Master Plan for Aging
Webinar Wednesdays

PREVENTING & RESPONDING TO ABUSE, NEGLECT & EXPLOITATION

March 4, 2020 | 9:30 a.m. – 11:00 a.m.
WELCOME TO WEBINAR WEDNESDAYS

**Purpose:** To inform and engage the public to hear aging priorities from all Californians

• Join us every Wednesday from 9:30 am – 11:00 am | now – April 22
• Links to join webinars can be found at our new website: [www.engageca.org](http://www.engageca.org)**
• No registration necessary
• Engage with us through live polling and asking the experts questions via ZOOM Q&A
• Webinar materials to be posted to the website after each webinar

** Underlined text in this document are website-links for more information

MASTER PLAN FOR AGING
Share your ideas on how to build an age- and disability-friendly California!

@CalAging

@CaliforniaAging

Livable Communities & Purpose
- Housing (January 29 — YouTube | Presentation | Transcript)
- Transportation (February 5 — YouTube | Presentation)
- Isolation, Inclusion, and Respect (February 26)
- Civic and Social Engagement
- Parks and Community Spaces
- Leadership by and with Older Adults and People with Disabilities

Health & Well-Being
- Healthy Aging (January 15 — YouTube | Presentation | Transcript)
- Geriatric Medicine Workforce
- Integration and Coordination of Health and Long-Term Services and Supports
- Planning for Serious Illness: Palliative Care and Hospice

Economic Security & Safety
- Work Opportunity (January 22 — YouTube | Presentation | Transcript)
- Poverty, Hunger, and Homelessness (February 12)
- Emergency and Disaster Preparedness and Response (February 19)
- Preventing and Responding to Abuse, Neglect, and Exploitation (March 4)
- Retirement Security

MASTER PLAN FOR AGING

Together We ENGAGE
Master Plan for Aging
PREVENTING & RESPONDING TO ABUSE, NEGLECT & EXPLOITATION

Today’s Featured Speakers:

- **Travis Beye, MSW**, Management Analyst, Monterey County Department of Social Services - Aging and Adult Services (Local Leader)
- **Kim Rutledge, MSW**, Adult Protective Services Liaison, California Department of Social Services (State Partner)
- **Joseph Rodrigues**, State Long-Term Care Ombudsman, California Department of Aging (State Partner)
- **Kevin Prindiville**, Executive Director, Justice in Aging (Stakeholder Advisory Committee Member)
Governor’s Executive Order calls for the Secretary of the Health and Human Services (HHS) Agency to convene a cabinet-level Workgroup for Aging to advise the Secretary in developing and issuing the Master Plan.

The order also directs HHS to convene a Master Plan for Aging Stakeholder Advisory Committee, which will include a Research Subcommittee and a Long-Term Care Subcommittee with an interest in building an age-friendly California.
AGING IS CHANGING

• More diversity
• More living alone
• More at risk of poverty
• More awareness of the stages of aging
FASTEST GROWTH IN POPULATION: ETHNIC/RACIALLY DIVERSE OLDER ADULTS

Source: California Department of Finance, 2016, P-3 database

Dr. Steven Wallace, UCLA
LIVING ALONE IN CALIFORNIA

- 1,436,715
  Californians 60+ live alone

- 438,984
  Californians live in geographic isolation

MASTER PLAN FOR AGING
INCOME DISPARITIES, AGE 65+

POOR & NEAR POOR
Age 65+, California, 2018

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Below 100% FPL</th>
<th>100-200% FPL</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>8.1%</td>
<td>17.5%</td>
</tr>
<tr>
<td>Asian</td>
<td>10.2%</td>
<td>22.7%</td>
</tr>
<tr>
<td>Latino</td>
<td>13.3%</td>
<td>30.3%</td>
</tr>
<tr>
<td>African American</td>
<td>22.9%</td>
<td>18.9%</td>
</tr>
<tr>
<td>AmIndian / AK Native</td>
<td>17.8%</td>
<td>24.5%</td>
</tr>
</tbody>
</table>

