



**Master Plan for Aging  
Webinar Wednesday  
Parks and Community Spaces  
March 11, 2020  
*Captioners Transcript***

**>> KIM MCCOY-WADE: GOOD MORNING. AND WELCOME BACK TO WEBINAR WEDNESDAYS WITH THE MASTER PLAN FOR AGING. I'M DIRECTOR AT THE CALIFORNIA DEPARTMENT OF AGING AND WE'RE THRILLED TO HAVE YOU BACK. TODAY'S TOPIC, PARKS AND OUTDOOR SPACES. AS YOU KNOW, WE ARE HERE EVERY WEDNESDAY, JANUARY THROUGH APRIL 22, TACKLING PRIORITY FOR AGING AND DISABILITY. YOU CAN ALWAYS FIND THE INFORMATION AT ENGAGED.CA.ORG, NO NEED TO REGISTER. THE POINT IS TO HAVE A DIALOGUE AND LIVE POLLING WITH EXPERTS AND PUBLIC. AND ALL MATERIALS ARE POSTED AFTERWARDS AND EVEN ADDED TO. IF YOU MISS IT, YOU CAN CIRCLE BACK. HOPEFULLY, YOU ARE STARTING TO SEE NOW OUR VERY FIRST POLLS BECAUSE WE LIKE TO KNOW WHO IS HERE AND YOUR PERSPECTIVE. WE'LL PRACTICE NOW WITH THE POLLS AND REPORT BACK IN JUST A SECOND.**

**BEFORE WE JUMP INTO THE NORMAL BUSINESS, WE WANT TO ACKNOWLEDGE THAT WE ARE IN EXTRAORDINARY TIMES WITH THE CORONAVIRUS SPREADING ACROSS THE STATE. AND WE KNOW MANY OF YOU ARE RECEIVING EXCELLENT INFORMATION FROM THE STATE DEPARTMENT OF HEALTH AND YOUR OWN DEPARTMENT OF HEALTH. WE WANTED TO LIFT UP THAT NEW GUIDANCE CAME OUT ON MONDAY FOR PEOPLE WHO AT HIGHER RISK FOR SERIOUS ILLNESS, OLDER ADULTS AND PEOPLE WITH UNDERLYING HEALTH CONDITIONS. JUST A REMINDER, MANY OF YOU HAVE SEEN ABOUT**

**HAND WASHING AND CONTACT AND ALSO THE STAYING AT HOME, AVOIDING CRUISES, TRAVEL, LARGE MEETINGS. EXACT ITEMS WILL VARY DEPENDING ON LOCAL PUBLIC HEALTH. BUT WANT TO MAKE SURE THAT EVERYBODY HAS ACCESS TO THE NEW STATE GUIDANCE FOR HIGHER RISK POPULATIONS. IF YOU HAVE QUESTIONS, CONTACT US AND WE'LL HELP YOU. WE'RE GRATEFUL THAT WE CAN CONNECT THROUGH WEBINAR TECHNOLOGY AND HAVE THIS CONVERSATION TODAY. STAY SAFE AND HEALTHY AND KEEP THE WORK MOVING. IN THAT SPIRIT, JUST A PREVIEW OF WEBINARS. NEXT WEEK, CIVIC AND SOCIAL ENGAGEMENT, WHICH WILL CONTINUE THE CONVERSATION ABOUT ENGAGEMENT IN THE COMMUNITIES IN ALL KINDS OF WAYS. GREAT TO HAVE THIS LINE UP. AND MORE TO COME ON EVERYTHING FROM GERIATRIC MEDICINE, SERIOUS ILLNESS, RETIRE SECURITY AND WE'LL FINISH OFF WITH LEADERSHIP. KEY TO THE SUCCESS OF ALL OF THIS WORK.**

**I'M THRILLED TODAY THAT WE'RE JOINED BY A TREMENDOUS LINEUP OF FOLKS, ALL WHO ARE PART OF CORONAVIRUS EFFORTS WITH THEIR OWN ORGANIZATIONS. THANK YOU FOR MAKING TIME FOR US. WE HAVE PAM P, COORDINATOR OF AGING AND INDEPENDENT SERVICES, LIZ M, CHIEF DEPUTY DIRECTOR. JENNIFER AND NINA WEILER-HARWELL FROM AARP AND NINA ALSO A MEMBER OF THE STAKEHOLDER ADVISORY COMMITTEE. WE WILL HEAR FROM THEM SHORTLY. OUR GOVERNOR ISSUED AN EXECUTIVE ORDER CALLING FOR A MASTER PLAN IN PARTNERSHIP WITH CABINET LEVEL AGENCIES, INCLUDING STATE PARKS TO WORK ON A MASTER PLAN TOGETHER AS WELL AS A ADVISORY COMMITTEE WITH 34 FOLKS REPRESENTING A LEADERSHIP. THE MASTER PLAN WAS DONE NOT BECAUSE MORE OF US ARE AGING, BUT AGING IS CHANGING. THERE IS MORE DIVERSITY AMONG THE POPULATIONS. MORE OF US ARE LIVING ALONE AS WE AGE FOR A VARIETY OF REASONS AND AT RISK OF POVERTY. THERE IS AWARENESS OF STAGES OF AGING, HOW DIFFERENT LIFE CAN BE.**

**QUICK FACTS TO UNDERLINE THE APPROACH WE TAKE. YOU CAN SEE FROM OUR COLLEAGUE AT UCLA IN 2010, THE MAJORITY OF ELDERS ARE WHITE. WITH ONLY ABOUT 38.1% REPRESENTING ETHNIC AND RACIALLY**

**DIVERSE COMMUNITIES. BY 2060, OUR POPULATION WILL BE FROM RACIALLY AND ETHNICALLY DIVERSE POPULATIONS, PARTICULARLY AMONG THE LATINO POPULATION AS WELL AS ASIAN ELDERS.**

**ANOTHER STRIKING FACT ABOUT LIVING ALONE, MORE OF US ARE LIVING ALONE FOR A VARIETY OF REASONS, ALL KINDS OF REASONS. AND AGING NEEDS TO REFLECT THAT NEW REALITY, THE OPPORTUNITIES AND CHALLENGES IT CAN PRESENT. THIS IS A PARTICULAR ISSUE IN THE LGBTQ COMMUNITY, HIGHER PERCENTAGE ARE LIVING ALONE THAN STRAIGHT ELDERS.**

**ANOTHER INCREASING DYNAMIC IS INCOME, MAKING SURE OUR MONEY DOES NOT RUN OUT AS WE AGE, THAT WE HAVE ENOUGH TO LIVE A HEALTHY AND DIGNIFIED LIFE. THERE ARE POVERTY AND NEAR POVERTY IS HOW WE TALK ABOUT IT IN CALIFORNIA GIVEN THE HIGH COST THE LIVE AND HOUSING AND HEALTH. MANY OF THE ELDERS ARE POOR OR NEAR POOR, PARTICULARLY IN LATINO AND AFRICAN AMERICAN AND INDIAN COMMUNITIES. BUT SIGNIFICANT PROPORTIONS ALL COMMUNITIES AS WELL, WHICH HAS IMPLICATIONS FOR HEALTHY AGING AS WELL. LASTLY, THE PYRAMID POPULATION CHARTS THAT SHOW THAT CALIFORNIA, THE CHARTS BEGIN BY SHOWING HOW MANY PEOPLE ARE ZERO AT THE BOTTOM AND GO ALL THE WAY UP TO AGE 100. YOU SEE IN 1989, IT WAS THAT PYRAMID SHAPE WITH MORE YOUNG PEOPLE AND A BULGE AROUND 20 OR 30 WHEN CALIFORNIA HAS SO MANY PEOPLE COMING TO STATE FOR MANY REASONS. BY 2019, YOU SEE IT STARTING TO TRANSITION TO A PYRAMID AND MORE OF US ARE REACHING 60 AND 70. AND LOOKING SIMILAR TO THE NUMBER OF YOUNG PEOPLE. AND THEN LOOKING NOT TOO FAR IN THE FUTURE, LOOK AT THE LINES AT 70, 80, 90, 100. MORE AND MORE OF US ARE HAVING DIFFERENT STAGES OF AGING AND THAT RAISES ISSUES. WHAT DOES MY LIFE LOOK LIKE THE SECOND 50 YEARS? GREAT QUESTIONS AND CHALLENGES FOR ALL AS WE THINKING ABOUT AGING.**

**I HOPE THIS MAKES IT CLEAR TO YOU THAT WE ALL NEED TO BE COUNTED. IT IS CENSUS TIME IF YOU HAVE NOT HEARD. EVERY 10 YEARS WE GET COUNTED. AND IT REALLY DETERMINED, THIS DATA WILL DRIVE SO MUCH PROGRAM AND PLANNING AND FUNDING. SO STARTING IN MID-MARCH, YOU SHOULD BE GETTING A POST CARD IN THE MAIL AND WE URGE YOU TO TAKE ACTIONS. IT WILL LOOK DIFFERENT THAN IT DID IN 2010. TALK TO THE OLDER ADULTS IN YOUR LIFE, PARTICULARLY THIS FORUM, OLDER ADULTS. AND MAKE SURE PEOPLE HAVE WHAT THEY NEED TO GET COUNTED. AND OUR FRIENDS HAVE LOTS OF RESOURCES MANY LANGUAGES TO HELP MAKE SURE THAT ALL OF US ARE COUNTED. LET US KNOW IF YOU NEED MORE THAN THAT, BUT LET'S BE COUNTED SO WE CAN BE PART OF OUR STATE'S FUTURE AND FUNDING FOR THE YEARS TO COME.**

**WITH THAT BACKGROUND, LET ME SHARE THE FRAMEWORK, WE DO HAVE A CALIFORNIA FOR ALL VISION AND THAT INCLUDES ACROSS THE LIFE SPAN, ALL AGES. WE ARE DRIVEN BY VALUES OF CHOICES AND VOICES FOR ALL OF US, INCLUDING OLDER CALIFORNIANS AND PEOPLE WITH DISABILITIES. EQUITY, VALUES DIVERSE COMMUNITIES, DIGNITY, INCLUSION AND ACCESSIBILITY. INNOVATION, NEW THINGS AS WELL AS EVIDENCE INFORMED PROVEN PRACTICES. AND ALSO, ALSO, STRONG PARTNERSHIPS.**

