

Master Plan for Aging

Webinar Wednesdays

Poverty, Hunger & Homelessness

February 12, 2020 | 9:30 a.m. – 11:00 a.m.



WELCOME TO WEBINAR WEDNESDAYS

***Purpose:** To inform and engage the public to hear aging priorities from all Californians*

- Join us every Wednesday from 9:30 am – 11:00 am | January 15 – April 22
- Links to join webinars can be found at our new website:
- No registration necessary
- Engage with us through live polling and asking the experts questions via ZOOM Q&A
- Webinar materials to be posted to the website after each webinar

MASTER PLAN FOR AGING



POVERTY, HUNGER & HOMELESSNESS

Today's Featured Speakers:

- ***Madlynn Johnson***, Council of Elder Member & Senior Advocate for Hope and Justice, St. Mary's Center (***Local Leader***)
- ***Alicia Sutton***, Deputy Secretary for Homelessness, California Business, Consumer Services, and Housing Agency (***State Partner***)
- ***Dr. Margot Kushel***, Professor & Director of the UCSF Center for Vulnerable Populations, UCSF (***Local Leader***)
- ***Janny Castillo***, Seniors for Hope & Justice Program Coordinator, St. Mary's Center (***Stakeholder Advisory Committee***)
- ***Kevin Prindiville***, Executive Director, Justice in Aging (***Stakeholder Advisory Committee***)

Share your ideas on how to build an age- and disability-friendly California!



Livable Communities & Purpose

- [Housing](#) (January 29 — [YouTube](#) | [Presentation](#) | [Transcript](#))
- [Transportation](#) (February 5 — [YouTube](#) | [Presentation](#))
- [Isolation, Inclusion, and Respect](#) (February 26)
- Civic and Social Engagement
- Parks and Community Spaces
- Leadership by and with Older Adults and People with Disabilities



Health & Well-Being

- [Healthy Aging](#) (January 15 — [YouTube](#) | [Presentation](#) | [Transcript](#))
- Geriatric Medicine Workforce
- Integration and Coordination of Health and Long-Term Services and Supports
- Planning for Serious Illness: Palliative Care and Hospice



Economic Security & Safety

- [Work Opportunity](#) (January 22 — [YouTube](#) | [Presentation](#) | [Transcript](#))
- [Poverty, Hunger, and Homelessness](#) (February 12)
- [Emergency and Disaster Preparedness and Response](#) (February 19)
- Retirement Security
- [Preventing and Responding to Abuse, Neglect, and Exploitation](#) (March 4)

 @CalAging

 @CaliforniaAging

MASTER PLAN FOR AGING





Governor Gavin Newsom Calls for Creation of a Master Plan for Aging

Executive Order N-14-19, June 2019

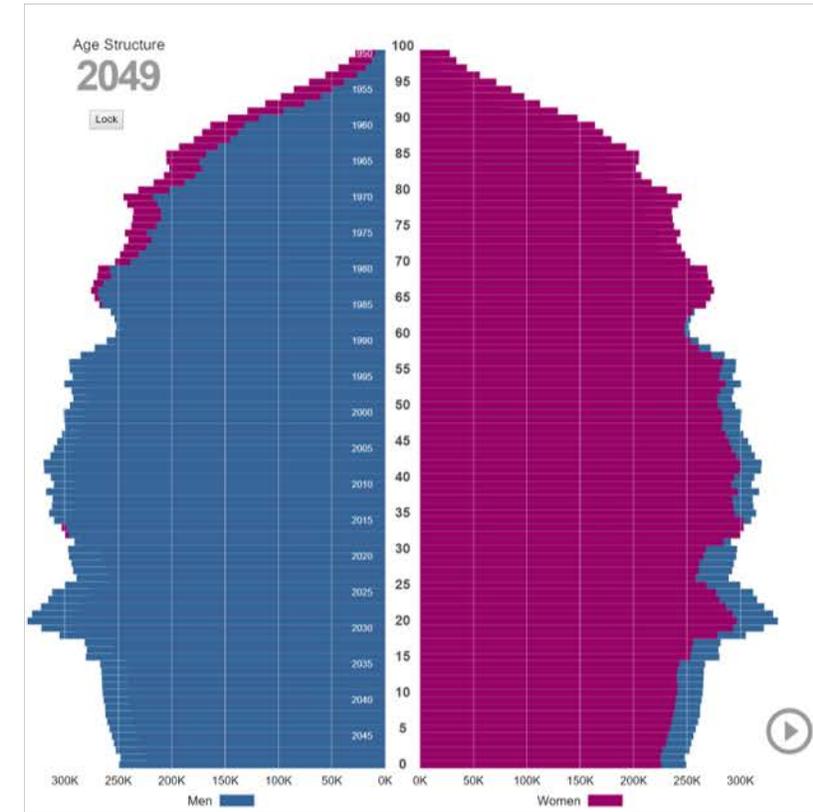
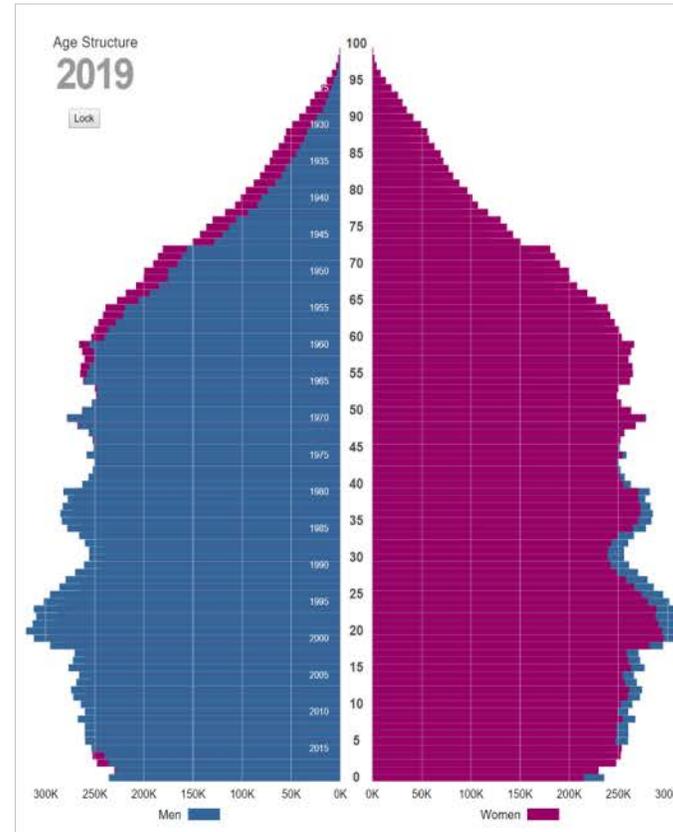
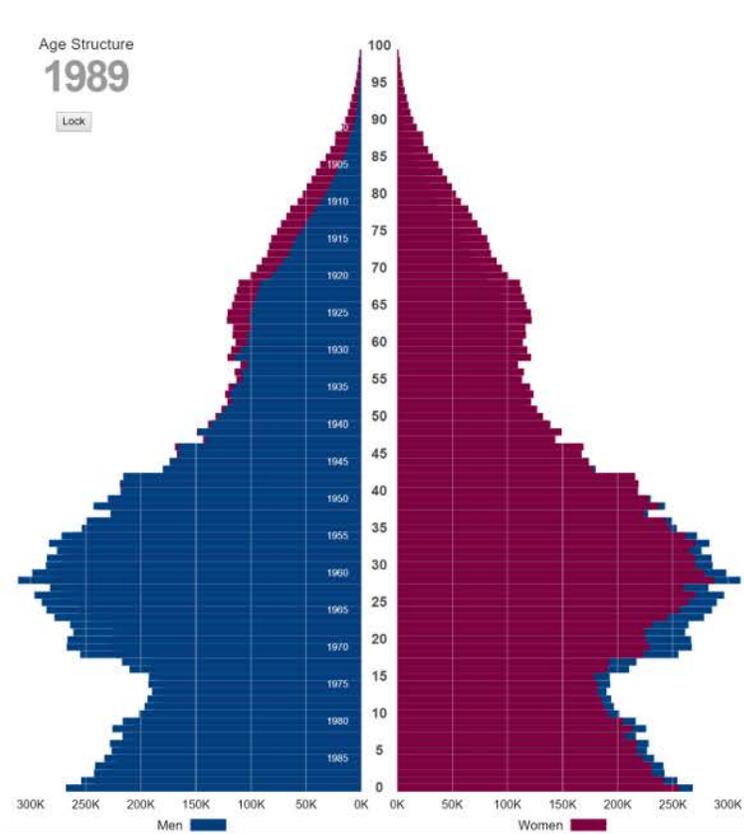
Governor's Executive Order calls for the Secretary of the Health and Human Services (HHS) Agency to convene a cabinet-level Workgroup for Aging to advise the Secretary in developing and issuing the Master Plan.

