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From: Atienza, Dianne-Gabrielle E <eatienza@csus.edu>
Sent: Monday, December 9, 2019 12:10 PM
To: EngAGE@CDA
Subject: Master Plan on Aging suggestions

To whom it may concern,

My name is Dianne Atienza, a 3rd year Gerontology student at CSU Sacramento. Based on information taught in our social policy class, I have come up with suggestions to add for the Master Plan on Aging. To meet the needs of our growing aging population, I felt it necessary to focus on disaster preparedness that could be beneficial for the older population. For instance, older adults are at greater risk of injury, illness or death during emergencies. Since they may have impaired mobility, diminished sensory, chronic health issues, lack of social and economic resources, reliance on formal or informal support systems Local government should keep older residents accountable, especially those with disabilities. They should have emergency kits available as well as (free) transportation to any necessary temporary sheltering/evacuation centers. With the possibility of no service, older residents should be given something technical to help them leave their dangerous area. Making sure they are prepared by educating them could be useful too, perhaps info sessions about emergency preparedness that is accessible to older adults. Making sure all this information of warnings is efficiently communicated is important and they should be able to recover easily returning to their homes.

Sincerely,
Dianne Atienza