**OUR MISSION IS TO DELIVER A PERSON-CENTERED, DATA DRIVEN. IT INCLUDES THE STATE EXPLAIN A LOCAL BLUEPRINT. CALIFORNIA DEPENDS ON STATE AND LOCAL PARTNERSHIPS. AND WE HOPE THIS BLUEPRINT WILL BUILD ON WHAT MANY COMMUNITIES HAVE ALREADY DONE AND HELP US MOVE FORWARD TOGETHER. A DATA DASHBOARD TO PRIORITIZE AS WE MOVE. AND BEST PRACTICES RESOURCES TO SHARE SO WE CAN LEARN FROM EACH OTHER AS WE ALL MOVE FORWARD.**

**WE'RE FOCUSING WORK IN FOUR GOAL AREAS; SERVICES AND SUPPORTS. WE WILL ALL LIVE WHERE WE CHOOSE AS WE AGE AND HAVE THE HEALTH WE NEED TO DO SO. LIVABLE COMMUNITIES PURPOSE. WE WILL LIVE IN AND BE ENGAGED IN COMMUNITIES THAT ARE AGE, DEMENTIA AND**

**DISABILITY FRIENDLY. HEALTH AND WELL BEING, HAVE ACCESS TO SERVICES AND CARE THAT OPTIMIZE HEALTH AND QUALITY OF LIFE. AND EQUITY SECURITY AND SAFETY. WE WILL HAVE ECONOMIC SECURITY AND BE SAFE. WE LAUNCHED IN JUNE AND BEGAN IN AUGUST AND TOGETHER WE GAUGE PUBLIC CAMPAIGN. SPENT THE WINTER LISTENING AND THIS MONTH WE WILL RECEIVE OUR FIRST RECOMMENDATIONS ON LONG-TERM SERVICES AND SUPPORTS. IT SON THE AGENCY WEBSITE AND THE FINAL WILL BE COMING TO THE GOVERNOR BY THE END OF THE MONTH. NEXT WE'LL GET RECOMMENDATIONS ON THE OTHER TOPICS YOU JUST HEARD, INCLUDING LIVABLE COMMUNITIES. RIGHT ON TIME HERE THROUGH WEBINAR WEDNESDAY. AND AGAIN GOING TO THE STAKEHOLDER COMMITTEE AND CABINET WORK GROUP AND IT ALL COMES TOGETHER IN OCTOBER, WITH THE MASTER PLAN AS ISSUED BY THE GOVERNOR PER THE EXECUTIVE ORDER.**

**WITH THAT I WILL BEGIN TO PIVOT TO THE TOPIC. CDA HAS LONG HAD A CONNECTION TO PARKS WITH THE CALFRESH HEALTHY LIVING PROGRAM. WE'RE THRILLED THAT THE LOCAL AGENCIES COORDINATE ACTIVITIES THAT SUPPORT A HEALTHY LIFESTYLE, WHICH INCLUDES LOTS OF EXERCISE PROGRAMS, FITNESS, BALANCE, YOGA, TAI CHAI AND WALK K AND LIVING HEALTHY AND MAINTAINING A BALANCED DIET. THIS IS EVEN BROADER, IT IS CALFRESH ELIGIBLE, AGE 60 AND OLDER. AND THE CONNECTIONS BEGIN TO DEEPEN WHEN I'M OUT IN THE COMMUNITY. I'VE BEEN PRIVILEGED TO GO TO MANY ROUNDTABLES. WHEN I WAS IN SAN BERNARDINO, WE HEARD ABOUT A WONDERFUL PROGRAM, CYCLING WITHOUT AGE, WHERE VOLUNTEERS SIGN UP WITH BIKE RIDERS WITH THE ELDERLY ON AN ONGOING OR ONE TIME BASIS. THERE ARE CHAPTERS IN SEVERAL PLACES IN THE STATE, NORTH AND SOUTH AND MANY LA CHAPTERS WHERE BICYCLING MAINTAINS AN ACTIVITY ACROSS THE LIFE SPAN. WITH THAT INSPIRATION FROM PROGRAMS OLD AND NEW, WE WANT TO TAKE A SECOND AND SEE WHO IS HERE WITH US. THANK YOU FOR ANSWERING THE POLLS. AND TO SEE WHO IS HERE WITH US, ADAM FROM THE CDA TEAM TO SHARE.**

**>> ADAM: THANK YOU FOR EVERYONE FOR RESPONDING TO THE POLLS AS THEY WERE PRESENTED TO YOU. THE FIRST QUESTION, ARE YOU AN INTERESTED MEMBER OF THE PUBLIC OR EITHER EMPLOYED OR INVOLVED IN THE FIELD OF AGING OR PARKS AND RECREATION? 63% INDICATED THEY ARE EMPLOYED OR INVOLVED IN FIELDS OF AGING. 26% INDICATED THAT THEY ARE AN INTERESTING MEMBER OF THE PUBLIC. 11% INDICATED THEY ARE EMPLOYED OR INVOLVED IN RELATED FIELDS.**

**THE SECOND QUESTION THAT WE ASKED YOU, WHAT AGE GROUP DO YOU BELONG TO?**

**29% OF FOLKS INDICATED THAT THEY ARE 75 PLUS.**

**24% INDICATED THEY ARE BETWEEN 35 AND 44.**

**COMING IN WITH A TIE, EACH AT 12%, WE HAVE AGES 45 TO 54, 55 TO 64, AND 65 TO 74.**

**THE THIRD AND FINAL POLL WE ASKED YOU, WHERE DO YOU LIVE IN CALIFORNIA?**

**LOOKS LIKE 33% INDICATED THEY ARE FROM LOS ANGELES.**

**28% INDICATED FROM SAN FRANCISCO BAY AREA.**

**17% OF FOLKS INDICATED THEY ARE FROM THE SACRAMENTO REGION.**

**ALSO 17 INDICATED THEY ARE FROM SOUTHERN CALIFORNIA. THANK YOU SO MUCH FOR RESPONDING TO THE POLLS. AND PLEASE BE LOOKING FOR ADDITIONAL OPPORTUNITIES AS WE OPPORTUNITY THIS WEBINAR.**

**>> KIM MCCOY-WADE: A REMINDER TO THOSE CALLING IN, YOU CAN ALSO LOOK AT THE CHAT BOX AND SEE RESOURCES THAT ARE ADDED. WE**

**SHARED THE COVID AND CAL HEALTHY LIVING RESOURCES. OUR FIRST SPEAK,, PAM P AND THE LOVE THE TITLE OF YOUR PRESENTATION. PAM, TAKE IT AWAY.**

**>> PAM: THANK YOU SO MUCH. AND GOOD MORNING TO EVERYONE. I REALLY APPRECIATE THE OPPORTUNITY TO BE WITH YOU TODAY AND SHARE SOME OF OUR EFFORTS TO BUILD MORE AGE-FRIENDLY COMMUNITIES IN SAN DIEGO. INCLUDING ENHANCED ENGAGEMENTS OF OLDER ADULT AND PARKS. I WANTED TO START BY SHARING BRIEF BACK. I WORK FOR AGING INDEPENDENT SERVICES, WE ARE PART OF THE COUNTY OF SAN DIEGO HEALTH AND HUMAN SERVICES AND THE DESIGNATED AREA ON AGING FOR SAN DIEGO COUNTY. WE HAVE MANY DIFFERENT SERVICES AND PROGRAMS TO SERVE OLDER ADULTS AND PERSONS WITH DISABILITIES IN OUR VERY LARGE AND DIVERSE COUNTY. 3.3 MILLION RESIDENTS. 425,000 OF WHOM ARE OVER THE AGE OF 65. AND MANY DIFFERENT RACES, ETHNICITIES AND LANGUAGES SPOKEN.**

**IN OUR COUNTY WE HAVE AN OVER ARCHING VISION THAT IS KNOWN AS LIVE WELL SAN DIEGO. THIS IS A BROAD AND COLLECTIVE EFFORT OF GOVERNMENT, COMMUNITY PARTNERS, INDIVIDUALS TO BUILD HEALTHY SAFE AND DRIVING COMMUNITIES IN OUR REGION AND HAVE A VERY PROACTIVE FOCUS. AS PART OF THE VISION, THE COUNTY LEADERSHIP HAS MADE CRITICAL DECISIONS IN THE PAST SEVERAL YEARS THAT ARE PERTINENT TO THE DISCUSSION TODAY. FIRST OF ALL, OUR COUNTY HAS MADE A SIGNIFICANT INVESTMENT TO BRING THE DIFFERENT AGES OF OUR COUNTY TOGETHER. FOR EXAMPLE, FOUR INTERGENERATIONAL POSITIONS HAVE BEEN CREATED TO REPRESENT THE DIFFERENT REGIONS OF OUR COUNTY AS WELL AS THE CHILD WELFARE SERVICES DEPARTMENT TO JOIN FORCES WITH THE INTERGENERATIONAL COORDINATOR POSITION THAT I HEARD THAT IS WITHIN MY AGENCY. WE HAVE A TEAM OF INTERGENERATIONAL COORDINATORS TO ADDRESS CRITICAL ISSUES IN OUR COMMUNITIES USING THIS LENS.**

**SECONDLY, WE'VE EMBRACED TWO IMPORTANT GLOBAL INITIATIVES, THE AGE FRIENDLY AND THE DEMENTIA FRIENDLY COMMUNITY INITIATIVE. WE CALL THIS AGE WELL SAN DIEGO.**

**SO FOR AGE WELL, WE HAVE TWO LEADERS COMPRISED OF COUNTY STAFF AND COMMUNITY PARTNERS WORKING ON GOALS WITHIN FIVE SPECIFIC DOMAINS. MANY OF THE GOALS REFLECT THOSE OF THE CALIFORNIA MASTER PLAN FOR AGING, PARTICULARLY FOR THE SOCIAL ARE PARTICIPATION TEAM THAT I'M INVOLVED WITH. THE GOALS LINK DIRECTLY TO THE TOPIC OF TODAY, ENGAGING OLDER ADULTS PARKS AND OTHER OUTDOOR AND COMMUNITY SPACES.**