Note: white, Asian & black are non-Latino; Latino is any race; Asian includes multiple race/ethnicities

Source: California data from the Current Population Survey 2018

Dr. Steven Wallace, UCLA
INCREASING OLDER ADULTS & AWARENESS OF STAGES OF AGING

MASTER PLAN FOR AGING
MASTER PLAN FOR AGING: VISION & VALUES

Vision
- California for all, across the life span

Values
- Choice
- Equity
- Dignity
- Inclusion and accessibility
- Innovation and evidence-informed
- Strong partnerships
Mission
A person-centered, data-driven, ten-year California Master Plan for Aging by October 1, 2020:

- State Master Plan
- Local Blueprint
- Data Dashboard of State & Local Data
- Best Practice Resources for Local Planning
MASTER PLAN FOR AGING: GOALS

1. **Services & Supports.** We will live where we choose as we age and have the help we and our families need to do so.

2. **Livable Communities & Purpose.** We will live in and be engaged in communities that are age-friendly, dementia-friendly, and disability-friendly.

3. **Health & Well-being.** We will live in communities and have access to services and care that optimize health and quality of life.

4. **Economic Security & Safety.** We will have economic security and be safe from abuse, neglect, exploitation, and natural disasters and emergencies throughout our lives.
MASTER PLAN FOR AGING TIMELINE

JUNE 2019
Governor Newsom issues Executive Order N-14-19 calling for a Master Plan for Aging

AUGUST 2019
Launched TogetherWeEngAGE campaign and named Stakeholder Advisory Committee members

FALL 2019/WINTER 2020
Master Plan framework in development. Analysis of policy & program options and expansion of cross-sector engagement

MARCH 2020
Report due to the Governor from the Long-Term Services and Supports Subcommittee with recommendations on stabilizing long-term services and supports

SUMMER 2020
Adoption of stakeholder and public feedback into Master Plan; submission to Cabinet workgroup for review

OCTOBER 2020
Master Plan issued by the Governor
ELDER ABUSE, NEGLECT & EXPLOITATION

• What is elder abuse?
  • Physical, sexual, or psychological/ emotional
  • Inclusion of both neglect and exploitation

• How can we lessen the risk of elder abuse?

• What social factors can prevent elder abuse for us all?
ABUSE, NEGLECT AND EXPLOITATION: MONTEREY COUNTY’S COLLECTIVE APPROACH TO ADULT PROTECTIVE SERVICES

Travis Beye, MSW
Management Analyst
Monterey County Department of Social Services
Aging and Adult Services Branch

Local Leader
Ages of Monterey County Population: Actual Estimates and Future Projections
MONTEREY COUNTY ADULT PROTECTIVE SERVICES

APS Reports: 2010-2019

Local Leader

Together We ENGAGE
Master Plan for Aging
TOP ALLEGATION TYPES: 2019

- Self-Neglect: 44%
- Psych/Mental: 11%
- Sexual Abuse: 1%
- Physical: 8%
- Neglect by Other: 12%
- Isolation: 2%
- Financial Abuse: 20%
- Abandonment: 1%
- Other: 1%
VALUABLE COLLABORATIONS

Local Leader

Mee Memorial Hospital
MONTAGE Medical Group
Meals on Wheels
Monterey County MC/DSS
Of the Monterey Peninsula
CENTRAL COAST
CENTER FOR
INDEPENDENT LIVING
SALINAS POLICE

MONTEREY COUNTY
CALIFORNIA
1850

HEALTH PROJECTS CENTER

alzheimer’s association

Salinas Valley Memorial Healthcare System

Together We
ENGAGE
Master Plan for Aging
APS AND THE MASTER PLAN FOR AGING

- Bolster the APS Program to meet current, growing demands
  - Longer-term case management for complex cases, Ages 60+
  - Home Safe Housing Program Expansion for homelessness prevention/rapid rehousing
  - Encourage cross-agency best practices (FAST and Forensic Centers)

