

Master Plan for Aging Webinar Wednesdays

EMERGENCY & DISASTER PREPAREDNESS & RESPONSE

February 19, 2020 | 9:30 a.m. – 11:00 a.m.



WELCOME TO WEBINAR WEDNESDAYS

Purpose: To inform and engage the public to hear aging priorities from all Californians

- Join us every Wednesday from 9:30 am – 11:00 am | now – April 22
- Links to join webinars can be found at our new website:
www.engageca.org
- No registration necessary
- Engage with us through live polling and asking the experts questions via ZOOM Q&A
- Webinar materials to be posted to the website after each webinar

Master Plan for Aging



Share your ideas on how to build an age- and disability-friendly California!



Livable Communities & Purpose

- [Housing](#) (January 29 — [YouTube](#) | [Presentation](#) | [Transcript](#))
- [Transportation](#) (February 5 — [YouTube](#) | [Presentation](#))
- [Isolation, Inclusion, and Respect](#) (February 26)
- Civic and Social Engagement
- Parks and Community Spaces
- Leadership by and with Older Adults and People with Disabilities



Health & Well-Being

- [Healthy Aging](#) (January 15 — [YouTube](#) | [Presentation](#) | [Transcript](#))
- Geriatric Medicine Workforce
- Integration and Coordination of Health and Long-Term Services and Supports
- Planning for Serious Illness: Palliative Care and Hospice



Economic Security & Safety

- [Work Opportunity](#) (January 22 — [YouTube](#) | [Presentation](#) | [Transcript](#))
- [Poverty, Hunger, and Homelessness](#) (February 12)
- [Emergency and Disaster Preparedness and Response](#) (February 19)
- Retirement Security
- [Preventing and Responding to Abuse, Neglect, and Exploitation](#) (March 4)

 @CalAging

 @CaliforniaAging

Master Plan for Aging



EMERGENCY & DISASTER PREPAREDNESS & RESPONSE

Today's Featured Speakers:

- ***Karen Fies***, *Department Director, Human Services Department, County of Sonoma (Local Leader)*
- ***Vance Taylor***, *Chief, Office of Access and Functional Needs (State Partner)*
- ***Ana Acton***, *Executive Director, FREED Center for Independent Living (LTSS Subcommittee Member)*

Engage with us through live polling and asking the experts questions via ZOOM Q&A