The order also directs HHS to convene a Master Plan for Aging Stakeholder Advisory Committee, which will include a Research Subcommittee and a Long-Term Care Subcommittee with an interest in building an age-friendly California.

MASTER PLAN FOR AGING



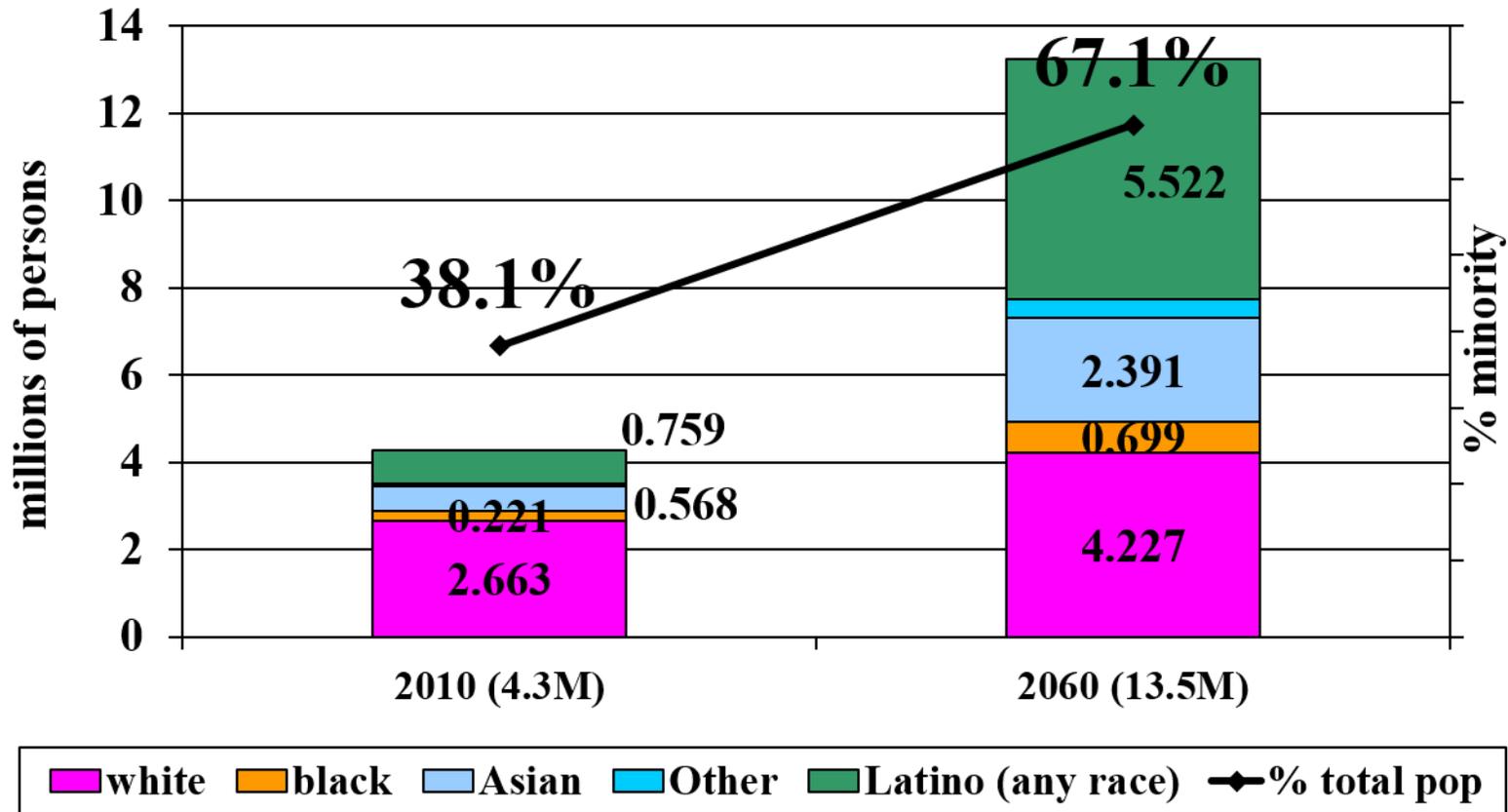
CALIFORNIA IS AGING



MASTER PLAN FOR AGING



FASTEST GROWTH, ELDERS OF COLOR



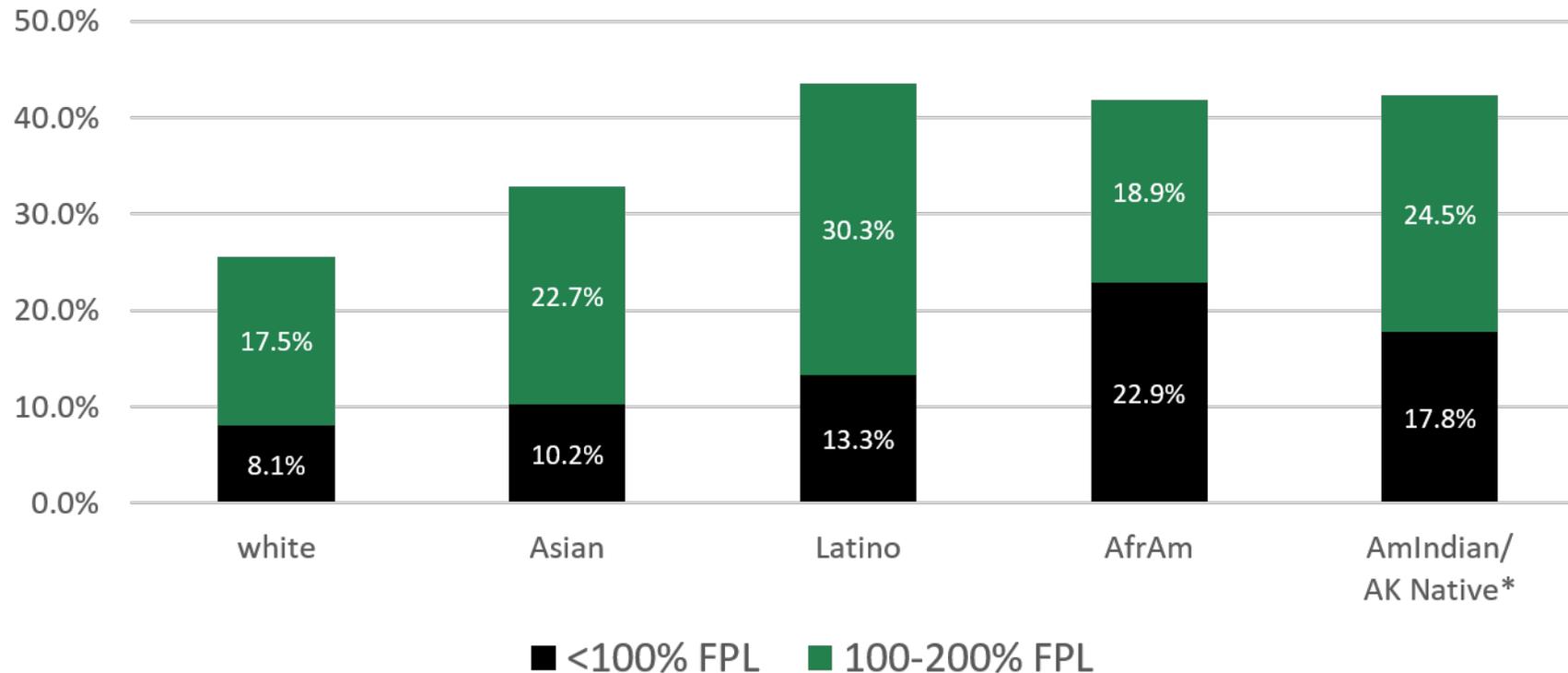
Source: [California Department of Finance, 2016, P-3 database](#)

Dr. Steven Wallace,
UCLA

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POOR & NEAR POOR, AGE 65+, CA, 2018



Note: white, Asian & black are non-Latino; Latino is any race; AIAN includes multiple race/ethnicity.