- Older Adult System of Care
  - Person-centered, culturally humble
  - ADRC expansion
  - Invest in AAA services
  - Link to LTSS Programs/Services to prevent APS need

- Appropriate staffing levels and a well-trained workforce

Local Leader
ADULT PROTECTIVE SERVICES

Kim Rutledge, MSW
Adult Protective Services Liaison
California Department of Social Services
California’s Adult Protective Services program provides services without regard to income, to persons who are victims of abuse, neglect, or exploitation who meet the following criteria:

- Age 65 and older
- Dependent adults (age 18 through 64) who are functionally impaired and unable to meet their own needs

APS investigates cases that occur in the home or in a hospital setting.
WHAT APS CAN DO

- Examine all aspects of reported maltreatment
- Collaborate with adults to maintain their independence
- Develop a case plan
- Advocate with other agencies
- Arrange in-home services
WHAT APS CANNOT DO

• APS CANNOT force services on a person who has capacity to consent
• APS CANNOT involuntarily remove someone from their home
• APS CANNOT provide services for which there are no available resources
• APS CANNOT enforce the law
• APS CANNOT reveal identity of reporter
APS QUICK FACTS

• One in 10 seniors are mistreated (Acierno et al.)
• For every elder abuse case reported, **23.5 cases go unreported** (Lachs et al.)
• Seniors have **reported financial abuse occurs more frequently** than any other type of abuse. (Lachs et al.)
• Abused seniors are:
  • **Three times** more likely to die (Lachs et al.)
  • **Four times** more likely to need a nursing home (Lachs et al.)
APS GROWTH

• Abuse reports received increased 7.6% over last year’s figures
• The number of cases opened following investigation increased 2.3% over the last year
• Number of clients found to be victims increased 1.6% in the last year
• Confirmed cases of financial abuse increased 10.3% in the last year
• County expenditures increased 12.5% in the last year
HOW CA IS RESPONDING TO GROWTH

- Workforce development
  - Social worker training
  - MSW stipend pilot

- Improved data collection
  - Data collection by gender and race/ethnicity
  - Mandated reporter training
  - Federal/state/local partnerships
ABUSE, NEGLECT & EXPLOITATION IN LONG-TERM CARE FACILITIES

Joseph Rodrigues
State Long-Term Care Ombudsman
California Department of Aging
LONG-TERM CARE OMBUDSMAN REPRESENTATIVES INVESTIGATE ALL TYPES OF ABUSE AND NEGLECT

<table>
<thead>
<tr>
<th>TYPES OF ABUSE</th>
<th>Skilled Nursing Facilities</th>
<th>Residential Care Facilities for the Elderly</th>
<th>Total</th>
<th>Percentage of Abuse Complaints</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical</td>
<td>1,566</td>
<td>597</td>
<td>2,163</td>
<td>23%</td>
</tr>
<tr>
<td>Sexual</td>
<td>511</td>
<td>152</td>
<td>663</td>
<td>7%</td>
</tr>
<tr>
<td>Verbal/Psychological</td>
<td>847</td>
<td>337</td>
<td>1,184</td>
<td>13%</td>
</tr>
</tbody>
</table>
LONG-TERM CARE OMBUDSMAN REPRESENTATIVES INVESTIGATE ALL TYPES OF ABUSE AND NEGLECT

<table>
<thead>
<tr>
<th>TYPES OF ABUSE</th>
<th>Skilled Nursing Facilities</th>
<th>Residential Care Facilities for the Elderly</th>
<th>Total</th>
<th>Percentage of Abuse Complaints</th>
</tr>
</thead>
<tbody>
<tr>
<td>Financial</td>
<td>421</td>
<td>345</td>
<td>766</td>
<td>8%</td>
</tr>
<tr>
<td>Gross Neglect</td>
<td>1,185</td>
<td>586</td>
<td>1,771</td>
<td>19%</td>
</tr>
<tr>
<td>Resident to Resident (Physical or Sexual Abuse)</td>
<td>2,023</td>
<td>639</td>
<td>2,662</td>
<td>29%</td>
</tr>
<tr>
<td>Total</td>
<td>6,553</td>
<td>2,656</td>
<td>9,209</td>
<td>100%</td>
</tr>
</tbody>
</table>
# PREVENTION IS KEY