**FOR EXAMPLE, THE SOCIAL PARTICIPATION TEAM HAS A GOAL TO FACILITATE THE DEVELOPMENT OF SHARED SPACES FOR INTERGENERATIONAL ACTIVITY AND PARKS OBVIOUSLY ARE A PERFECT SITE FOR THIS. I WILL SHARE MORE EXAMPLES OF OUR WORK IN THIS AREA. SIMILARLY, ANOTHER SOCIAL PARTICIPATION TEAM GOAL IS TO IMPLEMENT RECREATIONAL AND EDUCATIONAL PROGRAMMING THAT IS SAFE, DEMENTIA FRIENDLY AND DIVERSE, ESPECIALLY TO ADDRESS THE CHALLENGES OF SOCIAL ISOLATION. THE VERY PROGRAMMING WE'RE WORKING TO EXPAND IN OUTDOOR SPACES SUCH AS PARKS.**

**THIRDLY, WE'VE ALSO ADOPTED A LARGER SCALE AGING ROAD MAP, WHICH IS A COMPREHENSIVE REGIONAL PLAN THAT WILL GUIDE THE DEVELOPMENT OF SERVICES FOR OLDER ADULTS IN OUR COUNTY. IT FOCUSES ON TEN AREAS SHOWN HERE ON THE SLIDE, WHICH INCLUDES THE FIVE AGE WELL DOMAINS. AND TOGETHER THEY ENCOMPASS A COMPLETE VISION FOR THE SAN DIEGO REGION. FROM THE PERSONAL IN HOME EXPERIENCE OF OLDER ADULTS AND CAREGIVERS TO THE COMMUNITY WIDE INFRASTRUCTURE OF HOUSING, PARKS AND PUBLIC SPACES.**

**IN MY ROLE AS INTERGENERATIONAL COORDINATOR, I REALLY HAVE THE OPPORTUNITY TO GET A GROUND LEVEL VIEW OF SOME OF THESE EFFORTS.**

**AND THIS INCLUDES REALLY EXCITING COLLABORATIONS WITH GREAT PARTNERS SUCH AS PARKS AND RECREATION DEPARTMENTS, LIBRARIES, SENIOR CENTERS AND YMCAS. I WOULD LIKE TO SHARE THE CONCRETE EXAMPLES OF HOW WE'RE WORKING TO ENGAGE OLDER ADULTS AT SITES LIKE THESE.**

**FIRST, I WANT TO TELL YOU ABOUT A GREAT PARTNERSHIP OUR HEALTH AND HUMAN SERVICES AGENCY HAS WITH THE DEPARTMENT OF PARKS AND RECREATION WITHIN THE COUNTY OF SAN DIEGO TO SUPPORT KINSHIP FAMILIES, SUCH AS GRANDPARENTS RAISING GRANDCHILDREN. THE NUMBER OF THESE FAMILY AS CROSS THE COUNTRY IS GROWING. THE PROPORTION HAS DOUBLED SINCE THE 70S. AND OUR COUNTY HAS MADE IT A PRIORITY TO PROVIDE SUPPORT TO THESE FAMILIES SO THEY CAN THRIVE. EVEN IN WHAT ARE OFTEN CHALLENGING AND TRAUMATIC CIRCUMSTANCES. AND WE'VE RECEIVED FEEDBACK FROM THESE FAMILIES THAT THEY WANT MORE OPPORTUNITIES TO JUST HAVE FUN TOGETHER. GRANDPARENTS JUST SAYING I WANT TO HAVE FUN WITH MY GRAND KIDS, BUT MONEY IS COMMONLY AN ISSUE AND THEY ARE OFTEN ON TIGHT BUDGETS. THE PARKS AND RECREATION PARTNERS WHO ARE EXPERT AT HELPING PEOPLE TAP INTO THE ENORMOUS RESEARCH-PROVEN BENEFITS OF THE OUTDOORS CAME UP WITH THE IDEA OF HOSTING A CAMP OUT, JUST FOR KINSHIP FAMILIES. AN EVENT WE DUBBED, GRAMPING. WE WERE ABLE TO GIVE THE FAMILIES AN EXPERIENCE TOGETHER AS A GROUP WITH FELLOW KINSHIP FAMILIES. THE FEES ARE WAIVED. SLEEPING BAGS AND TENTS ARE PROVIDED. FOOD AND ACTIVITIES ARE PLANNED OUT. HIKES. IT IS A CHANCE TO NOT ONLY STRENGTHEN FAMILY BONDS, BUT TO THE FAMILIES TO SEE THEY ARE NOT ALONE IN THEIR SITUATION AND CAN HOPEFULLY BUILD A NETWORK OF SUPPORT. WE'VE RECEIVED OVERWHELMING POSITIVE FEEDBACK. SOME OF THE FAMILIES HAVE NEVER HAD THE OPPORTUNITY TO CAMP TOGETHER BEFORE AND WE HOPE THEY WILL CONTINUE TO ENJOY THE OUTDOORS TOGETHER AS A FAMILY. ONE ATTENDEE NOTED WAS GREAT TO SPEND QUALITY FAMILY TIME TOGETHER WITHOUT ELECTRONICS. ONE DISABLED GRANDMOTHER SAID SHE WOULD NOT HAVE BEEN ABLE TO DO THIS ACTIVITY**

**ALONE. THE KINSHIP FAMILIES ARE EXPRESSING INTEREST IN OUTDOOR ACTIVITIES AND REQUEST THAT SUCH ACTIVITIES BE OFFERED. FOR ME IT HAS BEEN ONE OF THE HIGHLIGHTS OF MY PROFESSIONAL LIFE TO HELP PLAN AND PARTICIPATE IN THESE EVENTS.**

**WE KNOW THAT GRANDPARENTS RAISING GRANDCHILDREN HAVE HIGHER RATES OF DEPRESSION AND HEALTH CHALLENGES. WE COLLABORATED TO CREATE A KINSHIP CAREGIVER PAMPERING EVENT, WHICH IS HOSTED AT A COUNTY PARK SITE. THIS IS THE CHANCE FOR GRANDPARENTS TO ENGAGE IN SELF CARE ACTIVITIES LIKE YOGA AND ART THERAPY WHILE THE GRANDCHILDREN ENJOY KID FRIENDLY ACTIVITIES. BOTH OF THESE EVENTS ARE PLANNED ANNUALLY. AND WE'VE PARTNERED WITH OTHER COMMUNITIES, SUCH AS DAY HIKES. WE WORKED WITH ANOTHER PARTNER TO PROVIDE FREE PASSES TO ATTEND MUSEUMS IN THE CITY OF SAN DIEGO'S LARGE BALBOA PARK. WE'VE PARTNERED WITH OUR COUNTY PARKS AND RECREATION COMMUNITY CENTERS TO PROVIDE VOUCHERS TO KINSHIP FAMILIES, HELPING DEFRAY THE COST OF TAKING A CLASS OR PARTICIPATING IN DAY CAMP AT THE SITES. ALL OF THE EFFORTS ARE CENTERS AROUND HELPING TO BUILD TRAUMA AND BUILD FAMILY BONDS, ESPECIALLY THROUGH TIME IN THE OUTDOORS. THESE MODELS CAN BE FOLLOWED FOR OTHER ELDERS, AT RISK, PERSONS WITH DISABILITIES AND DEMENTIA AND CAREGIVERS. MOST COMMUNITIES HAVE GREEN SPACES, WHEREWITH A LITTLE HAPPEN AND PLANNING, THE INDIVIDUALS COULD ENJOY THE MANY BENEFITS OF BEING OUTDOORS.**

**IN ADDITION, LAST YEAR OUR COUNTY PARKS AND RECREATION DEPARTMENT APPROACHED BY AGENCY, SEEKING IDEAS ABOUT HOW THEY COULD MAKE A NEW PARK, THEY ARE DESIGNING MORE AGE FRIENDLY AND INTERGENERATIONALLY FOCUSED. AFTER CONSULT AND TAPPING INTO OTHER, WE CAME UP WITH A LIST OF SUGGESTIONS FOR OUR FRIENDS AT THE PARKS DEPARTMENT TO CONSIDER. EXAMPLES INCLUDE INTENTIONAL ACTIVITIES AND PROGRAMMING. THINGS LIKE YOGA, ART EXHIBITS, HEALTH FAIRS. STRUCTURES AND CAFE STYLE SEATING TO SUPPORT THE ACTIVITIES.**

**AND PERMANENT WEATHER PROOF STRUCTURES THAT ENCOURAGE MORE INFORMAL ENGAGEMENT. AND PRIORITIZED ATTENTION TO ACCESSIBILITY. WITH THE WALKING TRAILS, SEATING AREAS. JUST THIS PAST WEEK I SAW AN ARTICLE ABOUT THE COUNTY PARKS AND INCREASE DEPARTMENT'S COMMITMENT TO ENHANCE THE ACCESSIBILITY OF THE PARK SITES AND THEY HAVE ADDED FEATURES SUCH AS ADA COMPLIANT CABINS. AND GARDEN SITES. THESE ARE THINGS THAT ARE WONDERFUL TO SEE.**

**IS THERE GOOD LIGHT AND WALKWAYS? AREAS WITH PLENTY OF SHADE, NATURALLY FROM TREES, BUT ALSO THROUGH STRUCTURAL DESIGN. GAZEBOS AND COVERED SEATING AREAS. DO WALK AND BIKING ROUTES ENSURE SAFE ACCESS TO IT. TO GET THERE, DO YOU HAVE TO CROSS A BUSY STREET? IF SO, DOES HAVE ADEQUATE SIGNS CROSS WALKS. WE LOOK FORWARD TO COLLABORATING WITH OUR PARTNERS TO ENHANCE INCLUSIVITY.**