Source: [Current Population Survey 2018](#)

Dr. Steven Wallace, UCLA

THE ELDER INDEX

- Currently, the **Federal Poverty Guideline** is used to determine an individual or couple's financial need
- An alternative: **Elder Economic Security Standard Index** (The Elder Index: www.healthpolicy.ucla.edu/ElderIndex):
 - Index is for *counties*
 - Based on actual *costs* of basic needs for older households, including housing, food, transportation, health care, etc.
 - Uses *unadjusted income*
 - Uses current data

Monthly Expenses	Los Angeles City		Humboldt County	
	Owner w/o Mortgage	Renter, One Bedroom	Owner w/o Mortgage	Renter, One Bedroom
Housing	\$600	\$1,177	\$377	\$769
Food	266	266	259	259
Transportation	222	222	222	222
Health Care=Good	168	168	446	446
Miscellaneous	250	250	259	259
Elder Index /Month	\$1,506	\$2,083	\$1,563	\$1,955
Elder Index Per Year	\$18,072	\$24,996	\$18,756	\$23,460

AGING IS CHANGING

- *More diversity*
- *More living alone*
- *More at risk of poverty*
- *More awareness of the stages of aging*



MASTER PLAN FOR AGING: VISION & VALUES

Vision

- California for all, across the life span

Values

- Choice
- Equity
- Dignity
- Inclusion and accessibility
- Innovation and evidence-informed
- Strong partnerships



MASTER PLAN FOR AGING: MISSION

Mission

A person-centered, data-driven, ten-year California Master Plan for Aging by October 1, 2020

- State Master Plan
- Local Blueprint
- Data Dashboard of State & Local Data
- Best Practice Resources for Local Planning

MASTER PLAN FOR AGING



MASTER PLAN FOR AGING: GOALS

1. **Services & Supports.** We will live where we choose as we age and have the help we and our families need to do so.
2. **Livable Communities & Purpose.** We will live in and be engaged in communities that are age-friendly, dementia-friendly, and disability-friendly.
3. **Health & Well-being.** We will live in communities and have access to services and care that optimize health and quality of life.
4. **Economic Security & Safety.** We will have economic security and be safe from abuse, neglect, exploitation, and natural disasters and emergencies throughout our lives.

Master Plan for Aging



June 2019
Governor Newsom issues Executive Order N-14-19 calling for Master Plan for Aging

Fall 2019 and Winter 2020
Master Plan Framework in Development. Analysis of policy and program options and expansion of cross sector engagement

March 2020 Report due to the Governor from the Long-Term Care Subcommittee with recommendations on stabilizing long-term services and supports

Summer 2020
Adoption of stakeholder and public feedback into Master Plans, submission to Cabinet workgroup for review

October 2020
Master Plan Issued by the Governor

MASTER PLAN FOR AGING



BRIEF OVERVIEW: STATE PROGRAMS AND SERVICES FOR OLDER ADULTS AND PEOPLE WITH DISABILITIES



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CASH PROGRAMS FOR OLDER ADULTS (SSI/SSP)

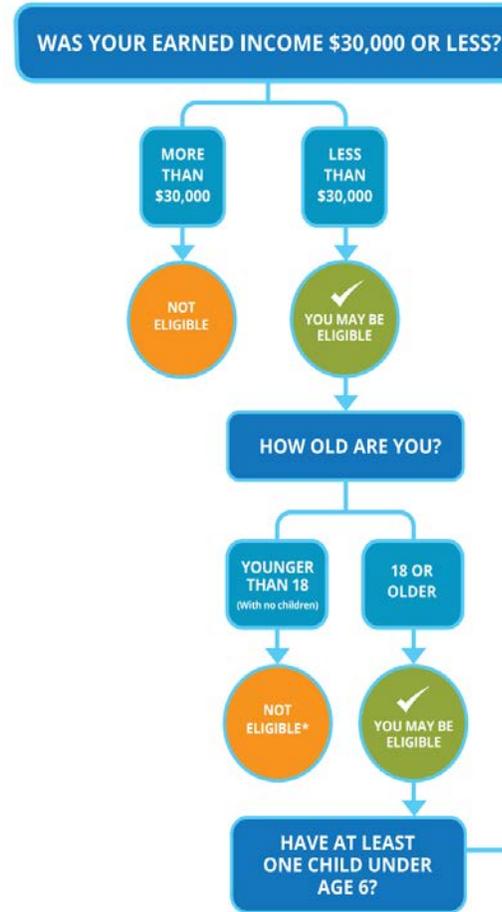
- Approximately 1.2 million Californians
- Administered by Social Security Administration under contract with CDSS
- SSI = Supplemental Security Income (Federal portion – issued by Social Security Administration)
- SSP = State Supplemental Payment (State portion – supplement authorized by state legislature due to California’s high cost of housing)
- Maximum payment for most recipients (2020): \$943.72 (individuals) or \$1,582.14 (couples)
- Available to individuals who are at least age 65 or individuals under 65 who are living with a disability or blind. In either case, individuals must be a U.S. citizen (a few exceptions apply)

CASH ASSISTANCE PROGRAM FOR IMMIGRANTS (CAPI)

- Approximately 14,700 participants
- Administered by CDSS Adult Programs Division in cooperation with the 58 counties
- 100% General Fund (no federal financial participation)
- Created by legislature in 1997 after federal welfare reform excluded most non-citizens from SSI
- Available to non-citizens only: lawfully admitted permanent residents, permanent residents under color of law, refugees, asylees, etc.
- Eligibility requirements and maximum payment same as SSI/SSP
- Both programs: Higher rates authorized for blind individuals and those without adequate cooking and food storage facilities

EARNED INCOME TAX CREDITS FOR OLDER CALIFORNIANS

- California only state where workers 65 and over can claim EITC!
- Grandparents raising children may also qualify for child tax credits, including the State's new Young Child Tax Credit
- All info at: CalEITC4me.org



HOW MUCH WILL YOU GET BACK?

*Text **EITC** to **555-888** and use our calculator to find out how much money you can get back from the CalEITC

*Message & data rates may apply

Not eligible for the CalEITC?
Check out the federal EITC at www.irs.gov/eitc

You may also be eligible for California's NEW YOUNG CHILD TAX CREDIT

Get up to an additional \$1,000 when you file your taxes!

Visit CalEITC4Me.org/know-it for more details.



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CALFRESH FOOD EXPANSION TO OLDER CALIFORNIANS & PEOPLE WITH DISABILITIES

Beginning June 1, 2019, SSI/SSP recipients began applying for and receiving CalFresh food benefits for the first time since 1974!

CalFreshFood.org

您領取社會安全生活補助金嗎
(Supplemental Security Income, SSI)?

不要错过營養食物計劃福利

CalFresh FOOD

自 2019 年 6 月 1 日起, SSI 受益者可能有資格享受 CalFresh 食物計劃福利。

什麼是 CalFresh 食物計劃福利?
CalFresh 食物計劃協助低收入家庭購買營養食物來維持健康。受益者可以在任何接受電子福利轉帳卡的雜貨店或農貿市場購買食物。

如何知道我是否符合資格?

- 上網、致電, 或前往您縣的辦公室
- 申請方法-透過電話、上網, 或親自到您縣的辦公室
- 完成訪問-透過電話或親自到縣的辦公室
- 如有需要, 提供收入及支出證明

本縣將在 30 天內決定您的資格。

CalFresh 食物計劃福利是否會改變我的 SSI 福利?
SSI / SSP 金額不會變動或減少。

遊覽 GetCalFresh.org 及網上申請

致電 1-877-847-3663 (食品)

前往相關辦公室或上網 CalFreshFood.org 尋找辦公室

針對其他語言或合理住宿要求, 請遊覽 CalFreshFood.org 以尋找相關辦公室。
如需語言和/或聽力協助, 請致電 711 中繼號碼。
由美國農業部 (USDA) 贊助, 提供平等的機會與就業。

CDSS
CALIFORNIA DEPARTMENT OF SOCIAL SERVICES
www.cdss.ca.gov

DO YOU RECEIVE SSI?
DON'T MISS OUT ON FOOD BENEFITS

CalFresh FOOD

Beginning June 1, 2019 SSI recipients may be eligible for CalFresh Food benefits.

¿USTED RECIBE SSI?
NO SE PIERDA LOS BENEFICIOS DE ALIMENTOS

CalFresh FOOD

A partir del 1 de junio de 2019, los beneficiarios de SSI pueden ser elegibles para recibir beneficios de CalFresh Food.

¿Qué es CalFresh Food?
CalFresh Food ayuda a las personas con bajos ingresos a comprar los alimentos necesarios para una vida saludable. CalFresh Food se puede usar en cualquier tienda o mercado agrícola que acepte EBT para comprar alimentos.

¿Cómo sé si califico?

- Para obtener información o solicitar, haga clic, llame o vaya a la oficina de su condado local.
- Solicite por teléfono, internet o en persona en su oficina del condado local.
- Complete una entrevista local o en persona.
- Traiga pruebas de los ingresos y gastos, si es necesario.

El condado determinará si es elegible, a más tardar, en 30 días.

¿Cambiarán mis pagos?
NO HAY CAMBIOS.