Master Plan for Aging





Governor Gavin Newsom Calls for Creation of a Master Plan for Aging

Executive Order N-14-19, June 2019

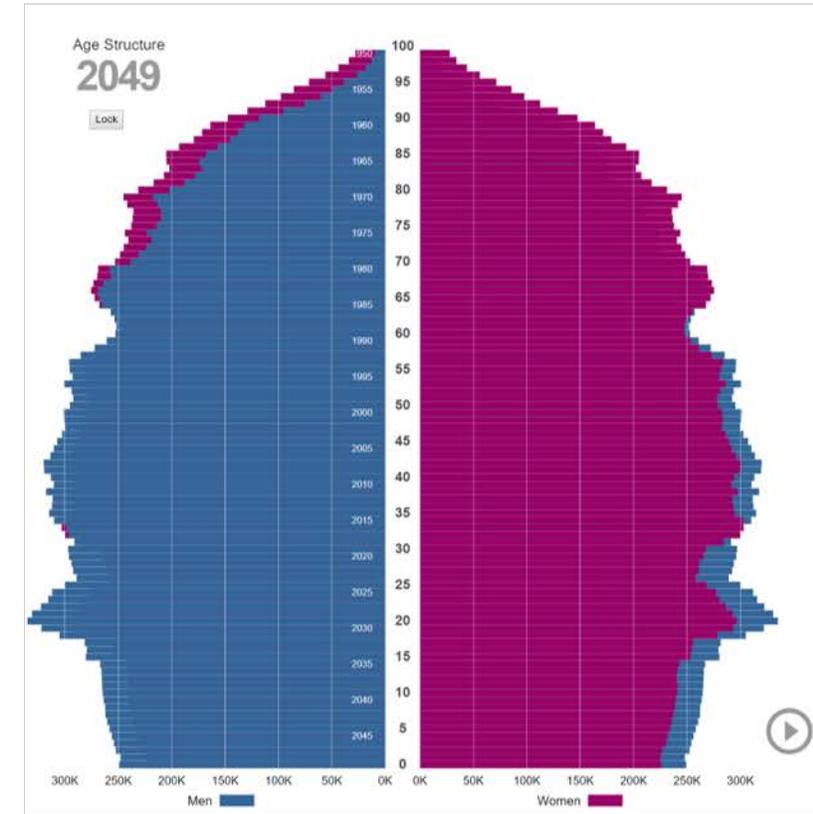
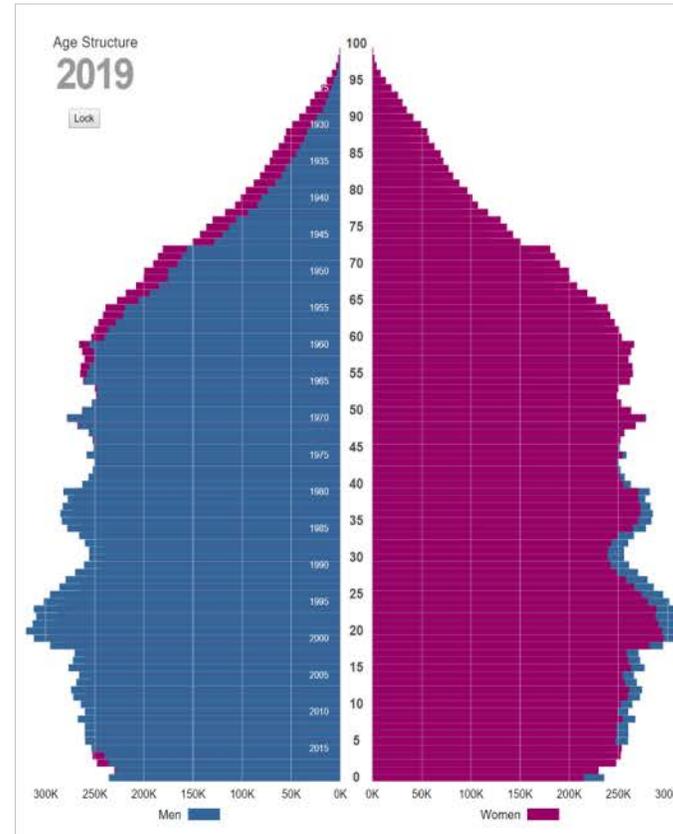
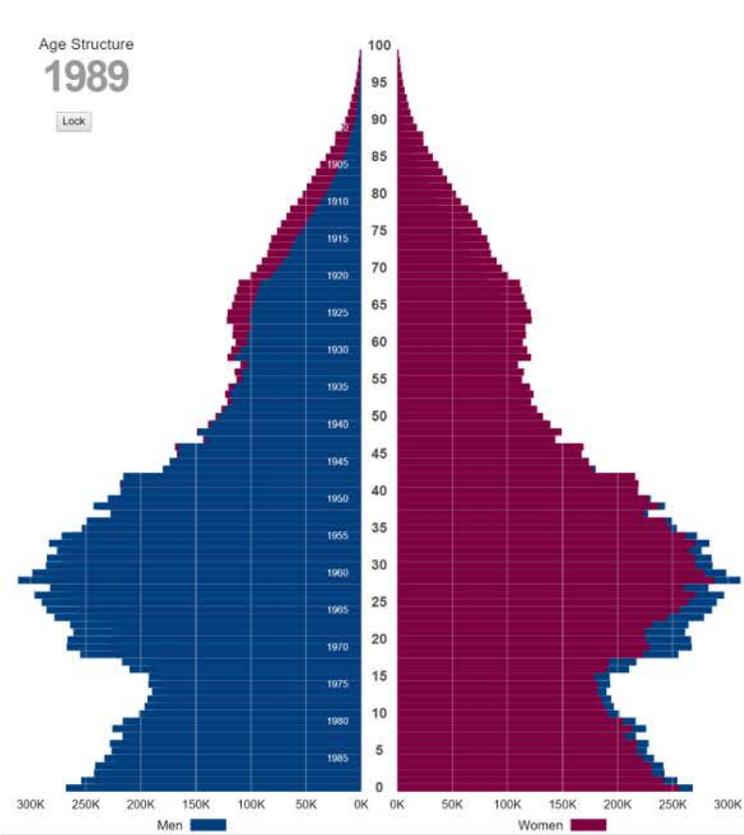
Governor's Executive Order calls for the Secretary of the Health and Human Services (HHS) Agency to convene a cabinet-level Workgroup for Aging to advise the Secretary in developing and issuing the Master Plan.