**ANOTHER WAY IS BY PROVIDING TECHNICAL SUPPORT, THOSE THAT WORK AT PARK SITES AND OTHER COMMUNITY SPACES, LIBRARIES, SENIOR CENTERS AND YMCAS. LIBRARIES ARE TRUSTED PLACES WHERE PEOPLE GATHER, BUT NOT INTENTIONAL INTERACTING TOGETHER. WE'RE WORKING TO CHANGE THAT. THERE IS A PROGRAM, TEAMS AND ELDER HELP COMPUTER CLASSES. TEENS HELPED ADULTS BECOME MORE COMPUTER LITERATE AND CAN HELP ADULTS BECOME MORE ENGAGED AND LESS ISOLATED. IF THEY LEARN HOW TO SKYPE WITH LOVED ONES. THE SAME BRANCH HOSTED AN INTERGENERATIONAL DANCE WHERE CHILDREN AND ELDERS LEARNED DANCES FROM DIFFERENT CULTURES TOGETHER. AND INTERGENERATIONAL GAMES TOGETHER AT SENIOR CENTERS AND LOCAL YMCA. THESE ARE HALF DAY EVENTS AND SUPER FUN, ELDER ADULTS ARE PAIRED WITH CHILDREN, USUALLY ELEMENTARY AGE. AND THEY TEACH ALL INVOLVED THAT YOU CAN BE HEALTHY AT ANY AGE AND BREAK DOWN STEREOTYPES AND BUILD EMPATHY BETWEEN THE PARTICIPANTS.**

**I WANTED TO MENTION THE BROADER EFFORTS TO HELP OLDER ADULTS AND HELP REDUCE SOCIAL ISOLATION. WE HAVE AN INTERGENERATIONAL PROGRAMS DIRECTOR THAT SHOWCASES MANY LOCAL GREAT OPPORTUNITIES. THIS CAN BE FOUND ALONG WITH OTHER HELPFUL INFORMATION ON THE INTERGENERATIONAL PAGES OF THE LIVE WELL SAN DIEGO WEBSITE. WE'VE CREATED TWO WAYS TO ENGAGE HANDOUTS. THESE IDENTIFY SOME OF THE MANY DIVERSE WAYS ELDERNS CAN PARTICIPATE IN THE COMMUNITY LIFE IN OUR COUNTY. FROM VOLUNTEERING TO TRAVEL TO BEING IN THE OUTDOORS, TO LIFE LONG LEARNING. ONE OF THE HANDOUTS IS FOCUSED ON WAYS IN WHICH OLDER ADULTS ARE MORE HOME BOUND WITH PHYSICAL AND COGNITIVE LIMITATIONS BE INVOLVED. THIS IS A PARTICULAR CHALLENGE FOR THIS POPULATION WE KNOW.**

**IN CLOSING, I WOULD LIKE TO SUM UP THE EFFORTS HERE IN ONE SENTENCE, IT IS REALLY ALL ABOUT BUILDING LIVABLE COMMUNITIES FOR ALL AGES ACROSS THE LIFE SPAN. AND MANY OF YOU LISTENING DO NOT HAVE THE GOOD UNFORTUNATE IN YOUR COMMUNITY TO HAVE A TEAM OF COORDINATORS HELPING TO PROPEL THIS WORK FORWARD AS YOU STRIVE TO ENGAGE OLDER ADULTS. MY ADVISE IS START WHENEVER YOU ARE AND BUILD FROM THERE. ONE OF OUR PARKS AND RECREATION COMMUNITY CENTER HAS BOTH A CHILDREN'S DAY CARE AND PROGRAM FOR OLDER ADULTS. SOMETIMES THEY HAVE THE OLDER ADULTS JOIN FOR LUNCH OR BRING AN ITEM TO SHARE WITH THE KIDS. TAKING WALKS TOGETHER. ANY EFFORTS LIKE THIS CAN BE LARGE OR SMALL SCALE, INVOLVING MANY PEOPLE OR FEW. IN THE END IT IS REALLY ABOUT FORGING RELATIONSHIPS AND BUILDING CONNECTIONS. AND WITH THAT, I WILL END AND JUST SAY AGAIN, THANK YOU SO MUCH FOR LISTENING AND FOR YOUR INTEREST.**

**>> KIM MCCOY-WADE: THANK YOU. THAT WAS ABSOLUTELY INSPIRING TO ALL OF US. AND I REALLY APPRECIATE YOUR DIRECTION TO START FROM WHERE YOU ARE AND IN FACT, WE HAVE SEVERAL COMMENTERS WHO ARE DOING JUST THAT. DEB SHARES THE CHURCH HAS MONTHLY ACTIVITIES. INTERGENERATIONAL ART CLASSES WHERE YOUNG AND OLD TOGETHER CAN**

**BEGIN THEIR ARTISTIC JOURNEY. AND MOUNTAINVIEW OFFERS INTERGENERATIONAL TRIPS TO LOCAL FARMS. THOSE ARE ALL GREAT EXAMPLES INVOLVING COMMUNITY RESOURCES AND GETTING STARTED WITH WHERE YOU ARE AND HOPEFULLY THAT VISION THAT WE GOT FROM SAN DIEGO, I CANNOT WAIT TO GO GRAMPING. THAT IS SO EXCITING.**

**>> PAM: THANK YOU. AND THANKS FOR ALL THE GREAT EXAMPLES OUT THERE. AND GARDENING PARTICULARLY IS A GREAT OUTDOOR ACTIVITY THAT LENDS ITSELF TO THE DIFFERENT GENERATIONS WORKING TOGETHER.**

**>> KIM MCCOY-WADE: MAKES GREAT SENSE. WE'RE GOING TO GO FROM SAN DIEGO AND COME UP HERE TO SACRAMENTO WITH OUR PARTNER AT THE CALIFORNIA DEPARTMENT OF PARKS AND RECREATION. WE'RE GOING TO HEAR FROM LIZ, THE CHIEF DEPUTY DIRECTOR ON STATE PARK'S ROLE AS A STATE PARTNER IN AGING. LIZ.**

**>> LIZ: THANK YOU SO MUCH AND THANK YOU FOR HAVING ME. I'M EXCITED TO SHARE WITH YOU SOME OF THE WAYS THAT CALIFORNIA STATE PARKS MANAGES PARKS AND OPEN SPACES IN CALIFORNIA. IN ORDER TO PROVIDE RECREATIONAL OPPORTUNITIES TO PEOPLE OF ALL AGES AND WITH ALL PHYSICAL ABILITIES SO WE CAN HAVE ACCESS TO THESE BEAUTIFUL SPACES IN CALIFORNIA AND ENJOY THE CULTURAL AND HISTORIC AND NATURAL RESOURCES FOUND IN STATE PARKS. AS MANY OF YOU KNOW, THE CALIFORNIA DEPARTMENT OF PARKS AND RECREATION, WE OPERATE OVER 280 PARK UNITS, OVER 340 MILES OF COASTLINE, 970 MILES OF LAKE AND RIVER FRONTAGE. OVER 15\* 15,000 CAMP SITES AND 4500 MILES OF TRAILS THROUGHOUT CALIFORNIA. WE PROVIDE OPPORTUNITIES FOR MORE THAN 75 MILLION VISITORS ANNUALLY.**

**WE DO THIS, WE PROVIDE RECREATIONAL OPPORTUNITIES THROUGHOUT THE STATE AND EVERY REGION OF CALIFORNIA. OUR ACCESS PROGRAMS THROUGH SOME OF THE PAST PROGRAMS. AND WE HAVE A COUPLE OF SPECIFIC PROGRAMS FOR SENIOR MEMBERS OF THE COMMUNITIES. WE**

**OFFER A GOLDEN BEAR PASS, WHICH IS INCOME ELIGIBLE PASS FOR SENIORS WHO MEET CERTAIN INCOME ELIGIBILITY. WE HAVE A PASS THAT GETS YOU INTO MOST PARKS IN THE STATE PARK SYSTEM AND IT IS A \$5 ANNUAL FEE. WE HAVE A SENIOR SPECIFIC PASS THAT IS NOT INCOME RESTRICTED. ANYBODY OVER 62 YEARS OF AGE IS ELIGIBLE TO RECEIVE WHAT IS CALLED THE LIMITED USE GOLDEN BEAR PASS. WHICH IS VALID JANUARY THROUGH DECEMBER DURING THE NON-PEAK SEASON. CAN BE RENEWED EVERY YEAR FOR A LOW \$20 FEE. WE HAVE THOSE PASS PROGRAMS SPECIFICALLY FOR MEMBERS OF OUR SENIOR COMMUNITIES.**

**ANOTHER PROGRAM THAT WE HAVE THAT IS VITAL IS THE VOLUNTEER PROGRAM. THE FIRST VOLUNTEERS IN THE CALIFORNIA STATE PARK SYSTEM SERVED OVER 100 YEARS AGO. AND IT WAS IN THE MOST TREASURED PLACES.**

**TODAY OUR VOLUNTEER PROGRAM HAS MORE THAN 42,000 VOLUNTEERS WHO DONATE OVER 1 MILLION HOURS OF SERVICE, WHICH CALCULATED TO A FINANCIAL BENEFIT OF ROUGHLY 33 MILLION DOLLARS.**

**(AUDIO IS NOT GOOD)**

**A MAJORITY OF OUR VOLUNTEERS ARE SENIORS. AND THEY**

**>> KIM MCCOY-WADE: LIZ, I'M GOING TO PAUSE YOU FOR A SECOND, YOUR AUDIO HAS GOTTEN REALLY TOUGH TO HEAR. THAT IS BETTER ALL OF A SUDDEN.**

**>> LIZ: OKAY.**

**>> KIM MCCOY-WADE: LET'S TRY IT AGAIN.**

**>> LIZ: SO I WILL START WITH THE VOLUNTEER NUMBERS. WE HAVE OVER 44 THOUSAND VOLUNTEERS AND WHILE WE DON'T TRACK THEM BY AGE,**