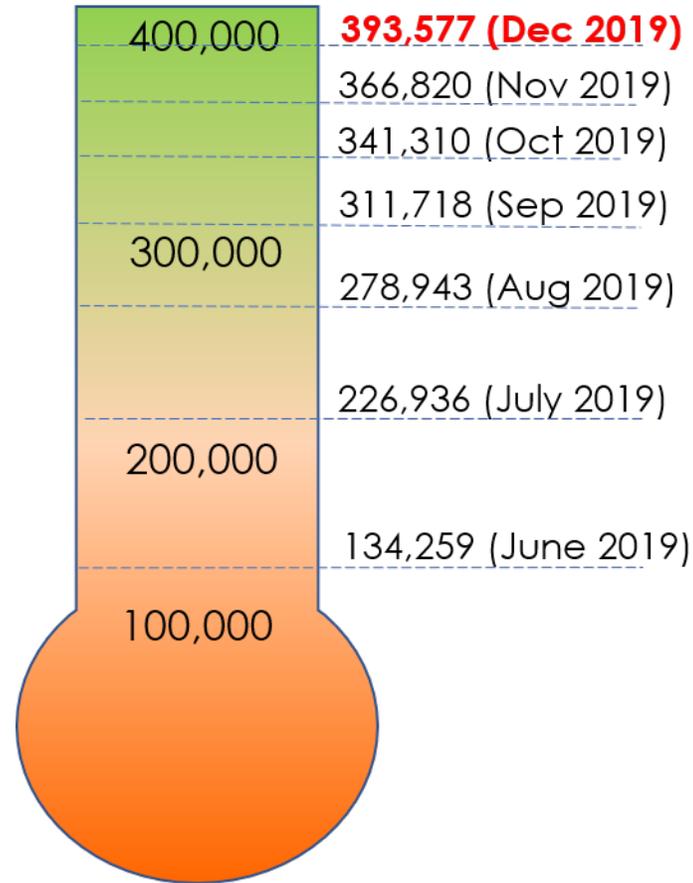
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December 31, 2019

CALFRESH EXPANSION REACH

Nearly 400,000 SSI Recipients Receiving CalFresh Food



SSI Recipients Estimated to be Eligible to Participate in CalFresh: 405,900 (CDSS Estimate)



June 1, 2019

OTHER NUTRITION PROGRAMS FOR OLDER CALIFORNIANS & PEOPLE WITH DISABILITIES

- Home Delivered Meals (California Department of Aging)
- Congregate Meals (California Department of Aging)
- Child & Adult Care Food Program (California Department of Education)
- Commodity Supplemental Food Program (California Department of Social Services)
- Senior Farmers Market Nutrition Program (California Department of Food & Agriculture)
- Medically Tailored Meals (Department of Health Care Services)

FOOD AND DIGNITY IN AGING CONVENING: NOVEMBER 2019



Interfaith Sustainable
Food Collaborative



CALIFORNIA
FOOD IS MEDICINE
COALITION



Project Open Hand
meals with love



JUSTICE IN AGING
FIGHTING SENIOR POVERTY THROUGH LAW

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Facilitated Questions and Polling

 ENGAGECA.org



ST. MARY'S CENTER, WEST OAKLAND



- St. Mary's Center offers a range of services to meet the needs of extremely low income housed and un-housed seniors
- Available services: case management, health care referrals, money management services, food support, community enrichment activities
- Fall prevention and medication safety education services provided on and offsite
- Additional services: winter emergency shelter and three transitional houses

LOCAL LEADER: ST. MARY'S CENTER





SMC runs a preschool, a winter emergency shelter and **41 transitional units across five sites**. SMC also plans to build **68 units** of affordable housing across the street from the main site.



LOCAL LEADER: ST. MARY'S CENTER



FROM DIRECT SERVICE TO SOCIAL JUSTICE

- **Advocate for senior safety net services;** housing, health care, food, and economic security
- Protect people's **civil rights by decriminalizing homelessness**
- Insist that real solutions must include the **experience and ideas of those most affected**
- **Educate** community members and legislators on the effects of poverty and help **dissolve stereotypes, influence policy and funding**
- Insist that real solutions must include the experience and ideas of those most affected. **Report on "Pushed to the Bottom"**



LOCAL LEADER: ST. MARY'S CENTER





ST. MARY'S CENTER

Everybody needs a place

Madlynn Johnson

Council of Elder Member and
Senior Advocate for Hope and Justice
St. Mary's Center, West Oakland, CA



PERSONAL STORY: ST. MARY'S CENTER



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CALIFORNIA HOMELESS COORDINATING AND FINANCING COUNCIL

HOMELESSNESS AND AGING

California Homeless Coordinating and Financing Council
Business, Consumer Services and Housing Agency
Ali Sutton, Deputy Secretary for Homelessness



STATE PARTNER



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HOMELESSNESS IN CALIFORNIA

- On a given night in January 2019, **151,278 Californians** were identified as homeless
- California represents **12%** of the nation's population, but **27%** of its homeless population
- African-Americans are disproportionately homeless in California — roughly **30%** of the state's unhoused population is black
- Our state experienced a **16% increase** in homelessness from 2018, and a **21% increase** in unsheltered homelessness

STATE PARTNER



GOVERNOR NEWSOM'S ACTIONS ON HOMELESSNESS

- Executive Order N-23-20
- New Council of Regional Homeless Advisors
- New State leadership roles
- New investments



STATE PARTNER



GOVERNOR NEWSOM'S EFFORTS ON HOMELESSNESS



- Last year's budget: \$1 billion in funding to fight homelessness, including \$650 million in emergency homeless aid
- This year's proposed budget: \$1 billion in funding, including \$750 million in a new California Access to Housing and Services Fund

State Partner





Growing Resources for Older Californians



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STATE HOMELESS RESOURCES FOR OLDER CALIFORNIANS & PEOPLE WITH DISABILITIES

- Homeless Emergency Aid Program
- Homeless Housing, Assistance and Prevention Program
- Housing and Disability Advocacy Program
- Home Safe Program
- Stay tuned... California Access to Housing and Services Fund possibilities!

STATE PARTNER



Facilitated Questions and Polling

 ENGAGECA.org



HOMELESSNESS IN OLDER ADULTS: CAUSES, CONSEQUENCES

Margot Kushel, MD

Professor of Medicine, UCSF

Director, UCSF Center for Vulnerable Populations at ZSFG

Director, UCSF Benioff Homelessness and Housing Initiative



@mkushel

LOCAL LEADER: UCSF



THE HOMELESS POPULATION IS AGING

Proportion of single homeless adults ≥ 50 in San Francisco

- 1990: 11%
- 2003: 37%
- Today: approximately 50%
- Median age increased 0.66 years for every calendar year between 1990-2003

JGIM Journal of General Internal Medicine

[Explore this journal >](#)

BRIEF REPORT: The Aging of the Homeless Population: Fourteen-Year Trends in San Francisco

Judith A. Hahn PhD, Margot B. Kushel MD,

David R. Bangsberg MD, MPH, Elise Riley PhD, Andrew R. Moss

S.F.'S HOMELESS AGING ON THE STREET / Chronic health problems on the rise as median age nears 50

By Kevin Fagan | August 4, 2006



LOCAL LEADER: UCSF



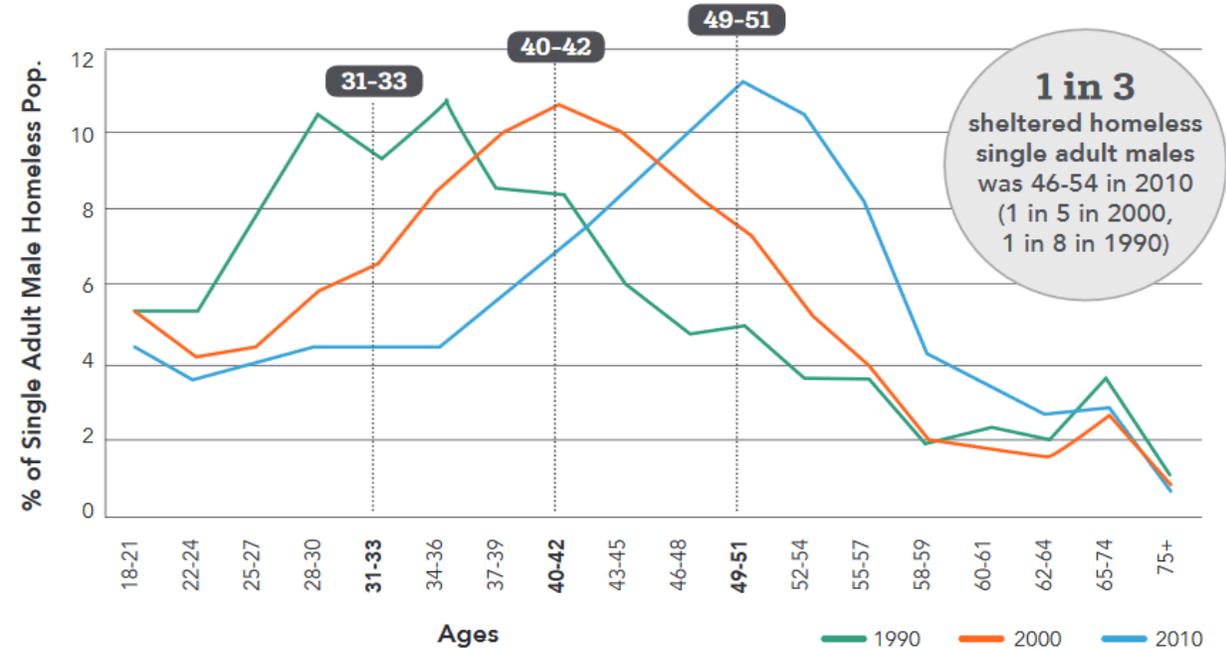
GENERATIONAL EFFECT

Americans born in the second half of the baby boom (1955-1965) have had elevated risk of homelessness throughout their lifetime