The order also directs HHS to convene a Master Plan for Aging Stakeholder Advisory Committee, which will include a Research Subcommittee and a Long-Term Care Subcommittee with an interest in building an age-friendly California.

Master Plan for Aging



CALIFORNIA IS AGING



Master Plan for Aging



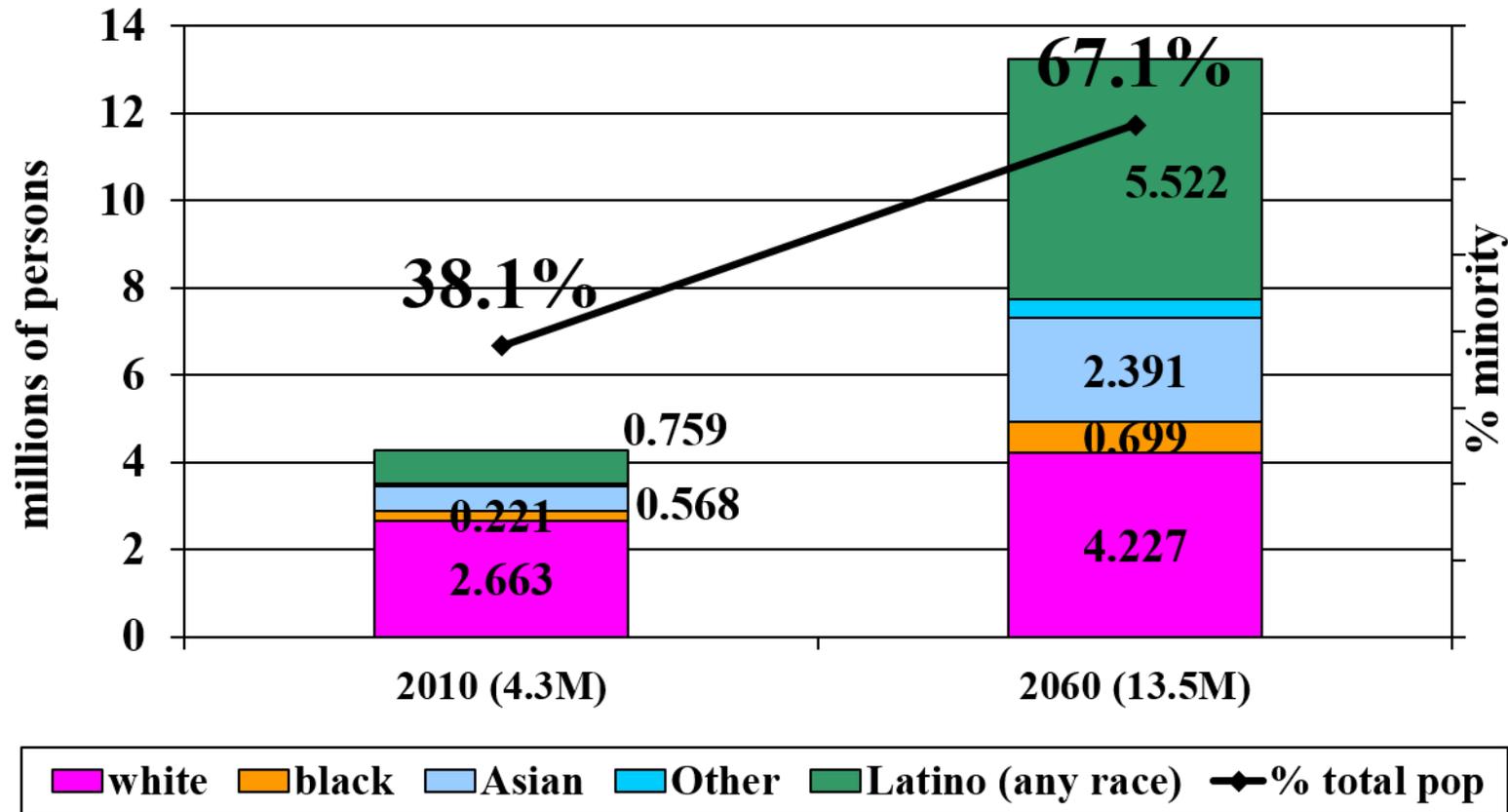
DIVERSITY & AGING



Master Plan for Aging



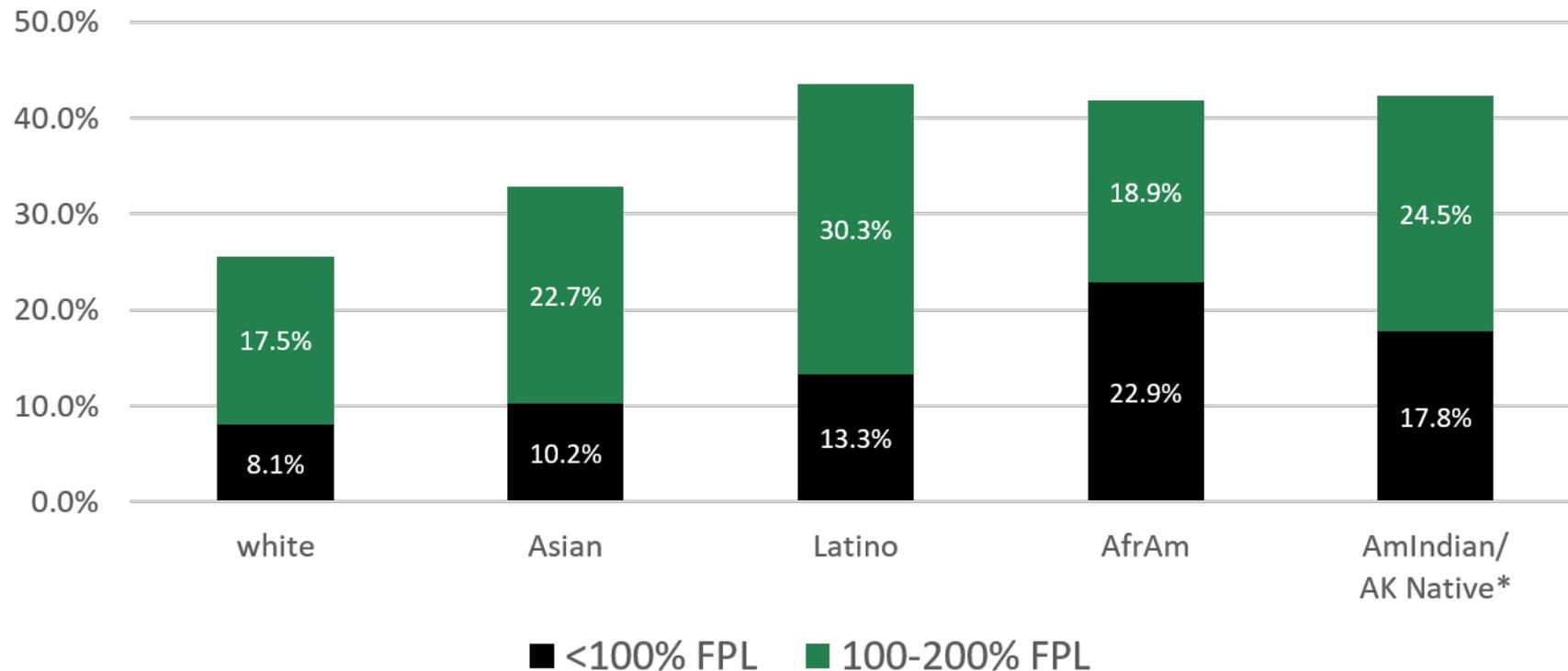
FASTEST GROWTH IN POPULATION: ETHNIC/RACIALLY DIVERSE OLDER ADULTS



Source: [California Department of Finance, 2016, P-3 database](#)

