

Willoughby, Adam@CDA

From: Eric Weiss <ericw@bajhc.org>
Sent: Thursday, December 12, 2019 9:35 AM
To: EngAGE@CDA
Subject: Response to California Master Plan for Aging

Dear Friends,

I write this letter to encourage the explicit inclusion of spirituality as a vital framework by which any of us experience aging. Spirituality is an under-served aspect of aging. From the choices one makes about aging itself to end of life decisions, spirituality is a crucial part of the undercurrent of decision making. For some, spirituality is interpreted as religion. For many it is not. Put simply, many Californians will say they experience a sense of spirituality enjoying our great outdoors; from our mountains, to our deserts, to our coast-line. For others their sense of spirituality may come from the great arts of our State; a symphony, an opera, a ballet. For others their sense of Awe may come from a different activity. Regardless, while the use of formal religious communities is also under represented in the Master Plan on Aging, so too is the overall understanding of spirituality itself as a vital human force by which we all make decisions about the quality of our lives.

Please place the serious engagement of spirituality in the Master Plan on Aging. We remain available for further conversation of this vital framework in the State's master plan.

Sincerely,

Rabbi Eric Weiss

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