Source: [“The Emerging Crisis of Aged Homelessness”](#) Culhane, Treglia, Byrne, Metraux, Kuhn, Doran, Johns, & Schretzman (2019)

Figure 1: Age Distribution of Adult Male Shelter Users in the United States

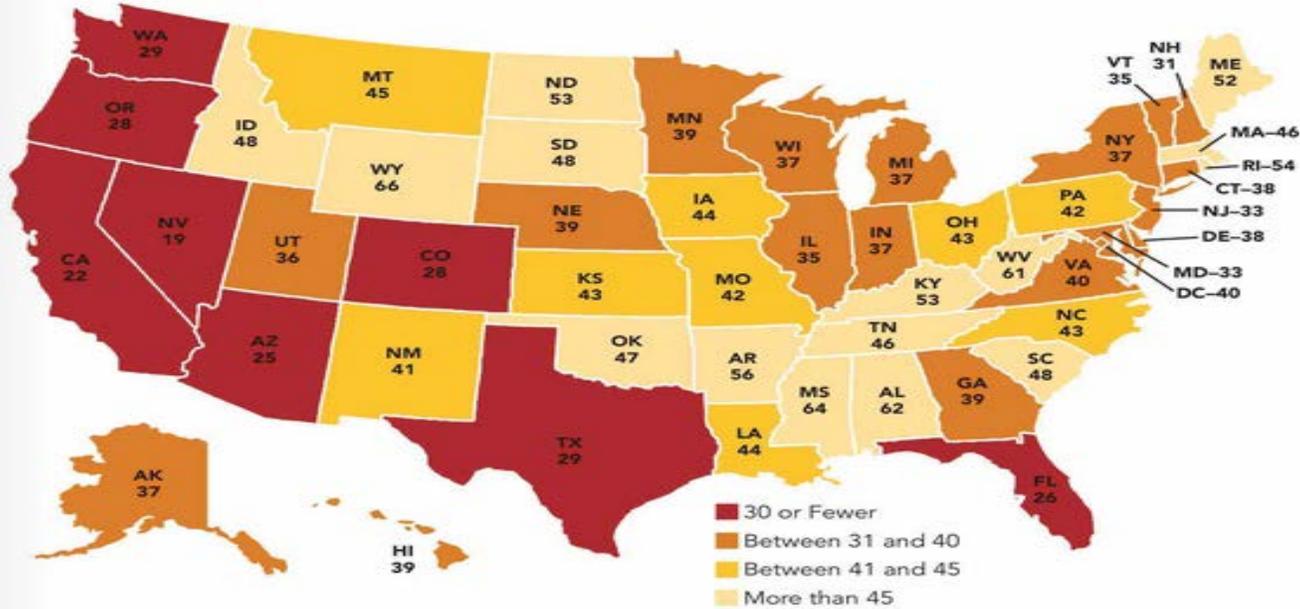
Source: Culhane et al. (2013)/ U.S. Census Bureau Decennial Census Special Tabulation



LOCAL LEADER: UCSF



FIGURE 7: RENTAL HOMES AFFORDABLE AND AVAILABLE PER 100 EXTREMELY LOW INCOME RENTER HOUSEHOLDS BY STATE



Note: Extremely low income (ELI) renter households have incomes at or below the poverty level or 30% of the area median income. Source: NLIHC tabulations of 2017 ACS PUMS Data.

California Has 22 Affordable/ Available Housing Units For Every 100 Extremely Low-income Households

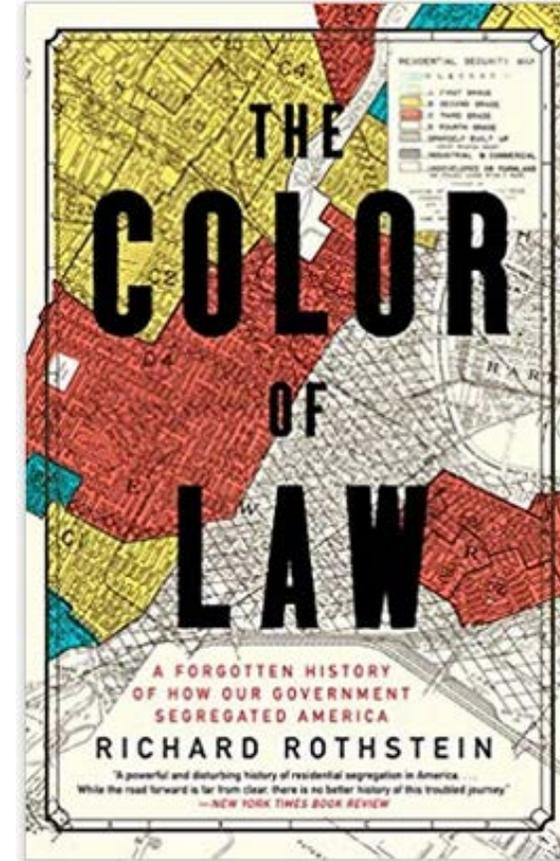
[The Gap: A Shortage of Affordable Homes NLIHC March 2019](#)

LOCAL LEADER: UCSF



HOMELESSNESS IS A RACIAL JUSTICE ISSUE

- Housing primary means of wealth-building
- Discrimination in home ownership
 - Segregated neighborhoods
 - Redlining—restricted access to mortgages in segregated neighborhoods
 - Predatory lending
- Discrimination in rental market
- Criminal justice, employment and educational discrimination
- Black Americans at 3-4 fold increased risk of homelessness



LOCAL LEADER: UCSF



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HOPE HOME STUDY

Health Outcomes of People Experiencing Homelessness in Older Middle age

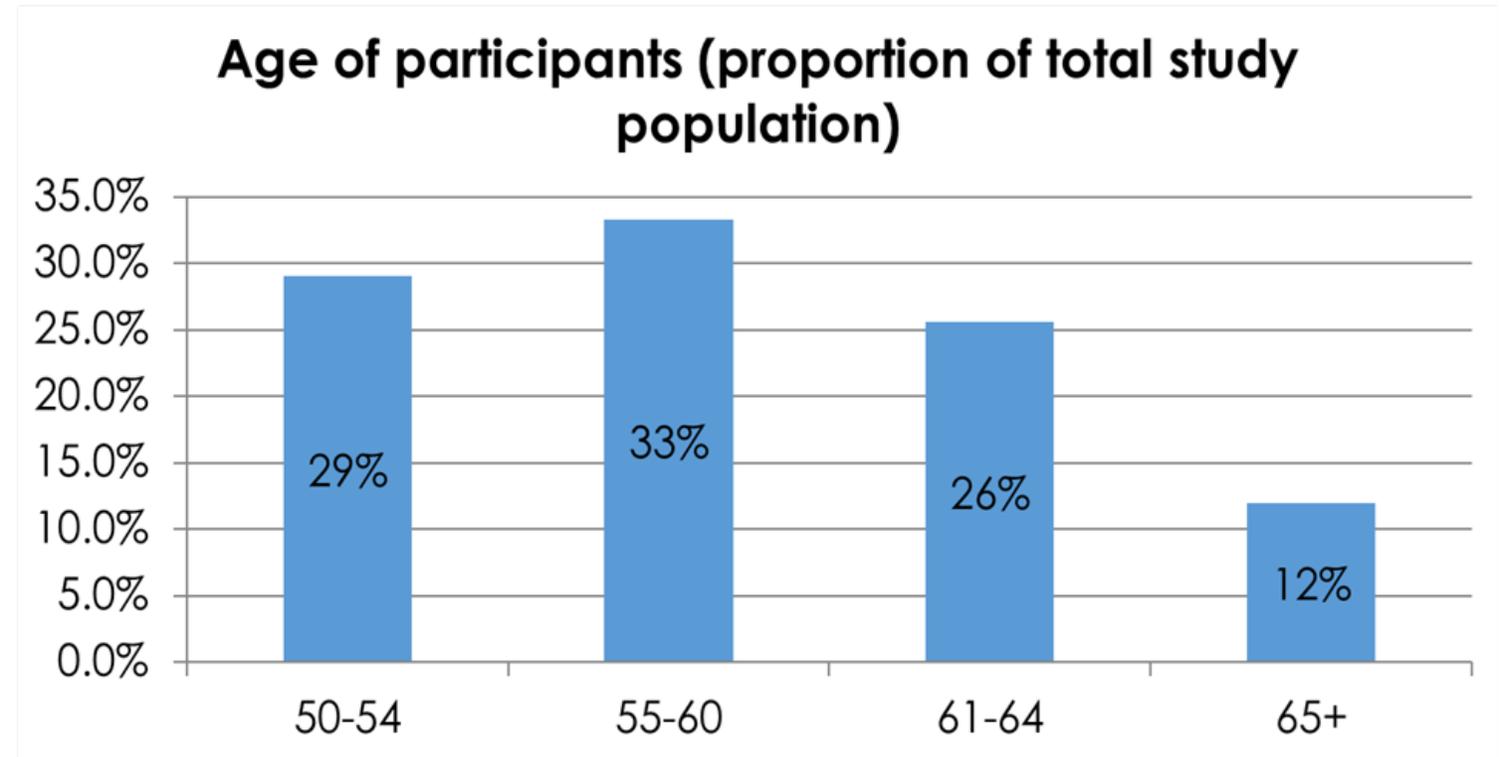
- Funded by National Institute on Aging (NIA)
- Longitudinal cohort study in Oakland, CA
- 350 participants enrolled July 2013 to June 2014, following participants every six months
- Additional 100 participants 2017-2018
- Participants 50 and older; homeless; English speaking