Dr. Steven Wallace,
UCLA

INCOME DISPARITIES, AGE 65+



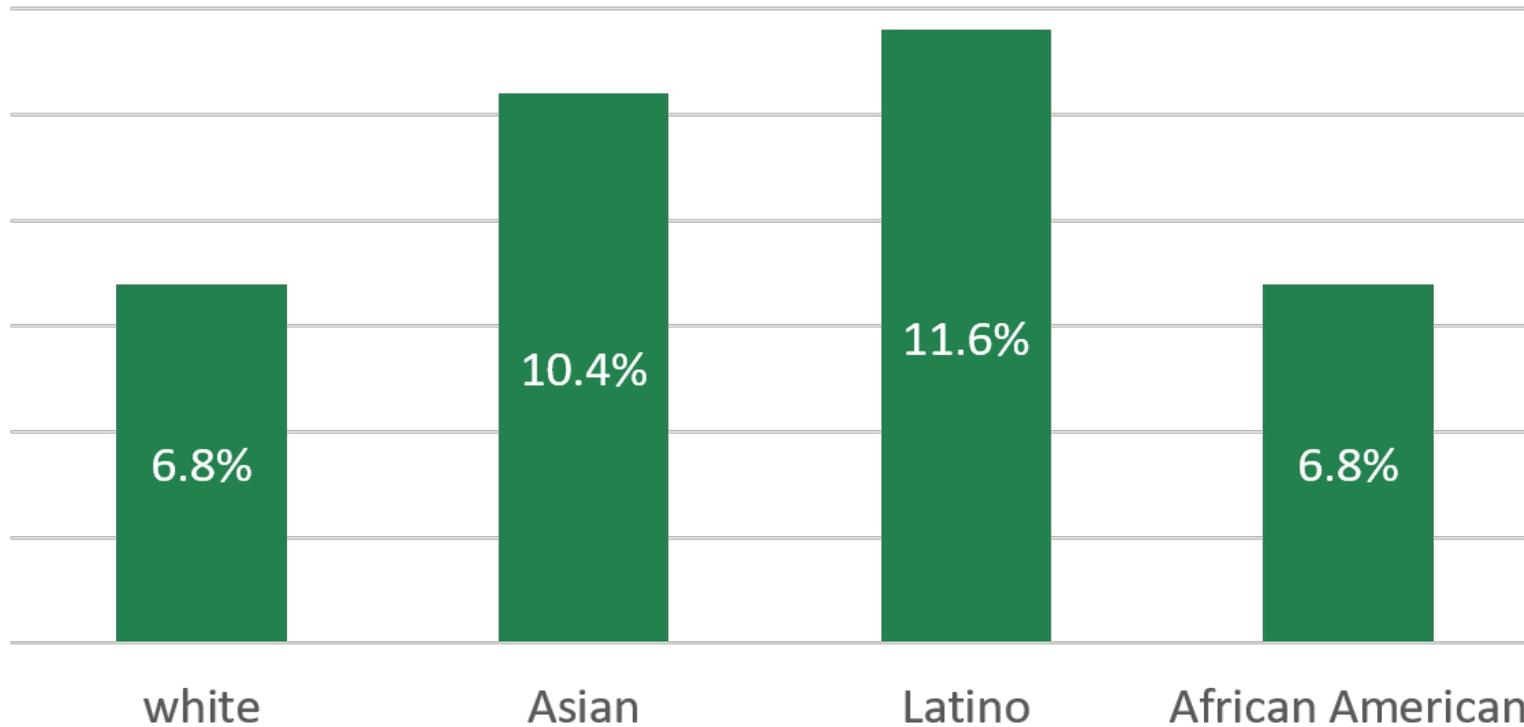
Note: white, Asian & black are non-Latino; Latino is any race; AIAN includes multiple race/ethnicity.

Source: [Current Population Survey 2018](#)

Dr. Steven Wallace, UCLA

DISABILITY INEQUITIES, AGE 65+, CA (2016)

Has Difficulty Dressing, Bathing, or Getting Around



Note: white, Asian & black are non-Latino; Latino is any race

[Source: UCLA Health Policy](#)

Dr. Steven Wallace

AGING IS CHANGING

- *More diversity*
- *More living alone*
- *More at risk of poverty*
- *More awareness of the stages of aging*

MASTER PLAN FOR AGING: VISION & VALUES

Vision

- California for all, across the life span

Values

- Choice
- Equity
- Dignity
- Inclusion and accessibility
- Innovation and evidence-informed
- Strong partnerships



MASTER PLAN FOR AGING: MISSION

Mission

A person-centered, data-driven, ten-year California Master Plan for Aging by October 1, 2020

- State Master Plan
- Local Blueprint
- Data Dashboard of State & Local Data
- Best Practice Resources for Local Planning

Master Plan for Aging



MASTER PLAN FOR AGING: GOALS

- 1. Services & Supports.** We will live where we choose as we age and have the help we and our families need to do so.
- 2. Livable Communities & Purpose.** We will live in and be engaged in communities that are age-friendly, dementia-friendly, and disability-friendly.
- 3. Health & Well-being.** We will live in communities and have access to services and care that optimize health and quality of life.
- 4. Economic Security & Safety.** We will have economic security and be safe from abuse, neglect, exploitation, and natural disasters and emergencies throughout our lives.

