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Q1 Issue Statement: [State the problem your recommendation will address. Insert links to reports where appropriate.]

Nursing home utilization for MediCal patients is costly.

Reducing Nursing Home Utilization should be a goal within the Master Plan for Aging.

Q2 MPA Framework Goal #: [Check which goal/s this recommendation addresses. View MPA Framework document]

Goal 1: Services & Supports. We will live where we choose as we age and have the help we and our families need to do so.

Goal 2: Livable Communities & Purpose. We will live in and be engaged in communities that are age-friendly, dementia-friendly, and disability-friendly.

Goal 3: Health & Well-being. We will live in communities and have access to services and care that optimize health and quality of life.

Q3 MPA Framework Objective #: [Check which objective/s this recommendation addresses. View MPA Framework document]

Objective 1.1: Californians will have access to the help we need to live in the homes and communities we choose as we age.

Objective 3.1: Californians will live in communities with policies and programs that promote well-being throughout our lifespans.

Objective 3.2: Californians will have access to quality, affordable, and person-centered health care through delivery systems that are age-friendly, dementia-friendly and disability-friendly.

Master Plan for Aging (MPA) Recommendation Form

Q4 Recommendation: [Explain your recommendation in one to two sentences.]

The state should develop and implement a Pre-Admission Screening System similar to Oregon's model for MediCal individuals at time of hospital discharge who request or are referred for nursing facility placement.

Q5 Target Population and Numbers: [Describe groups of Californians impacted by this recommendation, with numbers if available.]

Hospitalized MediCal recipients who are referred to skilled nursing facilities

Q6 Detailed Recommendation: [Insert detailed bullet points describing your recommendation.]

The Pre-Admission Screening Program would:

Area Agencies on Aging (AAA) would screen MediCal clients who are referred by hospital discharge to skilled nursing facilities prior to discharge.

Pre Admission Screening would determine if the patient is appropriate for a lesser level of community-based care.

Substantial fines would be imposed on nursing facilities that admit patients prior to pre-admission screening conducted by the AAA.

Screenings could also include private pay individuals as well as MediCal. An assessment fee would be charged to the individual.

To receive MediCal coverage of nursing home care, individuals must have functional limitations that match at least one of the following 11 levels:

1. Dependent in mobility, eating, toiling, and cognition
 2. Dependent in mobility, eating, and cognition
 3. Dependent in mobility, or cognition, or eating
 4. Dependent in toileting
 5. Needs substantial assistance with mobility, and assistance with toileting and eating
 6. Needs substantial assistance with mobility and assistance with eating
 7. Needs substantial assistance with mobility and assistance with toileting
 8. Needs minimal assistance with mobility, and assistance with eating and toileting
 9. Needs assistance with eating and toileting
 10. Needs substantial assistance with mobility
 11. Needs minimal assistance with mobility and assistance with toileting
-

Q7 Evidence that supports the recommendation: [Add links or summaries of research evidence that support the recommendation. Provide links or summaries of research evidence that support your recommendation]

Reducing unnecessary nursing home utilization, Oregon was able to put the cost-saving dollars saved into home and community based services.

Q8 Examples of local, state or national initiatives that can be used as an example of a best practice: [Provide any available links and sources.] Local: State: National: Other:

The state of Oregon

Master Plan for Aging (MPA) Recommendation Form

Q9 Implementation: [Insert actions state agencies, legislators, counties, local government, or philanthropy can take to move this recommendation forward. Some of the entities listed below may or may not be applicable to each recommendation.] State Agencies/Departments: [action to be taken by Governor or specific state agencies] State Legislature: [legislation needed to implement recommendation] Local Government: Federal Government: Private Sector: Community-Based Organizations: Philanthropy: Other:

State Legislature

Q10 Person-Centered Metrics: [Individual measures of inputs or outcomes that can be used to measure the recommended action's impact on people.]

Respondent skipped this question

Q11 Measuring Success: [Describe specific metrics that could be used to empirically measure the effectiveness of your recommendation]

Respondent skipped this question

Q12 Measuring Success: [How would we know that the implementation of your recommendation is successful?]

Respondent skipped this question

Q13 Data Sources: [What existing data can be used to measure success or progress?]: Existing data sources: [specify datasets, variables, and data owner/location] Suggestions for data collection to evaluate implementation of this goal when no data sources exist:

Respondent skipped this question

Q14 Potential Costs/Savings: [insert any research, actuarial analysis or other evidence of the cost of this recommendation or potential savings]

Would be substantial.

Q15 Prioritization: [How would you prioritize your recommendation relative to other needs/priorities?]

High

Q16 Contact information:

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