LOCAL LEADER: UCSF



HOPE HOME STUDY

Two thirds are 60 and under, but 12% are older than 65 years at study entry: Median age 57



LOCAL LEADER: UCSF



HOPE HOME STUDY

Years since last stable housing	Percent
<6 months	18
6 mo to <1 yr	15
1 yr to <5 yrs	39
5 yrs to <10 yrs	14
10+ years	15

Almost a third of the sample lost stable housing* in the past year

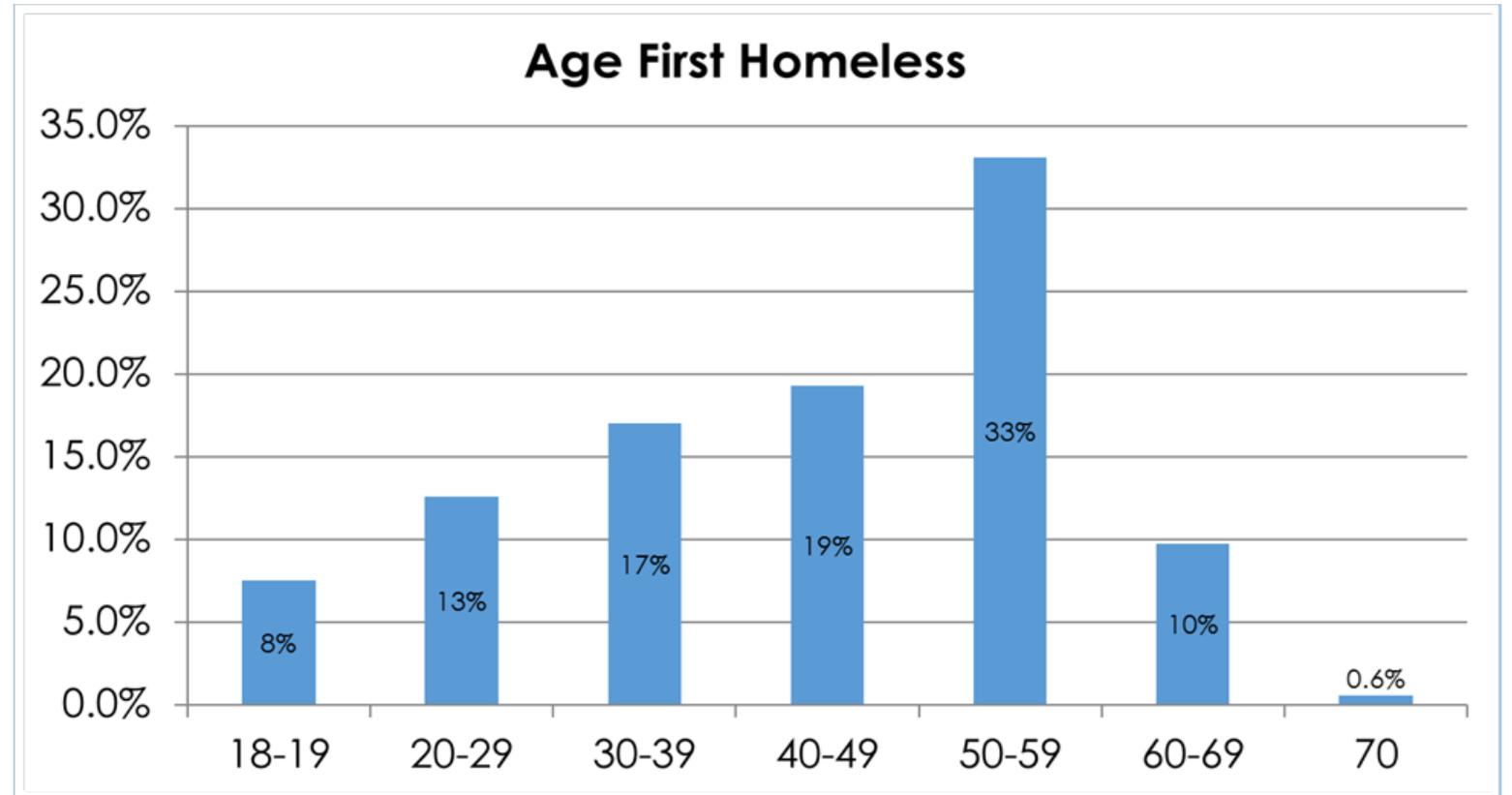
*Defined as non-institutional place that you lived for a year or more

LOCAL LEADER: UCSF



HOPE HOME STUDY

44% with first episode of homelessness after age 50



LOCAL LEADER: UCSF



HOPE HOME STUDY

Those with early homelessness (<50)

- More adverse life experiences
- Low income attainment in early adulthood
- No spouse partner
- Mental health problems
- Traumatic brain injury
- Imprisonment
- Alcohol use problem

Source: Brown RT, Goodman L, Guzman D, Tieu L, Ponath C, Kushel MB. Pathways to Homelessness among Older Homeless Adults: Results from the HOPE HOME Study. PLoS One. 2016 May 10;11(5)

LOCAL LEADER: UCSF



HOPE HOME STUDY QUOTES

- “ (My father said): ‘Next time you, if you runaway, I’ll beat you with a car chain or I’m going to throw you out the window.’ ”
- “ Okay, so I, I was, I wouldn’t use the word ‘reasonable’ but I put things in perspective real quick and I would say, ‘Could I survive a car chain? Probably not.’ ”
- “ Then I looked out the window and said, and we lived on the 13th floor, I said, ‘I ain’t playing with this man.’ He went to work, I had whatever I had on me, I was out the door.”

LOCAL LEADER: UCSF



LATE ONSET HOMELESSNESS

- Low wage work throughout life
- Crises:
 - Job loss
 - Marital breakdown
 - Illness (participant, spouse)
 - Death (spouse, parent)

LOCAL LEADER: UCSF



Participant Quote:

"...When they bought the company out they cut our hours back and they would bring in temp workers and they would give them all the hours and they weren't giving us our hours, which caused me to lose my place I was staying in because I couldn't afford to pay the rent, because, you know, from, you're going from almost 80-100 (hours) a week down to 20 hours a week, it's kind of hard to pay bills."