Older Americans Act Elder Abuse Prevention Program – State Fiscal Year 2017-18

<table>
<thead>
<tr>
<th>Public Education Sessions</th>
<th>Training Sessions for Professionals</th>
<th>Training Sessions for Caregivers</th>
<th>Hours Spent Developing a Coordinated System</th>
<th>Educational Materials Distributed</th>
<th>Number of Individuals Reached</th>
</tr>
</thead>
<tbody>
<tr>
<td>579</td>
<td>371</td>
<td>46</td>
<td>5,136</td>
<td>80,221</td>
<td>59,016</td>
</tr>
</tbody>
</table>
RECOMMENDATIONS

• Educating the public to recognize and report suspected abuse

• Improve staffing in facilities

• Engagement and supervision of residents in facilities
Master Plan for Aging Stakeholder Advisory Committee Member

KEVIN PRINDIVILLE
Justice in Aging
Executive Director

STAKEHOLDER ADVISORY COMMITTEE MEMBER
THE ROLE OF THE STAKEHOLDER ADVISORY COMMITTEE

• 34 stakeholder members of *varying experience and expertise*
  • As a committee, the “SAC” will inform and advise the California Health and Human Services Agency and the Cabinet-level Workgroup on Aging in the development of the Master Plan
• Reviewing Public Comments & Recommendations (submitted by email)
  • Abuse, neglect & exploitation ($n = 27$; 3.3% of all public comments received)
• Research & LTSS Subcommittees
• Equity Work Group
• Reporting back to the Goal Work Groups and the full Stakeholder Advisory Committee
ELDER JUSTICE RECOMMENDATIONS

• Three main themes emerged from the recommendations:

1. Equity
2. Preventing and Addressing Elder Abuse
3. Voice and Choice of Older Adults
EQUITY

How can we address elder abuse among the many diverse communities of the State of California?

• Study Elder Abuse and its manifestations in diverse communities
• Ensure our response to elder abuse includes all communities
• Principles of diversity, equity and inclusion are present at every level of the state’s response to elder abuse
PREVENTING & ENDING ELDER ABUSE

How can we support the prosecution of elder abuse crimes?
• Providing training for police and prosecutors working on elder abuse crimes

How can we provide support to victims of financial elder abuse?
• Provide funding to legal services organizations to represent older adult victims of financial exploitation
• Create a specific unit of the planned Consumer Protection Agency that works to protect older adults
PREVENTING & ENDING ELDER ABUSE

How can California prevent homelessness caused by elder abuse?

• Expand the use of Elder Abuse Shelters
• Expand funding for the HomeSafe Program
PREVENTING & ENDING ELDER ABUSE

How can California increase the effectiveness of APS and the LTC Ombudsman?

• Increase funding to create more Multi-Disciplinary Teams (MDTs) statewide
• Increase funding for long term case management
• Increase equity by standardizing APS service across the state
• Adopt a ‘No Wrong Door’ approach for elder abuse reporting
PREVENTING & ENDING ELDER ABUSE

How can California ensure all mandatory reporters are aware of their rights and responsibilities?

• Create laws to protect mandatory reporters from retaliation by employers
• Educate everyone on elder abuse, reporting and prevention
How can we amplify the voices and choices of older adults?

- Create free statewide templates for advanced planning documents
- Publicize the Secretary of State’s Advanced Health Care Directive Registry
- Start a WINGS (Working Interdisciplinary Network of Guardianship Stakeholders) group in California to reform guardianship and embrace alternatives to guardianship
WEBINAR WEDNESDAYS
9:30am–11:00am

3/11  Parks & Community Spaces
3/18  Civic & Social Engagement
3/25  Geriatric Medicine Workforce

www.engageCA.org
Thank you!
Visit engageCA.org for more on Webinar Wednesdays and the Master Plan for Aging