**WE KNOW ANECDOTALLY, THE MAJORITY OF SENIORS. THEY DONATE OVER 1 MILLION HOURS ANNUALLY TO THE STATE PARK SYSTEM, WHICH HAS BEEN ESTIMATED VALUE OF 33.9 MILLION DOLLARS. WE HAVE MOST OF OUR VOLUNTEERS WORK AS INTERPRETIVE DOCENTS, CAMP HOSTS AND VISITOR CONTACTS AT KIOSKS AND THEY HELP WITH MAINTENANCE AT THE PARKS. THEY REALLY ARE THAT PARK FACING INTERACTING WITH CHILDREN AND SCHOOL GROUPS AND TELLING THE STORIES OF THE STATE PARK INTERPRETIVE PROGRAM. WE HAVE OVER 89 COOPERATING ASSOCIATIONS THAT WORK WITH THE PARKS THROUGHOUT THE STATE. AND THEY HAVE OVER 34,000 BOARD MEMBERS DEDICATED TO ENHANCING EDUCATION AT AND INTERPRETIVE PROGRAMS IN THE PARKS. OFTEN THESE ARE SENIOR VOLUNTEERS WHO ARE PROVIDING THE PROGRAMS TO SUPPORT THE STATE PARK SYSTEM OUT OF THE KINDNESS OF THEIR HEART.**

**THESE DOCENTS EDUCATE AND HELP WITH THE STUDENTS. WE ARE TRULY DEPENDENT ON THE VOLUNTEER PROGRAM AND WE'RE EXCITED THAT WE HAVE SO MANY WILLING TO COME AND HELP THE STATE PARK SYSTEM BRING THE PROGRAMS TO THE PUBLIC.**

**SO ONE OF THE CORE VALUES AT STATE PARKS AND DIVERSITY AND ACCESSIBILITY. AND WE HAVE ADOPTED A PARKS FOR ALL SLOGAN THROUGH THE GOVERNOR'S BUDGET THIS YEAR WITH CALIFORNIA FOR ALL. WE'RE ALSO -- WE HAVE A PARKS FOR ALL MESSAGE. AND THAT INCLUDES ACCESSIBILITY. THAT INCLUDES MAKING SURE THAT FOLKS OF ALL PHYSICAL ABILITIES ARE ABLE TO ACCESS OUR PARKS AND ABLE TO ENJOY THEM. BECAUSE AS WE KNOW, CALIFORNIA STATE PARK CAN BE QUITE DIFFERENT FROM THE LOCAL AND REGIONAL FACILITIES. STATE PARKS ARE CREATED AROUND SOMETIMES REMOTE OR NATURAL OR CULTURAL RESOURCES THAT CAN BE NOT LOCATED IN CITIES OR URBAN AREAS. WE HAVE CAMP GROUNDS, WINDING TRAILS, ISOLATED BEACHES DIFFERENT AREAS OF THE STATE THAT WE WANT TO MAKE SURE THAT ARE ACCESSIBLE FOR PEOPLE OF ALL ABILITY RANGES. WE ARE CONSTANTLY WORKING ON ACCESSIBILITY IMPROVEMENTS THROUGHOUT THE STATE. WE HAVE OVER 500 ACCESSIBLE CAMP SITES, OVER**

**70 PLUS ACCESSIBLE PICNIC AREAS, ACCESSIBLE TRAILS AND THOUSANDS OF AMENITIES DESIGNATED AS ACCESSIBLE. AND SOMETHING THAT WE ARE CONSTANTLY WORKING ON. AND ANOTHER THING IS MAKING SURE WE HAVE THE INFORMATION OUT TO THE PUBLIC SO THAT THEY KNOW WHICH PLACES THEY CAN GO AND WHAT FEATURES THERE THAT ARE ACCESSIBLE. WE DO HAVE A WEB PAGE, PARK CA DOT GOV AND CREATED A PAGE THAT IS JUST FOR ACCESSIBLE FEATURES WHERE YOU CAN LOOK UP THE TYPE OF RECREATIONAL OPPORTUNITY. YOU CAN LOOK UP BY PARK NAME OR GEOGRAPHIC REGION TO SEE WHAT ARE THE ACCESSIBLE AREAS THAT YOU ARE WANTING TO GO.**

**ANOTHER WAY THAT PARKS ENGAGES IN CREATING LIVABLE COMMUNITIES AND SPACES, WE HAVE THE OFFICE OF GRANTS LOCAL SERVICES, WHICH IS THE STATEWIDE GRANT AGENCY FOR MANY OF THE LOCAL AND REGIONAL GRANT PROGRAMS IN THE STATE FOR PARKS OPEN SPACE. MOST SIGNIFICANTLY, WE HAD THE RECENT PASSAGE OF PROP 68.**

**IN THAT, IT INCLUDED ROUGHLY OVER \$700 MILLION TO BUILD PARKS IN THE COMMUNITIES TO CREATE A HEALTHIER CALIFORNIA FOR ALL. THIS PROGRAM, WE'LL SEE PROJECTS THAT WILL CHANGE THE LANDSCAPE OF NEIGHBORHOOD BECAUSE THEY ARE GOING TO BE ENVISIONED BY EACH COMMUNITY. SO ONE OF THE FEATURES OF PROP 68 PROGRAM AND THE WAY WE DEVELOPED THE GRANT GUIDELINES THIS YEAR, WAS THAT IT REQUIRED A COMMUNITY-BASED PLANNING MODEL, THAT WOULD HELP PROJECTS BASED ON IDEAS FROM ALL RESIDENTS, INCLUDING SENIORS. WE WANTED TO ENSURE THAT AS THE MONEY WENT OUT TO COMMUNITIES, THE NEW PARKS AND OPEN SPACES WERE CREATED AND BASED ON A COMMUNITY PLANNING MODEL AND THE NEEDS OF THE MEMBERS IN THE COMMUNITY THAT WOULD BE USING THE SPACE. WE JUST RECENTLY ANNOUNCED THE FIRST ROUND OF PROP 68 FUNDING TO GO OUT. WE HAD OVER 478 APPLICATIONS RECEIVED FOR FUNDING FOR A TOTAL OF 2.3 BILLION REQUESTED. WE KNOW THAT THERE IS A LARGE NEED OUT THERE. THIS ROUND, THERE WAS 255 MILLION DOLLARS AVAILABLE FOR GRANT. I WAS GOING TO HIGHLIGHT A COUPLE PROJECTS SELECT AND AWARDED THIS CYCLE. THE COUNTY OF LOS ANGELES**

**HAD A POCKET PARK PROJECT, IT INCLUDES A THERAPEUTIC GARDEN FOR PHYSICAL AND MENTAL WELLNESS AND INCLUDES A MOBILE RECREATION PROGRAM IN ORDER TO PROMOTE HEALTHY LIFESTYLES. THERE IS ANOTHER CITY WITH A PARK EXPANSION THAT IS GOING TO PROVIDE MULTI-GENERATIONAL RECREATION OPPORTUNITIES, WALKING TRAILS, PICNIC AREAS AND SEATING TO ADDRESS WELLNESS IN THE COMMUNITY. AND LASTLY I WILL HIGHLIGHT THAT CREATION OF A NEW ASH LAND COMMON PARK IN ALAMEDA COUNTY, WHICH IS GOING TO CONSTRUCT A MULTI-GENERATIONAL GATHERING PLAZA, WITH PICNIC TABLES, OUTDOOR AREAS, WALKING PATH AND AMPHITHEATER.**

**THOSE ARE JUST A FEW EXAMPLES OF HOW THROUGH THE GRANT PROGRAM AT STATE PARKS, WE'RE ABLE TO HELP ASSIST LOCAL AND REGIONAL COMMUNITIES IN THE CREATION OF HEALTHY SPACES AND ACTIVE AND PASSIVE RECREATIONAL OPPORTUNITIES. SO WE DO LOOK FORWARD TO THE NEXT ROUNDS OF PROP 68 FUNDING GOING OUT. THERE IS A REMAINING \$4 MILLION DOLLARS. IN CLOSING, CALIFORNIA STATE PARKS WORKS TO PROVIDE RECREATIONAL OPPORTUNITIES, NOT ONLY IN THE STATE PARKS AND STATE OWNED SPACES, BUT ALSO THROUGH THE LOCAL REGIONAL GRANT PROGRAMS SO WE CAN HAVE AN IMPACT IN ALL OF THE OPEN AND REGIONAL SPACE IN CALIFORNIA AND WORK TOGETHER WITH OUR LOCAL COMMUNITY TO CREATE THE SPACES THAT COMMUNITIES NEED FOR ACTIVE RECREATION, OR WELLNESS AND LIVABLE COMMUNITY. AND THAT SUMS UP MY PRESENTATION. THANK YOU VERY MUCH.**

**>> KIM MCCOY-WADE: THANK YOU. I APPRECIATE THAT COMPREHENSIVE LOOK AT ALL OF THE DIFFERENT WAYS FROM VOLUNTEERISM TO PARKS FOR ALL TO LOCAL PARK FUNDING THAT THE STATE PARKS IS A PARTNER IN THIS WORK AND I APPRECIATE YOUR PERSEVERANCE THROUGH THE TECHNICAL DIFFICULTIES. WE DID HAVE LOTS OF DIFFERENT COMMENTS. THE VOLUNTEER PROGRAM, IN SAN FRANCISCO, WE HAVE FRIENDS OF VARIOUS PARKS WHERE ALL GENERATIONS GATHER TOGETHER TO HELP MAINTAIN THE PARK. IT HELPS THE PARK AND MAKES PEOPLE FEEL**

**GOOD TO CONNECT WITH NEIGHBORS MANY WE CAN PUBLICIZE THAT AND ATTRACT FOR PEOPLE. SUGGESTIONS TO HELP MAKE THAT HAPPEN WOULD BE WELCOME.**