MASTER PLAN FOR AGING TIMELINE



JUNE 2019
Governor Newsom issues Executive Order N-14-19 calling for a Master Plan for Aging

AUGUST 2019
Launched *Together We EngAGE* campaign and named Stakeholder Advisory Committee members

**FALL 2019/
WINTER 2020**
Master Plan framework in development. Analysis of policy & program options and expansion of cross-sector engagement

MARCH 2020
Report due to the Governor from the Long-Term Services and Supports Subcommittee with recommendations on stabilizing long-term services and supports

SUMMER 2020
Adoption of stakeholder and public feedback into Master Plan; submission to Cabinet workgroup for review

OCTOBER 2020
Master Plan issued by the Governor

Master Plan for Aging



CALIFORNIA DEPARTMENT OF AGING

- Support local [Area Agencies on Aging](#), [Multipurpose Senior Services Programs](#), [Adult Day Centers](#), and other providers with emergency preparedness and appropriate response
- Support local [Aging and Disability Resource Connection](#) (ADRC) expansions to increase “no wrong door” opportunities for accessible information, including in emergencies
- New: CDA partners with the Governors Office of Emergency Services’ (OES) Office of Access and Functional Needs (OAFN) to convene and coordinate with other state departments serving older adults and persons with disabilities

RURAL CONSIDERATIONS



On December 19, 2019, Grass Valley Council member, Jan Arbuckle and CDA Director, Kim McCoy Wade convened a roundtable discussion in Nevada City with community leaders on the topics of transportation, volunteerism, and emergency preparedness for older adults and people with disabilities.

Master Plan for Aging



LOCAL SPOTLIGHT: RURAL CONSIDERATIONS

Lessons learned: need for prompt communication to all seniors living alone and/or in rural areas

- Phone service is not reliable
- Broadband is not available or reliable
- Need warning system in remote areas



Additional rural challenges

- Roads can be a challenge for emergency vehicles to navigate
- Internet and phone service are unreliable
- Evacuation routes often limited – one way in one way out
- Temporary shelters – where to locate so they are accessible

PREPAREDNESS: RURAL CONSIDERATIONS

Preparedness checklist is essential and should be placed in a visible place

- *What to have on hand*
 - Flashlights – multiple
 - Extra Batteries
 - Evacuation Routes
 - Bottled Water
 - Battery – operated radio
 - Devices – phones, tablets, laptops
 - Portable chargers – fully charged

- Keep all devices fully charged
- Vehicle portable chargers
- Garage Door
 - Know how to disengage door openers

○ *Resources – contact information*

- PG&E
- Public Safety
- Local Government – Public Works
- Resources Centers locations

PREPAREDNESS: RURAL CONSIDERATIONS (Cont.)

- Grocery stores with Generator backup
- *Training on Generator safety*
 - Especially critical for fuel powered portable generators
- **Have a “Buddy System”**
 - Someone to contact or visit to ensure their safety (e.g., family, neighbors, friends)