LOCAL LEADER: UCSF



HOPE HOME STUDY

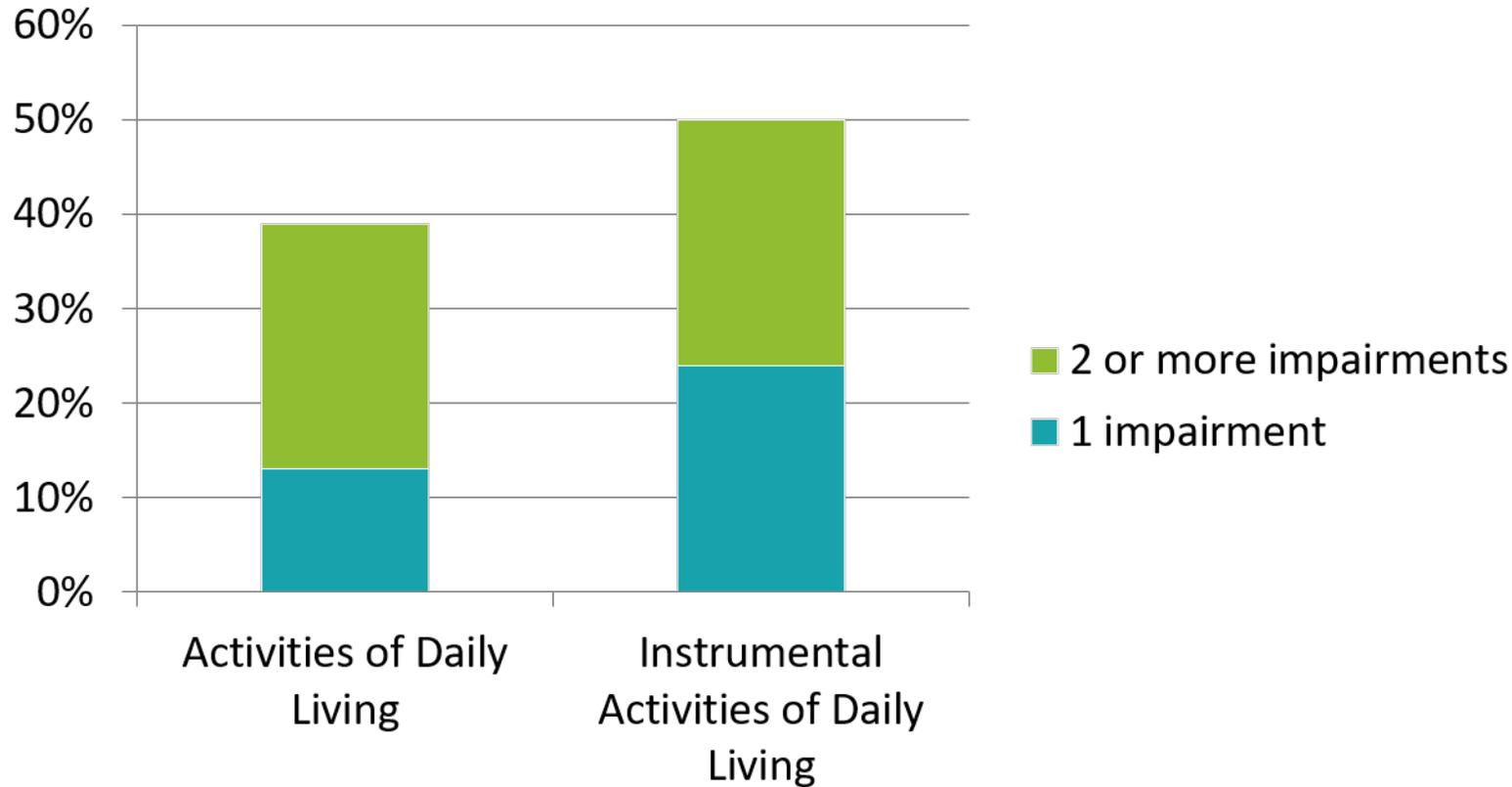
Poor Health in every measure:

56% report health as fair or poor

LOCAL LEADER: UCSF



HIGH PROPORTION WITH FUNCTIONAL IMPAIRMENTS



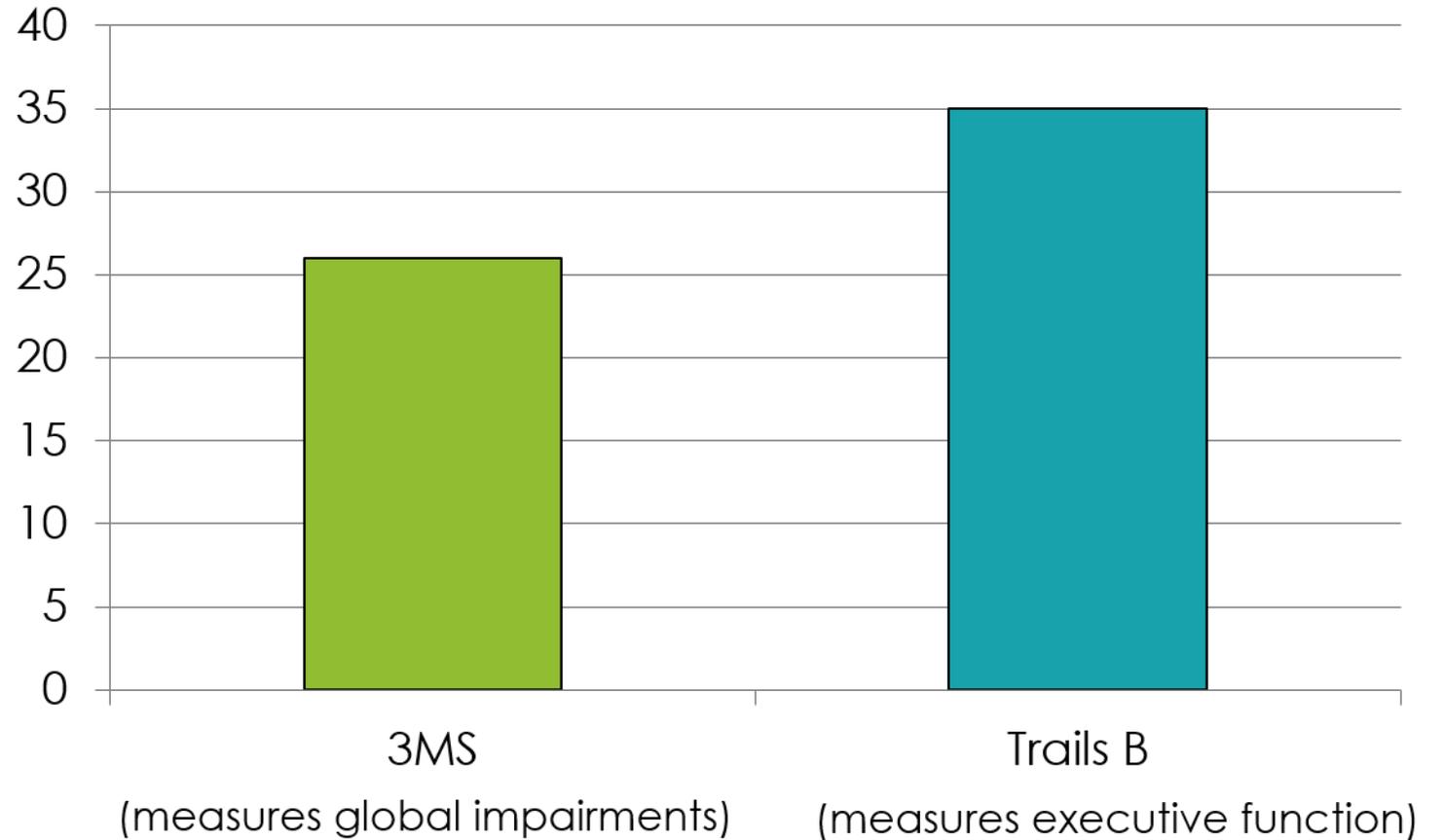
Source: Brown RT, Hemati K, Riley ED, Lee CT, Ponath C, Tieu L, Guzman D, Kushel MB. Geriatric Conditions in a Population-Based Sample of Older Homeless Adults. *Gerontologist*. 2016 Feb 26. pii: gnw011. PubMed PMID: 26920935

LOCAL LEADER: UCSF



HIGH PREVALENCE OF COGNITIVE IMPAIRMENT

Source: Hurstak E, Johnson JK, Tieu L, Guzman D, Ponath C, Lee CT, Jamora CW, Kushel M. Factors associated with cognitive impairment in a cohort of older homeless adults: Results from the HOPE HOME study. *Drug Alcohol Depend.* 2017 Sep 1;178:562-570.



LOCAL LEADER: UCSF



HIGH PREVALENCE OF ALL GERIATRIC CONDITIONS

- Mobility impairment: 27%
- One or more falls (6 months): 34%
- Visual impairment: 45%
- Hearing impairment: 36%
- Urinary incontinence: 48%

Source: Brown RT, Hemati K, Riley ED, Lee CT, Ponath C, Tieu L, Guzman D, Kushel MB. Geriatric Conditions in a Population-Based Sample of Older Homeless Adults. *Gerontologist*. 2016 Feb 26. pii: gnw011. [Epub ahead of print] PubMed PMID: 26920935.

LOCAL LEADER: UCSF



OVERALL POOR FUNCTIONAL STATUS:

“50 is the new 75”

- Median age of sample: 57 years
- Prevalence of geriatric conditions worse than those in general population samples in their 70s and 80s

LOCAL LEADER: UCSF



ALCOHOL AND DRUG USE PROBLEMS COMMON

- 65% with moderate or greater severity of drug use symptoms
 - Cocaine (43%), cannabis (39%), and opioids (13%) moderate or severe use symptoms
- 26% moderate or greater severity alcohol use symptoms
 - 15% severe symptoms