**ANOTHER IMPORTANT POINT T IS NOT JUST THE PHYSICAL STRUCTURE, BUT THE HEALTH PROMOTION CLASSES FOR OLDER PEOPLE AND THE SUPPORT SYSTEM TO MAKE SURE THAT PEOPLE ARE ABLE TO USE THE PARKS A OPTIMIZES HEALTH AND AVOIDS RISK. ENCOURAGING THE HEALTH PROMOTION ACTIVITIES IN EVERY SINGLE PROVIDER NETWORK SO THAT ALL OF US ARE USING THE PARKS RESOURCES. LOOK NOT JUST IN STATE, BUT LOOK AROUND THE GLOBE. AND IS SHARING AN ARTICLE IN THE CHAT TO ALL OF US FROM THE BBC ABOUT PARKS DESIGNED WITH OLDER PERSONS IN MIND IN JAPAN. THE PARKS NEED TO BE PSYCHOLOGICALLY ACCESSIBLE, VERY INTERESTING, BILL, THANK YOU SO MUCH FOR THAT.**

**NOW WE'RE GOING TO TURN IT OVER TO THE DYNAMIC DUO, NINA WEILER-HARWELL, OVER 20 YEARS EXPERIENCE IN AGING ADVOCACY WITH AARP AND JENNIFER B AND SHE IS THE LEAD ON COMMUNITIES AND PARKS AND OPEN SPACES AND PART OF THE AGE FRIENDLY TEAM. PART OF THE CALIFORNIA COMMUNITIES AND THE STATE AS WE LOOK AT BECOMING AN AGE FRIENDLY STATE DUE TO LEGISLATION. I WILL TURN TO OVER.**

**>> GOOD MORNING, DELIGHTED TO BE HERE AND HEARING LOTS OF INFORMATION ON SOME OF THE BEST PRACTICES THAT WE CAN LEARN FROM IF TERMS OF PARKS, OPEN SPACES AND ENGAGEMENTS. BEFORE I PASS THE BATON TO JENNIFER, I JUST WANTED TO SHARE WITH THE FOLKS, AARP IS NATIONAL MEMBERSHIP ORGANIZATION. WE ARE NON-PARTISAN. AND WE WORK TO HELP AMERICANS AND CALIFORNIANS, 58 PLUS LIVE THEIR BEST LIFE. IN CALIFORNIA WE HAVE 3.3 MEMBERS. AMONG OUR MANY PRIORITIES, OUR LIVABLE COMMUNITIES ARE AGE FRIENDLY COMMUNITIES WHICH YOU HEARD ABOUT TODAY. WITH THAT, I WILL PASS THINGS OVER TO JENNIFER WHO IS THE STATEWIDE LEAD ON LIVABLE COMMUNITIES.**

**>> JENNIFER: THANK YOU NINA. SO LIVABLE COMMUNITIES IS ONE OF AARP'S TOP PRIORITIES. AND THESE ARE PLACES WHERE PEOPLE OF ALL AGES AND ABILITIES CAN LIVE HEALTHY, INDEPENDENT LIVES. LIVABLE COMMUNITIES SUPPORTS SUCCESSFUL AGING BY PROMOTING PHYSICAL INDEPENDENCE AND ENHANCING THE QUALITY OF LIFE AND ACTIVE SOCIAL ENGAGEMENTS FOR RESIDENTS. HERE AT AARP IN RESPONSE TO THE RAPID GROWTH AND CHANGES THAT WE'RE SEEING IN THE AGING POPULATION, AARP BECAME THE NORTH AMERICAN AFFILIATE TO THE W.H.O. GLOBAL NETWORK. THE NETWORK SEEKS TO HELP COMMUNITIES, CITIES, COUNTIES AND STATE BETTER PREPARE TO SERVE OLDER ADULT POPULATION. CURRENTLY THERE ARE OVER 440 COMMUNITIES. INCLUDING 44 COMMUNITIES HERE IN CALIFORNIA. I'M GRATEFUL TO HAVE PAM, ONE OF THE AGE FRIENDLY MEMBERS ALSO ON THE WEBINAR WHO SHARED SOME OF THEIR AMAZING WORK.**

**PARKS OPEN SPACES ARE IMPORTANT FOR VARIOUS REASONS. AND THIS IS A SHORT LIST AND DOES NOT COVER EVERYTHING, BUT I WANT TO EMPHASIZE WHAT WE KNOW IS THAT PARKS IMPROVE PHYSICAL AND MENTAL HEALTH. THEY HELP TO ENHANCE COMMUNITY CONNECTIONS AND ALSO ADD A COMMITTEE ECONOMIC VALUE. HELP INCREASE PROPERTY VALUES AND PROMOTE TOURISM, PROMOTE STORM WATER RETENTION. UNFORTUNATELY, OLDER ADULTS ARE ONE OF THE MOST UNDERSERVED POPULATIONS IN TERMS OF PARK ACCESS. IN A 2014 SURVEY, OLDER ADULTS AGE 60 PLUS ACCOUNTED FOR 20% OF THE TOTAL POPULATION, BUT ONLY REPRESENTED 4% OF TOTAL PARK USERS. THIS COULD BE DUE TO THE FACT THAT PARKS HAVE NOT BEEN BUILT TO SERVE A BROADER DEMOGRAPHIC. WE BELIEVE THAT PARKS NEED TO HAVE ACTIVITIES THAT SUPPORT PASSIVE AND ACTIVE RECREATION BY ADULTS. GRANDPARENTS BRINGING GRANDCHILDREN WILL GIVE THEM SOMETHING TO DO. ENCOURAGE INTERGENERATIONAL USE.**

**IN 2018, AARP CALIFORNIA CONDUCTED A SURVEY OF MEMBERS ACROSS THE STATE BECAUSE WE FELT IT WAS IMPORTANT TO BETTER UNDERSTAND HOW OUR MEMBERS VALUED PARKS. WE HEARD FROM SEVERAL OF OUR**

**MEMBERS ACROSS THE STATE, 91% SAID THAT PARKS ADD VALUE TO THEIR COMMUNITIES. 65% SAID THAT THEY USE PARKS ALMOST DAILY. 61% SAID THAT THEY WOULD BE WILLING TO PAY SLIGHTLY MORE IN TAXES TO HELP IMPROVE LOCAL PARKS. WE HEARD THAT PARKS ARE NOT ADEQUATELY SERVING ALL. 60% SURVEYED SAID THEY HAD SAFETY CONCERNS. 54% SAID THEY DID NOT FEEL WELCOME AT PARKS. 33% SAID THAT THE LOCAL PARK LACKED APPEALING AMENITIES.**

**WE ALSO HEARD THAT DESPITE HOW MUCH PARKS ARE VALUED, OUR MEMBERS HAVE DIFFICULTY ACCESSING PARKS. 62% SAID THEY WOULD LIKE TO GO TO A PARK MORE OFTEN, BUT HAVE DIFFICULTY GETTING THERE. 55% SAID THEY GET TO A PARK BY CAR AND THAT AN AVERAGE, IT WOULD TAKE 10 TO 20 MINUTES BY CAR. 69% SAID IT WOULD TAKE OVER 10 MINUTES TO WALK TO THEIR PARK. THIS IS IMPORTANT TO NOTE BECAUSE PARKS ADVOCATES ARE SUGGESTING THAT PARKS SHOULD BE WITHIN A 10 MINUTE WALK FROM EVERYONE. WHILE THIS DOES NOT TAKE INTO CONSIDERATION THE WALKING SPEED, IT DOES SUPPORT WHAT WE KNOW IN CALIFORNIA THAT NOT ALL COMMUNITIES ARE CREATED EQUALLY AND THERE ARE MANY THAT DON'T HAVE ADEQUATE PARKS OR RECREATIONAL OPPORTUNITIES. THESE ARE CONCERNS THAT ARE PREVENTING OLDER ADULTS FROM GOING TO A PARK AND ENJOYING. AT AARP WE KNOW HOW IMPORTANT PARKS ARE TO ALL MEMBERS OF THE COMMUNITY. THAT IS WHY WE PARTNERED WITH CITIES AND THE TRUST FOR PUBLIC LAND, WIDELY RECOGNIZED AND RESPECTED ORGANIZATIONS ON THIS ISSUE TO DEVELOP OUR CREATING PARKS AND PUBLIC SPACES FOR PEOPLE OF ALL AGES GUIDE. THIS GUIDE PROVIDES HELPFUL INFORMATION TO PARKS AND RECREATIONAL PROFESSIONALS, COMMUNITY MEMBERS AND STAKEHOLDERS ON HOW THEY CAN USE AN AGE FRIENDLY LENS WHEN CREATING NEW PARKS. THIS IS AVAILABLE TO DOWN LOAD ON LINE. AND YOU CAN REQUEST A COPY ON LINE AS WELL.**

**THERE 3 KEY PRINCIPLES, IMPROVING EXISTING PARKS, CONNECTING PEOPLE TO PARKS AND CREATING NEW PARKS. FIRST TO IMPROVE EXISTING**

**PARKS, WE RECOMMEND THAT PARKS PLANNERS THINK ABOUT PROVIDING ACTIVITIES, DESIGNING FOR ALL AND ENGAGING AND ENERGIZING OTHERS. HAVE YOU EVER BEEN TO A BEAUTIFUL PARK ONLY TO FIND THERE IS NOT MUCH TO DO IN IT? WE HEARD THAT QUITE A BIT AND WE RECOMMENDED THAT PARKS PLANNERS IN COMMUNITIES THINK ABOUT PROVIDING AND DESIGNING A WIDE RANGE OF PROGRAMS. EVENTS AND ACTIVITIES, BECAUSE THESE THINGS ARE CRITICAL TO CREATING PARKS THAT ARE DYNAMIC, INCLUSIVE AND WELCOMING TO PEOPLE OF ALL AGES INTERESTS.**

**PROGRAMS AND ACTIVITIES SHOULD, AS MUCH AS POSSIBLE, BE FOR EVERYONE. THINKING NOT JUST ABOUT ALL AGES, BUT ALSO HOW TO BE RESPONSIVE TO A COMMUNITY'S DIVERSITY AND CULTURAL NEEDS AND INTERESTS. ACTIVITIES SHOULD ALSO BE AVAILABLE YEAR-ROUND AND AT VARIOUS TIMES OF DAY, WHICH HELPS TO MAXIMIZE THE PARK'S VALUE.**

**DESIGN FOR ALL, WE RECOMMEND CREATING COMFORTABLE PLACES, LIKE WELL-PLACED AND QUALITY SEATING. WHICH IS ESPECIALLY IMPORTANT FOR OLDER ADULTS AND ENCOURAGING PEOPLE TO USE PARKS MORE OFTEN AND STAY FOR LONGER PERIODS OF TIME. WE RECOMMEND PROVIDING AMENITIES AND NATURAL DESIGN FEATURES LIKE WATER FOUNTAINS, CLEAN AND SAFE RESTROOMS, INFORMATIVE SIGNAGE AND COMMUNITY GARDENS TO NAME A FEW. WALKING PATHS ARE RATED BY OLDER ADULTS AS THE MOST DESIRED FEATURE TO HAVE IN PARKS. AND PARKS SHOULD SUPPORT PHYSICAL ACTIVITIES FOR PEOPLE OF ALL AGES, ABILITIES AND INTERESTS.**

**TO BETTER CONNECT PEOPLE TO PARKS, WE RECOMMEND PUTTING PEDESTRIANS FIRST IN THE LIVING BARRIERS. THIS MAY SEEM STRAIGHTFORWARD, BUT OFTENTIMES PARKS ARE HIDDEN OFF OR HAVE OVERGROWN TREES OR BUSHES THAT DETER PEOPLE FROM WANTING TO GO IN AND USE THE PARK. FINALLY, WE RECOMMEND THINKING CREATIVELY WHEN CREATING NEW PARKS. WHEN THERE ISN'T ENOUGH FUNDING OR ENOUGH GREEN SPACE OR OPEN SPACE, THERE ARE STILL OPPORTUNITIES TO FIND PLACES, OPEN SPACES THAT CAN BE USED AS PARKS.**

**THIS GUIDE ALSO PROVIDES A NUMBER OF ADDITIONAL TOOLS AND RESOURCES TO HELP COMMUNITIES AUDIT THE PARK AND BETTER UNDERSTAND WHO IS USING IT AND HOW THEY ARE USING IT AND WHETHER IT IS TRULY SERVING THE COMMUNITY AND PEOPLE OF ALL AGES.**

**SO I WANTED TO SHARE SOME BEST PRACTICES WITHIN CALIFORNIA. WE'VE ALREADY HEARD SEVERAL FROM PAM AND LIZ. I THINK THESE WILL HELP TO GET FOLKS THINKING ABOUT CREATIVE OUT OF THE BOX WAYS A COMMUNITIES ARE USING AN AGE FRIENDLY LENS. LOS ANGELES CATALYZES PUBLIC SPACES, ACTIVE TRANSPORTATION AND GOOD HEALTH THROUGH CAR FREE STREETS. THIS MOVEMENT WAS INSPIRED BY COLUMBIA WHO CLOSES STREETS AND OPENS THE STREETS TO USE AS A PUBLIC PARK. THIS EVENT IS FREE FOR ALL. IT CONNECTS COMMUNITIES TO EACH OTHER ACROSS AN EXPANSIVE CITY TO CREATE A SAFE PLACE. GOLDEN AGE PARK IS THE LOS ANGELES NEIGHBORHOOD LAND TRUST CREATED INTERGENERATIONAL PARK CREATED IN THIS PART OF LOS ANGELES. AARP, THESE ARE PARK PLACE EXERCISE EQUIPMENT FOR PEOPLE OF ALL AGES TO USE.**

**PLACE MAKING IS ANOTHER TERM WE HAVE HEARD IN TERMS OF PARKS AND PUBLIC SPACES. THIS INSPIRES PEOPLE TO COLLECTIVELY REINVENT PUBLIC SPACES AT THE HEART OF EVERY COMMUNITY. THESE CAN BE TEMPORARY PROJECTS THAT INSPIRE CHANGE AND CAN IMPROVE COMMUNITIES FOR ALL AGES. SOME EXAMPLES, PAINTED BIKE LANES AND CROSS WALKS WITH PROMOTE AND EMPHASIZE BIKE AND PEDESTRIAN SAFETY. POP UP PARKS, WHICH CAN BE TEMPORARY DEMONSTRATIONS TO HELP ENGAGE RESIDENTS AND BUSINESSES ON POTENTIAL LONG-TERM LIVABLE IMPROVEMENTS. AND THE AARP DEVELOPED A POP UP PLACE MAKING TOOLKIT WHICH IS AVAILABLE ON LINE FOR FREE TO DOWNLOAD.**

**LASTLY I WANTED TO SHARE TWO VIDEO LINKS THAT YOU CAN WATCH ON YOUR OWN TIME. ONE IS A VIDEO FROM THE FOUNDER OF 8, 80 CITIES. AND THE OTHER VIDEO TALKS ABOUT THE LOS ANGELES NEIGHBORHOOD**

**LAND TRUST, INTERGENERATIONAL PARK WHICH I MENTIONED. WE HOPE BOTH VIDEOS WILL HELP TO INSPIRE CHANGE. NOW I WILL TURN IT BACK OVER TO NINA AND WE'LL GO OVER RECOMMENDATIONS.**

**>> NINA WEILER-HARWELL: THANKS SO MUCH JENNIFER. I'M REALLY PRIVILEGED HERE AT AARP AND AS A MEMBER OF THE STAKEHOLDER ADVISORY COMMITTEE TO BE ABLE TO WORK WITH COLLEAGUES LIKE JENNIFER THAT BRING SUCH RICH EXPERIENCE AND KNOWLEDGE TO THE TABLE. AND I CAN THEN SHARE IT WITH EVERYBODY ON THE WEBINAR. SO WE JUST WANT TO HOLD UP SOME RECOMMENDATIONS THAT COULD COME OUT OF JENNIFER'S PRESENTATION AND SOME SUGGESTIONS. AMONG THESE WOULD BE ALWAYS THAT STATE COUNTY AND LOCAL PARKS REALLY SHOULD USE AN AGE FRIENDLY LENS OF DEVELOPING LOCAL PARKS. WE'VE PROVIDED AN OVERVIEW OF SOME OF THE TOOLS. SPEAKING OF PROP 68, WHICH WE'VE DISCUSSED BEFORE, THIS IS REALLY A GREAT PRACTICE AND WE ENCOURAGE THE CREATION OF ADDITIONAL STATE LEVEL GRANTS, ESPECIALLY THOSE THAT REWARD PROJECTS THAT ARE AGE FRIENDLY. COUNTY AND CITIES SHOULD CONSIDER THE CREATION OF FIT LOTS THAT MEET THE NEEDS OF PARK USERS OF ALL AGES. JUST TO TALK ABOUT WHAT A FIT LOT IS, IT IS ACTUALLY AN OUTDOOR FITNESS PARK THAT MAKES THE TRAINING FREE AND ACCESSIBLE TO THE PUBLIC. IT INCLUDES OUTDOOR FITNESS STATIONS THAT ARE DESIGNED TO USE ONE'S BODY WEIGHT AS RESISTANCE AND MAKING EACH PIECE OF EQUIPMENT, AGE, GENDER AND ABILITY BASED. THE FOURTH RECOMMENDATION IS WHEN WE ARE UPDATING LOCAL PARKS PLANS OR LOCAL PARKS THAT WE ENSURE THERE IS OLDER ADULT PARTICIPATION IN INPUT. GOING BEYOND HAVING A LENS AND MAKING SURE THAT ON ADVISORY COMMITTEES OR TASK FORCES, THERE ARE OLDER ADULTS THAT ARE PART OF THE DISCUSSION. FINALLY, WE ENCOURAGE THE DEVELOPMENT OF UNCONVENTIONAL PARKS OPEN SPACES, ESPECIALLY IN AREAS WHERE THERE IS INADEQUATE PARK SPACE.**

**NEXT SLIDE.**

**SO, JUST BRIEFLY, HAVING ---I'VE HAD THE BENEFIT TO BE ABLE TO REVIEW PUBLIC COMMENTS THAT CAME IN BEFORE TODAY. AND I WANTED TO HOLD UP, AS A MEMBER OF TWO OF THE SUBCOMMITTEES WORKING ON THE MASTER PLAN, I CAN ASSURE YOU THAT THE PUBLIC COMMENTS AND RECOMMENDATIONS ARE TAKEN VERY SERIOUS BY CDA STAFF AND STAKEHOLDER ADVISORY COMMITTEE. AND I WANT TO SUMMARIZE SOME OF THE COMMENTS THAT CAME IN BEFORE TODAY AND MANY OF THE THEM REFLECT WHAT WE HEARD TODAY AS WELL. SAFETY AND SECURITY IS PARAMOUNT. WE'VE SEEN SEVERAL PUBLIC COMMENTS ABOUT THE NEED TO REPAIR SIDEWALKS AND TAKE STEPS TO MAKE THE STREETS SAFER FOR WHEELCHAIR AND SCOOTER USERS. IT IS PHYSICAL SAFETY OR USE OF THE STREET OR PROTECTING THE AREA FROM POTENTIAL HAZARDS.**

**CERTAINLY THERE ARE COMMENTS ASK FOR MORE PARKS AND IMPROVED WALKABILITY, BOTH IN URBAN AND SUBURBAN AREAS. ENSURING THAT NEW AMENITIES SUCH AS BIKE LANES BE BUILT IN A WAY THAT WE BALANCE WHAT SAFETY AND WALKABILITY. SO WE HAVE TO BE INCLUSIVE OF ALL CALIFORNIAN'S NEEDS. FINALLY, WE SAW A NUMBER OF COMMENTS ABOUT THE IMPORTANCE OF PREPARING AND UPDATING SENIOR CENTERS AND REALLY MAKING THEM BIGGER, BETTER, BETTER STAFFED AND HAVING LONGER HOURS AND A RICHER ARRAY OF RECREATIONAL ACTIVITIES WITHIN THE CENTERS.**

**AND FINALLY, GOING ONE MORE COMMENT, WHICH REALLY GOES TO THE ORIGINAL PRESENTATION, WE RECEIVED COMMENTS TO ENSURE THAT MORE RECREATIONAL ACTIVITIES ARE FREE OR LOW COST FOR SENIORS, SUCH AS REDUCED PRICE OR FREE FISHING LICENSES FOR SENIORS. AND OF COURSE, EVEN FURTHER REDUCED CAMPING GROUND FEES.**

**SO I APPRECIATE THE TIME I'VE HAD WITH YOU TODAY. AND I'M HAPPY NOW TO PASS THIS BACK TO DIRECTOR KIM MCCOY-WADE.**

**>> KIM MCCOY-WADE: THANK YOU TO NINA AND JENNIFER FOR THAT GREAT CONTINUED 360 OF ALL THE DIFFERENT WAYS COMMUNITIES ARE ENGAGING WITH PARKS AND OTHER OUTDOOR SPACES TO BUILD AGE FRIENDLY COMMUNITIES. LOTS OF GREAT COMMENTS. THE FIRST SET WERE ABOUT THE NEED OF AN OPPORTUNITY FOR PARTNERSHIPS. WE HEAR FROM ARTHUR ABOUT ARTS PARTNERSHIP. OUTDOOR NIGHTTIME FILM PROGRAMS. OR THE AMPHITHEATER AND HOW THOSE CAN BE USED FOR EVENTS. CAN THAT BE SUBSIDIZED AND PROMOTES SO IT IS NOT SO EXPENSIVE TO RENT. ARTS PARTNERSHIPS ARE POPULAR AS WELL. OTHER FOLKS TALK ABOUT FARMER'S MARKETS THAT CAN A GREAT WAY. AND DON'T FORGET LIBRARIES. THEY ARE NOT FULLY INTEGRATED WITH PARKS AND CAN BE IF YOU USE THE FRAME LIKE SAN DIEGO DID.**

**A SECOND SET CAME IN AROUND STRAIGHT UP OPERATIONAL ISSUES. THE RESTROOMS HAVE TO BE ACCESSIBLE AND APPEALING AND OPEN. SHADE IS VERY IMPORTANT IN MANY OF THE COMMUNITIES AS THE TEMPERATURE RISES. SAFETY AND HOW YOU WORK WITH POLICE AND NON-PROFITS IN A FRIENDLY WAY TO ENSURE THERE IS SAFETY AND SECURITY. ANY OF THOSE CONCERNS CAN BE ADDRESSED. AND HOURS, OPENING DAYS AND NIGHTS, ALL OF THOSE THINGS. OPERATIONAL ISSUES TO BE SURE THAT PARKS ARE WELCOMING AND FRIENDLY. AND THEN A THIRD SET OF ISSUES I WILL USE MY WORDS ON BEHALF OF BILL TO SAY AGEISM. THERE IS TOO MUCH PROGRAMMING THAT IS CALLED THE SAME OLD SAME OLD. THE EXAMPLE IS BINGO. STILL PEOPLE BELIEVE THAT IS THE BEST ACTIVITY FOR OLDER ADULTS. THE PROGRAMMING IS NOT INTERGENERATIONAL, GENDER INCLUSIVE. NEEDS TO BE WELCOMING OF ALL OF US. AND BILL SHARED WITH FOLKS, THE AGE FRIENDLY PRIZE GUIDE HAS EXAMPLES ABOUT AGE FRIENDLY COMMUNITIES FROM OUR PARTNERS AT SAGE U.S.A. AGEISM IS SOMETHING THAT HAS COME UP I WOULD VENTURE TO SAY IN EVERY SINGLE ONE OF THE WEBINARS. WE'RE LOOKING AT DOING A SPECIAL PRESENTATION JUST ON THE TOPIC OF AGEISM IN MAY. BUT IT HAS COME UP HERE, TOO, AGEISM CAN GET IN THE WAY. AND OTHER BLINDERS AROUND GENDER AND RACE CAN GET IN THE WAY OF TRULY INCLUSIVE AND ENGAGING CONTENT.**

**I'D LIKE TO OPEN IT UP TO OUR PANELISTS AND SEE IF THEY HAVE ANY OTHER ADDITIONAL COMMENTS THAT THEY WOULD LIKE TO MAKE IN RESPONSE TO WHAT THEIR FELLOW PANELISTS SAID?**

**OKAY. PAM?**

**>> PAM: ONE OF THE THINGS THAT STRUCK ME THAT WAS MENTIONED TOO IN REGARDS TO SAFETY BECAUSE THAT OBVIOUSLY IS A HUGE CONCERN THAT WAS MENTIONED, I THINK BY FELLOW PANELISTS AND SOME OF THE LISTENERS. I DON'T THINK THERE IS ANY EASY ANSWERS. AS WE TALKED ABOUT IN THE DESIGN OF THE PARK, YOU CAN ADDRESS THOSE ISSUES KEEPING THE PARK UP AND THE RESTROOMS AND ALL OF THAT. BUT IT IS ALSO, AS I THINK SOMEONE SUGGESTED, HAVING EXTRA SECURITY AT THE PARK. BUT I THINK ANOTHER INCREASINGLY NEED TO CONSIDER IS GROUP TRIPS TO PARKS. I THINK A LOT OF OLDER ADULTS WOULD FEEL SAFER GOING TO THE GROUP AND PLUS GET THE ENHANCED SOCIAL ENGAGEMENTS. AND THINK ABOUT WAYS TO GET SENIOR CENTERS AND ASSISTED LIVING FACILITIES AND THE LIKE TO THINK OUTSIDE OF BOX OF WHAT THE PROGRAMMING IS AND PROVIDE TRIPS TO OUTDOOR SPACES. I THINK THAT WOULD HELP IN MANY REGARDS.**

**>> NINA WEILER-HARWELL: I CAN ADD ANOTHER POINT AS WELL. WHEN WE'RE THINKING ABOUT PUBLIC PARK DESIGN, AARP SEES THIS AS AN ISSUE THAT PARKS SHOULD BE DESIGNED FOR ALL AGES AND ABILITIES. SO AGAIN, BALANCE. WE DON'T WANT TO ASSUME THAT ALL OLDER CALIFORNIANS, ESPECIALLY SENIORS ARE MOBILITY IMPAIRED. BUT WE WANT TO -- AND I DID ACTUALLY SEE THIS IN THE PUBLIC COMMENTS WE GOT BEFORE TODAY. THERE IS GOING TO BE A SPECTRUM OF AGING. SO SOME ARE PERFECTLY FINE WALKING HALF A MILE FOR THE BUS STOP. BUT SOME ARE NOT. AND SO HOW DO WE BUILD PARK SPACE SO THAT IS CLOSE TO PARKING AND TRANSPORTATION AND VERY CLOSE. AGAIN, SO THAT WE CAN**

**HAVE PARKS THAT ARE REALLY AVAILABLE FOR ALL ABILITIES AND ALL GENERATIONS.**

**>> KIM MCCOY-WADE: THANK YOU PAM AND NINA, YOUR COMMENTS ARE BEING AMPLIFIED BY THE PUBLIC COMMENTS. THE NEED TO REALLY MAKE SURE THAT SOMETIMES RECREATION PARK PROGRAMMING FOR SENIORS IS MODELED UPON THOSE FOR YOUNG CHILDREN. BUT THERE ARE DIFFERENCES. AGAIN, THIS 880 FRAME APPRECIATED SO IT IS NOT CHILDREN VERSUS SENIOR THAT WE'RE LOOKING AT INTERGENERATIONAL AND WIN, WIN. AND SECURITY, IT DOES COME UP AS WELL. ONE OF THE ISSUES IS THIS IS A VERY COMPLICATED AND TRAGIC ONE, INCREASINGLY PEOPLE WITHOUT HOMES COMING TO THE PARKS FOR SHELTER. AND THE IMPACTS IT MAY HAVE ON THE PARKS AND PEOPLES' PERCEPTION AND EXPERIENCE OF THE PARK. LOTS OF INTERACTIONS ON HOMELESSNESS AND THE NEED FOR COMPASSIONATE HOUSING SOLUTIONS AS WELL. I LOVED PAM'S WORDS ABOUT START WITH WHERE YOU ARE. AND I WANT TO GO UP TO NINA, YOUR LAST WORD, ABOUT CONSIDERING EVERYBODY'S NEEDS. AN EXAMPLE IS ABOUT THE BUMP PADS THAT ARE HELPFUL FOR PEOPLE WHO HAVE VISION IMPAIRMENT TO TRACK THE CHANGES IN CURBS, BUT THAT CAN CREATE A TRIP HAZARD. AS WE AGE HOW DO WE MAKE SURE WE ARE NOT BEING DRIVEN BY STEREOTYPES AND OUTDATED INFORMATION AND BUILDING AS LIZ SAID, PARKS FOR ALL.**

**WITH THAT, I THINK I WILL WRAP US UP. I WANT TO BRIDGE US VERY MUCH TO NEXT WEEK'S CONVERSATION ABOUT CIVIC AND SOCIAL ENGAGEMENT WHICH WILL CONTINUE THE CONVERSATION WITH THE STATE PARTNER AT CAL VOLUNTEERS AND LOCAL GROUPS IN SAN DIEGO. SAN DIEGO WITH THE LEADERSHIP ON ENGAGEMENT. AND JENNIE CHIN HANSEN, OUR SAC MEMBER WHO HELPED. LOOKING AT SIMILAR THINGS ABOUT INTERGENERATIONAL VOLUNTEERISM, TECHNOLOGY, ALL THE WAYS THAT WE CONTINUE TO BE ENGAGED AS WE AGE. GERIATRIC MEDICINE, RETIREMENT SECURITY AND COORDINATING LONG-TERM SERVICES AND SUPPORTS ON THE HORIZON. WE WELCOME YOU TO CONTINUE TO JOIN AND SPEAK UP. USE**

**YOUR VOICE SO WE GET THIS MASTER PLAN RIGHT. THANK YOU SO MUCH,  
THROUGH THE WEBINARS, COMMENTS, COMMITTEES, ROUNDTABLES. WE ARE  
EXCITED TO BE IN PARTNERSHIP WITH YOU ON THE MASTER PLAN FOR AGING.  
THANK YOU ALL.**