(1) Facilitated Questions and Polling



Karen Fies
Director
Sonoma County
Human Services
Department

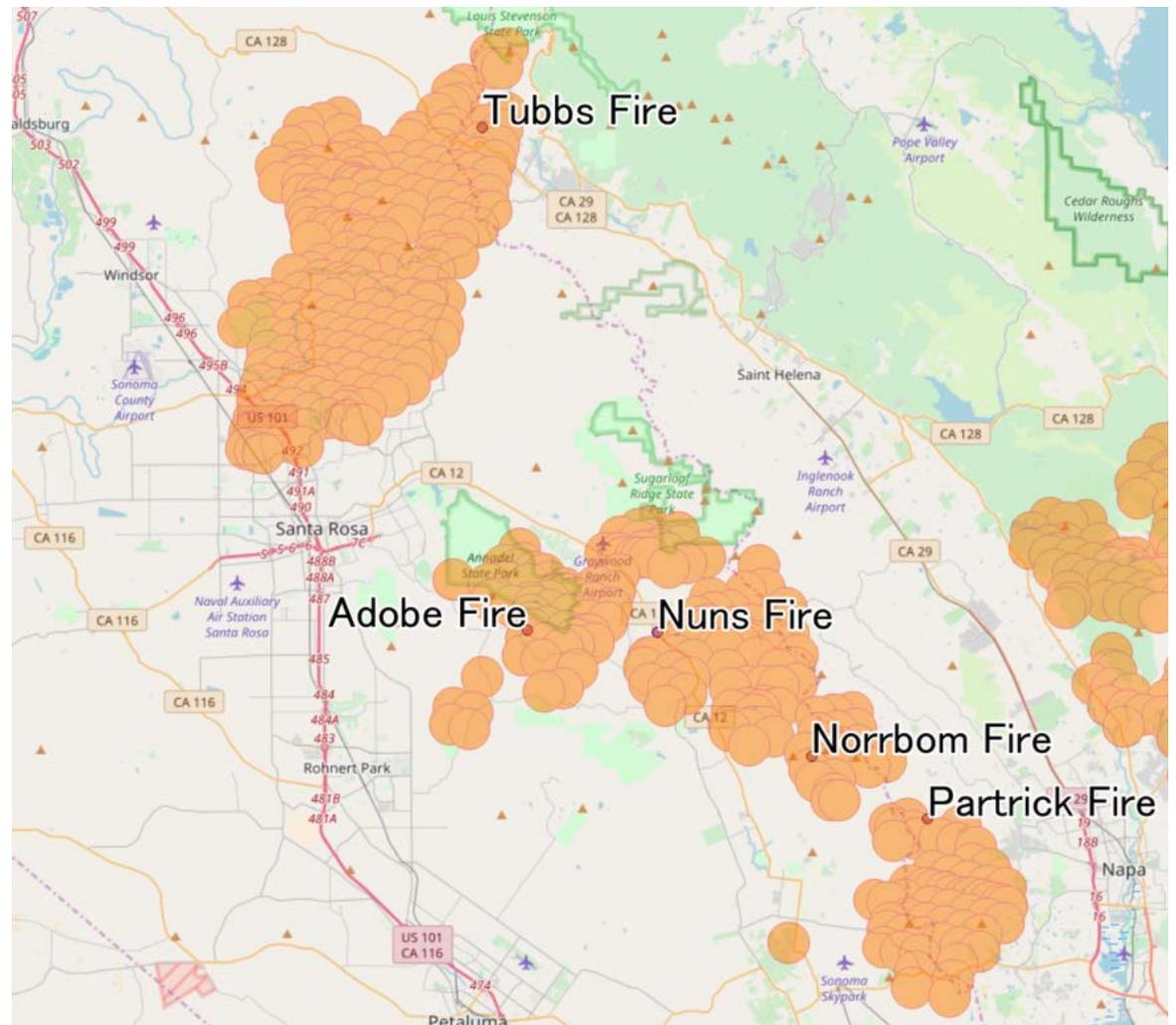


Sonoma County

LOCAL LEADER



OCTOBER 2017



LOCAL LEADER



SONOMA COUNTY RESPONSE

- Leadership
- Communication
- Mobilizing Staff
- Maintaining Services
- Care and Shelter



LOCAL LEADER





SONOMA COUNTY 2019

February

- Russian River flooding

October - November

- 4 Public Safety Power Shutoff (PSPS) events

October

- Kincadee Fire

LOCAL LEADER



LESSONS LEARNED

- Prepare for a disaster: do it now
- Communicate: often, appropriately, language
- There is no such thing as too much training
- Need individual and community self preparedness
- Reach out to vulnerable populations
- Care and shelter should prepare for everyone
- Coordination is key; prepare before you need it
- Have a staffing plan



LOCAL LEADER



RECOMMENDATIONS FOR THE MASTER PLAN

- Preparedness: have a plan
- Collaboration
- Training for county staff
- Shelters
- Provider emergency backups
- Additional IHSS hours



LOCAL LEADER



Karen's Story

- [A Fire Story by Brian Fies](#)
- [A Santa Rosa Cartoonist's 'Fire Story' Comes to Life](#) | KQED Arts

LOCAL LEADER



(2) Facilitated Questions and Polling



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Together We

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Cal OES
GOVERNOR'S OFFICE
OF EMERGENCY SERVICES

OFFICE OF ACCESS AND FUNCTIONAL NEEDS

L. Vance Taylor

Chief, Office of Access and Functional Needs

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STATE PARTNER



ACCESS AND FUNCTIONAL NEEDS (AFN)

Individuals who have:

- Developmental, intellectual or physical disabilities
- Chronic conditions or injuries
- Limited English proficiency

and/or

Individuals who are:

- Older adults, children or pregnant
- Living in institutionalized settings
- Low income, homeless and/or transportation disadvantaged

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PERSPECTIVE

Historically

- Communities, states and the nation as a whole – have not integrated plans

Hurricane Katrina

- 70% of all who perished had an access or functional need



STATE PARTNER



OFFICE OF ACCESS AND FUNCTIONAL NEEDS (OAFN)

Established in 2008, to identify the needs of people with disabilities and others with access and functional needs before, during, and after a disaster.