LOCAL LEADER: UCSF

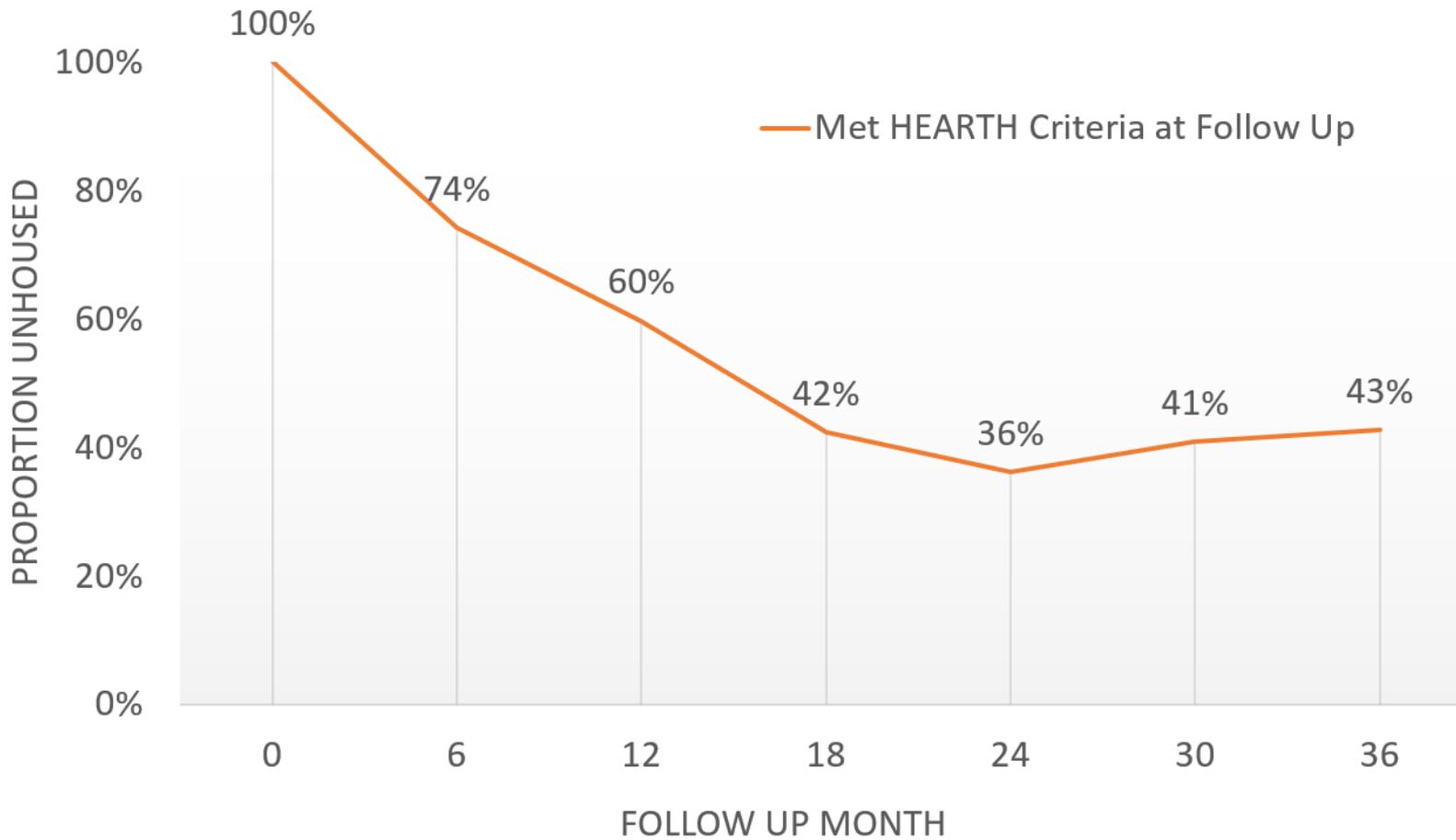


HIGH MORTALITY RATE AND INSTITUTIONAL CARE

- **51** confirmed deaths out of 350 participants in HOPE HOME since cohort began (July 2013-June 2014)
- **8** additional deaths among 100 recruited last year
- Those first homeless >50 2x as likely to have died as those with earlier onset homelessness
- **>40** confirmed nursing home stays

LOCAL LEADER: UCSF





**MAJORITY
OBTAIN
HOUSING BY
18 MONTH
FOLLOW-UP**

LOCAL LEADER: UCSF



EFFECTIVE SOLUTIONS

- HOUSING is the answer
- ELI housing
- ELI Housing + supports (PSH) for those with behavioral disabilities
- HOUSING FIRST
- House people as quickly as possible
- Divert people from imminent homelessness as quickly as possible

LOCAL LEADER: UCSF



PREVENTION

- Not enough effort on preventing homelessness
- Prevention efforts need to be both EFFICIENT and EFFECTIVE
- Some increased action on eviction protection
- Individuals without a lease are at highest risk
 - HOME BASE in NY
- HOME SAFE
 - Targeting prevention funds for APS involved older adults in CA
- Most benefit is to target those at highest risk!

LOCAL LEADER: UCSF



RAPID RE-HOUSING: KAISER BACS SENIOR HOUSING PROGRAM

- Kaiser Permanente and Bay Area Community Service Partnership
- “Flexible engagement”
- Rapid rehousing to **515** homeless individuals **50+**
 - Time limited subsidy and services
 - If people not stabilized, move into permanent supportive housing
- Variety of models
 - Shared housing, subsidies for families, apartment
 - Converting approximately **15%** to PSH

LOCAL LEADER: UCSF



PERMANENT SUPPORTIVE HOUSING

- Permanent supportive housing for those with chronic homelessness/disabling conditions
 - Subsidized housing
 - Linked supportive services that are voluntary
 - **Housing First** model – start with the housing
 - Shown to be highly effective at keeping people housed
 - Need to adapt for needs of older adults

LOCAL LEADER: UCSF



CHALLENGES: AGING POPULATION

- Loss of residential care facilities throughout California
 - Use of assisted living waiver important
- PSH faced with providing services for aging population
 - Provision of personal care
 - Homebridge
 - PACE programs aligned with PSH
 - Advance Care Planning
 - Dementia Care

LOCAL LEADER: UCSF



FINAL THOUGHTS

- Homelessness reaching crisis proportions
- Older adults one of fastest rising groups
- Aging population increases urgency
- Suffering is immense
- Use of healthcare system can be chaotic
- While mental health and substance use disorders are common, underlying causes are structural
- Must adjust systems to respond to needs of aging population
- Solutions will not be easy, but are doable
- Must match solution to the problem

LOCAL LEADER: UCSF



Facilitated Questions and Polling

 ENGAGECA.org



THE ROLE OF THE STAKEHOLDER ADVISORY COMMITTEE

- Two of 34 stakeholder members of *varying experience and expertise*
 - As a committee, the “SAC” will inform and advise the California Health and Human Services Agency and the Cabinet-level Workgroup on Aging in the development of the Master Plan
- Reviewing Public Comments & Recommendations (submitted by email by Dec. 13, 2019)
 - Homelessness & Poverty ($n = 40$; 6% of all public comments)
 - Housing ($n = 136$, 20.3% of all public comments)
- Research & LTSS Subcommittee
- Equity Work Group
- Reporting back to the full Stakeholder Advisory Committee

STAKEHOLDER ADVISORY
COMMITTEE MEMBER



Master Plan for Aging Stakeholder Advisory Committee Member

Janny Castillo

St. Mary's Center

Seniors for Hope & Justice Program Coordinator

STAKEHOLDER ADVISORY
COMMITTEE MEMBER





RECOMMENDATIONS

Prevention

1. Expand rent and eviction prevention assistance programs
2. Strengthen rent control policies protecting low income renters against gentrification and unfair eviction
3. Roll back the entry age to 50 for senior housing units
4. Create a state “subsidize in place” program

STAKEHOLDER ADVISORY
COMMITTEE MEMBER



RECOMMENDATIONS

Alleviation

5. Make shelters and interim units senior friendly
6. Informal organized settlements (e.g., encampments) land, water, hygiene, and waste management as well as health and human services
7. Expand the number of shelter and interim units with programs that exit into true permanent affordable housing



STAKEHOLDER ADVISORY
COMMITTEE MEMBER



RECOMMENDATIONS

Permanence



8. Increase the number of subsidized supportive housing units
9. Increase the number of assisted living and board and care units: homeless seniors with disabilities
10. Create a state subsidy program for homeless disabled seniors getting them inside quicker – models: VASH, Shelter Plus Care

STAKEHOLDER ADVISORY
COMMITTEE MEMBER



Master Plan for Aging Stakeholder Advisory Committee Member

Kevin Prindiville

**Justice in Aging
Executive Director**

STAKEHOLDER ADVISORY
COMMITTEE MEMBER



RECOMMENDATIONS

Economic & Food Security

11. Increase the SSP grant to an amount that reflects the real costs of living according to the California Elder Index; make the cost of living adjustment for SSP mandatory and calculate it based on the full SSI/SSP grant
12. Maximize Cal Fresh enrollment and invest in senior nutrition programs



STAKEHOLDER ADVISORY
COMMITTEE MEMBER



Facilitated Questions and Polling

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WEBINAR WEDNESDAYS

9:30am – 11:00am

- 2/19 Emergency & Disaster Preparedness & Response
- 2/26 Isolation, Inclusion, & Respect
- 3/04 Preventing & Responding to Abuse, Neglect, & Exploitation
- 3/11 Parks & Community Spaces
- 3/18 Civic & Social Engagement



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Thank you!

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on Webinar Wednesdays and the Master Plan for Aging

