

#30

COMPLETE

**Collector:** Web Link 1 (Web Link)  
**Started:** Friday, December 13, 2019 9:48:57 AM  
**Last Modified:** Friday, December 13, 2019 9:51:28 AM  
**Time Spent:** 00:02:31  
**IP Address:** 69.178.151.150

---

Page 1

**Q1 Issue Statement:** [State the problem your recommendation will address. Insert links to reports where appropriate.]

Physician Orders for Life Sustaining Treatment (POLST) are medical orders that are currently stored either as paper forms in medical charts, or in digital format in electronic health records or in a local electronic registry that does not share with other storage systems. Electronic access for qualified health providers to POLST information across health systems and throughout the state is crucial to ensuring that these important medical orders are readily available in a medical emergency so that the patient's treatment wishes can be honored.

---

**Q2 MPA Framework Goal #:** [Check which goal/s this recommendation addresses. View MPA Framework document]

**Goal 1: Services & Supports. We will live where we choose as we age and have the help we and our families need to do so.**

,  
**Goal 3: Health & Well-being. We will live in communities and have access to services and care that optimize health and quality of life.**

**Q3 MPA Framework Objective #:** [Check which objective/s this recommendation addresses. View MPA Framework document]

**Objective 1.1: Californians will have access to the help we need to live in the homes and communities we choose as we age.**

,  
**Objective 1.2: Californians of all ages will be prepared for the challenges and rewards of caring for an aging loved-one, with access to the resources and support we need.**

,  
**Objective 3.2: Californians will have access to quality, affordable, and person-centered health care through delivery systems that are age-friendly, dementia-friendly and disability-friendly.**

---

## Master Plan for Aging (MPA) Recommendation Form

### Q4 Recommendation: [Explain your recommendation in one to two sentences.]

Promote widespread adoption and appropriate use of Physician Orders for Life-Sustaining Treatment (POLST), including thoughtful conversations about end-of-life preferences with patients and family members supported by skilled practitioners, accurate and reliable documentation using the POLST paper or electronic format, and secure electronic information exchange among qualified medical personnel across care settings statewide.

---

### Q5 Target Population and Numbers: [Describe groups of Californians impacted by this recommendation, with numbers if available.]

- All adults with chronic illness should have the opportunity to make informed decisions about and document their values, goals, and preferences.
  - All adults with advanced illness and all seriously-ill children and their families should have the opportunity to turn their treatment preferences into a medical order through POLST.
- 

### Q6 Detailed Recommendation: [Insert detailed bullet points describing your recommendation.]

- Develop supportive funding for California's POLST program and expansion of POLST registry infrastructure, resources and education.
  - Support the development of cross-linked systems providing secure electronic access to POLST information by qualified health professionals.
  - Encourage all EHR vendors and third parties developing ePOLST systems to work collaboratively towards a universal and standardized program that represents best practices for access and interoperability for all EHR users.
- 

### Q7 Evidence that supports the recommendation: [Add links or summaries of research evidence that support the recommendation. Provide links or summaries of research evidence that support your recommendation]

California's POLST Electronic Registry Pilot: Lessons for all states; California Health Care Foundation, September 2019  
<https://www.chcf.org/publication/californias-polst-electronic-registry-pilot/>

Information in a Heartbeat: Readiness Assessment for Establishing a POLST Registry in California; California Health Care Foundation, April 28, 2015  
<https://www.chcf.org/publication/information-in-a-heartbeat-readiness-assessment-for-establishing-a-polst-registry-in-california/>

AH Moss, DM Zive, EC Falkenstine, EK Fromme and SW Tolle, J Am Geriatr Soc, 1532-5415. <http://dx.doi.org/10.1111/jgs.14273> (limited access)  
<http://onlinelibrary.wiley.com/doi/10.1111/jgs.14273/abstract>

Jennings LA, Zingmond D, Louie R, Tseng CH, Thomas J, O'Malley K, Wenger NS. Use of the Physician Orders for Life-Sustaining Treatment among California Nursing Home Residents. J Gen Intern Med. 2016 Oct;31(10):1119-26. doi: 10.1007/s11606-016-3728-9. Epub 2016 May 17.  
<http://www.ncbi.nlm.nih.gov/pubmed/27188700>

Wenger NS, Citko J, O'Malley K, Diamant A, Lorenz K, Gonzalez V, Tarn DM. Implementation of Physician Orders for Life Sustaining Treatment in nursing homes in California: evaluation of a novel statewide dissemination mechanism. J Gen Intern Med. 2013 Jan;28(1):51-7. doi: 10.1007/s11606-012-2178-2. Epub 2012 Aug 10. PubMed PMID: 22878851; PubMed Central PMCID: PMC3539039. <https://www.ncbi.nlm.nih.gov/pubmed/22878851?report=docsum>

---

## Master Plan for Aging (MPA) Recommendation Form

**Q8** Examples of local, state or national initiatives that can be used as an example of a best practice: [Provide any available links and sources.] Local: State: National: Other:

- State: Spreading of POLST in California. <https://www.ncbi.nlm.nih.gov/pubmed/22878851?report=docsum>
- Oregon POLST Registry; <http://www.orpolstregistry.org/>
- POLST eRegistry Pilot Project, authorized by SB 19 (2015). <https://www.chcf.org/publication/californias-polst-electronic-registry-pilot/>

**Q9** Implementation: [Insert actions state agencies, legislators, counties, local government, or philanthropy can take to move this recommendation forward. Some of the entities listed below may or may not be applicable to each recommendation.] State Agencies/Departments: [action to be taken by Governor or specific state agencies] State Legislature: [legislation needed to implement recommendation] Local Government: Federal Government: Private Sector: Community-Based Organizations: Philanthropy: Other:

Respondent skipped this question

**Q10** Person-Centered Metrics: [Individual measures of inputs or outcomes that can be used to measure the recommended action's impact on people.]

Respondent skipped this question

**Q11** Measuring Success: [Describe specific metrics that could be used to empirically measure the effectiveness of your recommendation]

Respondent skipped this question

**Q12** Measuring Success: [How would we know that the implementation of your recommendation is successful?]

Respondent skipped this question

**Q13** Data Sources: [What existing data can be used to measure success or progress?]: Existing data sources: [specify datasets, variables, and data owner/location] Suggestions for data collection to evaluate implementation of this goal when no data sources exist:

Respondent skipped this question

**Q14** Potential Costs/Savings: [insert any research, actuarial analysis or other evidence of the cost of this recommendation or potential savings]

Respondent skipped this question

**Q15** Prioritization: [How would you prioritize your recommendation relative to other needs/priorities?]

Respondent skipped this question

## Master Plan for Aging (MPA) Recommendation Form

### Q16 Contact information:

Name: **Judy Thomas, JD**  
Affiliation: **Coalition for Compassionate Care of California**  
Phone: **916 779-7500**  
Email: **[jthomas@coalitionccc.org](mailto:jthomas@coalitionccc.org)**

---