OAFN integrates disability needs and resources into emergency management systems and offers guidance to emergency managers, planners, service providers.

STATE PARTNER





Cal OES
GOVERNOR'S OFFICE
OF EMERGENCY SERVICES

UNDERSTANDING THE BIG 3

1. Emergency Alert, Warning, and Notification

- How do people receive information?
- The role of technology
- Effective communication

2. Evacuation

- How do people get out?
- MOUs and MOAs
- Going 5 people deep

3. Sheltering

- How do we meet everyone's needs?
- Physical and programmatic access
- Knowing what you need

STATE PARTNER



LISTOS CALIFORNIA

Gov. Newsom and state lawmakers invested \$50 million to establish the California For All Emergency Preparedness Campaign, called Listos California. This campaign is a new effort to boost disaster preparedness by engaging over one million of the most historically vulnerable Californians and connecting them with culturally and linguistically competent support.

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LISTOS CALIFORNIA GOALS

- Engage over one million diverse and socially vulnerable Californians by December 2020 in disaster preparedness with culturally and linguistically competent support
- Build resiliency in hard to reach communities at high risk for wildfire, earthquake and flood
- Californians to see themselves as first-responders to keep themselves, their families and their communities safe

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TOGETHER WE ACHIEVE GREAT THINGS



We must work to incorporate access and functional needs within all we do

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(3) Facilitated Questions and Polling



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Master Plan for Aging

MASTER PLAN FOR AGING

Ana Acton
Executive Director
FREED Center for Independent Living



THE ROLE OF THE STAKEHOLDER ADVISORY COMMITTEE

34 stakeholder members of *varying experience and expertise*

As a committee, the “SAC” will inform and advise the California Health and Human Services Agency and the Cabinet-level Workgroup on Aging in the development of the Master Plan (*SAC member: Christina Mills*)

Reviewing Public Comments & Recommendations (submitted by email by Jan. 2020)

Emergency & Disaster Preparedness & Response (*n = 16; 2% of all public comments*)

Research & LTSS Subcommittees (*LTSS subcommittee member: Ana Acton*)

Equity Work Group

Reporting back to the Goal Workgroups and the full Stakeholder Advisory Committee



STORIES FROM THE COMMUNITY



- 2017 Lobo Fire
- 2019 Public Safety Power Shutoff (PSPS)

RECOMMENDATIONS

Emergency Alert, Warning & Notification

- Require captioned emergency alerts
- Easy to understand notifications and information

Evacuation

- Transportation to evacuate and access services
- Individuals/families identify 5 Trusted Allies

Sheltering

- Physical and programmatic access
- Emergency backups personal assistance for anyone, including for IHSS



RECOMMENDATIONS (Public Safety Power Shutoff)

- Reach out to socially and geographically isolated populations
- Require managed care plans to provide alternative methods of powering life-sustaining equipment
- Back-up power systems for durable medical devices and assistive technology
- Transportation to power
- 24-hour community charging stations
- Disaster food assistance through Cal-Fresh
- Utilities develop
- Micro-grid resiliency hubs
- Require communication utilities to have back-up power
- Increased available oxygen supply

RECOMMENDATIONS (Coordination & Collaboration)

- Training for County Staff including Access and Functional Needs (AFN) and Functional Assessment Services Team (FAST)
- Memorandum of Understanding (MOU) for collaboration across agencies
- Managed care plans partner with community-based organizations
- Managed care plans establish call center emergency communication and service protocols

RESOURCES FOR EMERGENCY KITS

- [Emergency Go Kit & Checklist](#)
- [CAL FIRE's WILDFIRE IS COMING are you set? Brochure: SET?](#)
- [MySafeLA 72-hour kit](#)

(4) Facilitated Questions and Polling



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Together We

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Master Plan for Aging

WEBINAR WEDNESDAYS

9:30am – 11:00am

- 2/26*** Isolation, Inclusion, & Respect
- 3/04*** Preventing & Responding to Abuse, Neglect, & Exploitation
- 3/11*** Parks & Community Spaces
- 3/18*** Civic & Social Engagement
- 3/25*** Geriatric Medicine Workforce



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Thank you!
Visit engageCA.org for more
on Webinar Wednesdays and the Master Plan for Aging

