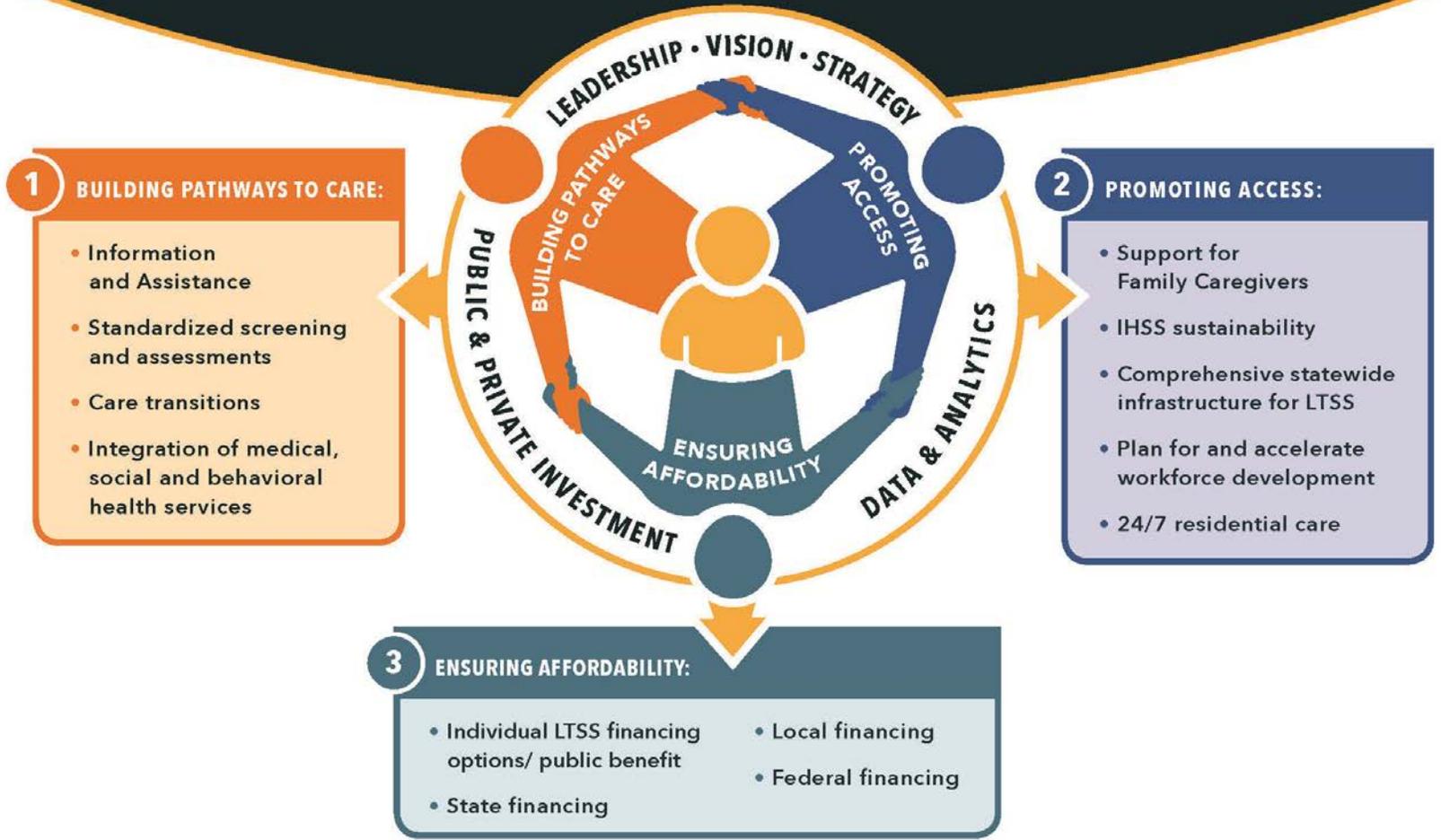
Sarah Steenhausen

The SCAN Foundation



A NEW LONG-TERM SERVICES AND SUPPORTS FRAMEWORK FOR ALL CALIFORNIANS: A DECADE TO DESIGN, DEVELOP & DELIVER

The LTSS Subcommittee report positions the state, over the next ten years, to meet the needs of older adults, people with disabilities and caregivers through an approach addressing:



1 BUILDING PATHWAYS TO CARE:

- Information and Assistance
- Standardized screening and assessments
- Care transitions
- Integration of medical, social and behavioral health services

2 PROMOTING ACCESS:

- Support for Family Caregivers
- IHSS sustainability
- Comprehensive statewide infrastructure for LTSS
- Plan for and accelerate workforce development
- 24/7 residential care

3 ENSURING AFFORDABILITY:

- Individual LTSS financing options/ public benefit
- State financing
- Local financing
- Federal financing

Lunch Break

12:00 p.m. – 12:30 p.m.

ENGAGECA.org



Together We EngAGE Launches EngageCA.org



[THE MASTER PLAN](#) [GET ENGAGED](#) [FOR STAKEHOLDERS](#)

[SHARE YOUR IDEAS](#)



Welcome to **Together We EngAGE**, the home of California's Master Plan for Aging. Between now and October 2020, a diverse array of stakeholders is working to craft a long-term strategy to build a more inclusive, age- and disability-friendly California, and **we need your help!**

[GET ENGAGED WITH THE MASTER PLAN](#)



Webinar Wednesdays – Report

Fernando Torres-Gil, PhD

University of California, Los Angeles

Jennifer Wong

Master Plan for Aging Consultant

ENGAGECA.org



Webinar Wednesdays: A Series



Livable Communities & Purpose

- [Housing](#) (January 29)
- [Transportation](#) (February 5)
- Parks and Community Spaces
- Civic and Social Engagement
- Inclusion, Respect, and Isolation
- Leadership by and with Older Adults and People with Disabilities



Health & Well-Being

- [Healthy Aging](#) (January 15)
- Geriatric Medicine Workforce
- Integration and Coordination of Health and Long-Term Services and Supports
- Palliative Care and Hospice: Planning for Serious Illness



Economic Security & Safety

- [Work Opportunity](#) (January 22)
- Emergency and Disaster Preparedness and Response
- Retirement Security
- Preventing and Responding to Abuse, Neglect, and Exploitation
- Poverty, Hunger, and Homelessness

MASTER PLAN FOR AGING



OUR FIRST TOPIC: HEALTHY AGING

Featured Speakers:

- **Amanda Lawrence**, California Department of Public Health, *State Partner*
- **Victoria Jump**, Ventura County Area Agency on Aging, *Local Leader*
- **Fernando Torres-Gil, PhD**, University of California, Los Angeles, *Stakeholder Advisory Committee Member*

MASTER PLAN FOR AGING



WEBINAR WEDNESDAYS

9:30am - 11:00am

1.22.20 Work Opportunity

1.29.20 Housing

2.05.20 Transportation

2.12.20 Poverty, Hunger, & Homelessness

2.19.20 Emergency & Disaster Preparedness & Response



www.engageCA.org



Data Dashboard – Report

Carrie Graham

Master Plan for Aging Consultant

Kim McCoy Wade

Department of Aging



Research Subcommittee Meetings



New Data Partnerships

- MPA Data Dashboard
CDPH and *Let's Get Healthy California*
- MPA Data Gap Action Plan (GAP)
Terri Shaw, Master Plan for Aging Consultant



Equity Work Group – Discussion

Rigo Saborio

St. Barnabus Senior Services

Kevin Prindiville

Justice in Aging



CDA Strategic Plan – Discussion

Mark Beckley

California Department of Aging

Kim McCoy Wade

California Department of Aging



MPA and SAC Process - Discussion

Topics:

- Deliverables
- Timelines
- Models



Public Comment

For public comment and meeting feedback, go to:

<https://www.surveymonkey.com/r/MPAComment>

To submit detailed recommendations for MPA, go to:

<https://www.surveymonkey.com/r/MasterPlanRecommendations>



Summary & Action Steps



ENGAGECA.org



THANK YOU!

Send questions to EngAGE@aging.ca.gov

Learn more about the Master Plan for Aging here:

