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From: pamjarvie@gmail.com
Sent: Sunday, November 24, 2019 12:44 PM
To: EngAGE@CDA
Cc: 'Nicole Dalske'; 'Jessica Rothhaar'
Subject: MASTER PLAN ON AGING NEEDS TO HELP ADDRESS HIGH FINANCIAL AND EMOTIONAL COST OF ALZHEIMER'S

I advocate for Alzheimer's Association -- for my husband and the family he's lost. This dreadful disease bankrupted his family financially and emotionally over many, many years. My nephew, who just turned one, will experience his first Christmas this year. He will never know his grandmother, great-aunt, or great-grandmother. Alzheimer's shortened their lives. He'll never hear their voices or feel the warmth of their hugs.

Today, Alzheimer's is the 3rd leading cause of death in California. Every 66 seconds someone develops the disease; by 2050, it'll be every 33 seconds! Over 650,000 people age 65 and older have Alzheimer's increasing by 29% by 2025. They're supported by 1,616,000 caregivers who provide 1,841,000,000 hours of unpaid care.

As my husband and I age, we worry about the cost of long-term care in California. We've worked 30+ years in Silicon Valley that provided a comfortable retirement. What we didn't get was a pension or access to adequate, cost-effective long-term health care after we retired.

California's getting older and grayer. As a Baby Boomer myself, I'm looking at the numbers, and they're staggering. Over the next decade, the statewide senior population will increase by 4 million. In 25 years, it will double. More than half will require some form of long-term care.

"Growing old knows no boundaries -- aging doesn't care what race you are, your economic status, or if you're single with no other family support," said Governor Gavin Newsom in his State of the State Address.

California's Master Plan on Aging needs to ensure that all Californians have access to quality care through a public investment that helps families with the high financial and emotional cost of Alzheimer's. The projected lifetime costs to care for a person with Alzheimer's is over \$350,000.

My husband and I love living in California, and we pay a heavy tax premium for this privilege. Many of our friends have moved to more senior-friendly states. Please ensure that California's Master Plan on Aging works to make California a more senior friendly, cost effective state in which to live.

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